

Stop Child Abuse



Sahil
Har Bacha Mehfooz- Safe, Secure and Protected

**Sahil works to protect children
against all forms of violence
especially child sexual abuse**



Registration No: VSWA/ICT/270



www.sahil.org
Toll free Line 080013518



Sahil's Vision

Har Bacha Mehfooz..... Safe, Secure and Protected

Sahil's Mission

To develop a protective environment for children free from all forms of violence especially child sexual abuse

Introduction

Sahil was established in 1996. Today it works on child protection with a continued special focus on child sexual abuse and exploitation

Sahil's work includes:

- Advocacy on child rights
- Training and capacity building
- Awareness raising
- Expanding sustainable child advocacy, protection and empowerment
- Expanding outreach by strengthening capacity of key stakeholders to protect children
- Create effective and sustainable local mechanisms for protection of children through child protection network at district level
- Research & Publications
- Free Services:
Legal aid
Counseling



Sahil program districts



Capacity building on child rights and protection

The capacity building program involves:

Teacher training in primary schools

Meri Hifazat Training is on child rights, body safety and protection from abuse. A story cum coloring book Meri Hifazat is provided to the schools teachers

Training of Trainers (TOT) on Meri Hifazat

Sahil provides Training of Trainers (TOT) on Meri Hifazat to build the capacity of organizations who are running schools with a wide outreach

Teacher training in secondary schools

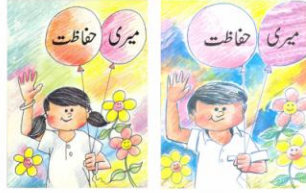
Adolescent health trainings are provided on the problems and solutions of adolescent behaviors

Trainings on child protection:

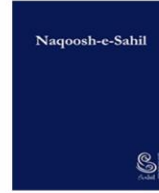
- Community training of trainers (TOT)
- Child protection in emergencies
- Team building for Child Protection Network
- Para counseling skills
- Trauma and Stress management
- Orientation for police and lawyers
- Parenting skills
- Involving Men to End violence
- Conflict management and assertiveness
- Aflatoun – social and financial savings



Capacity Building Tools



• Meri Hifazat



• Naqoosh-e-sahil



• CRC card game



• Child protection Ludo game



• Aflatoun CD game



• Bhaid game



• Growth and development



• Child protection animations



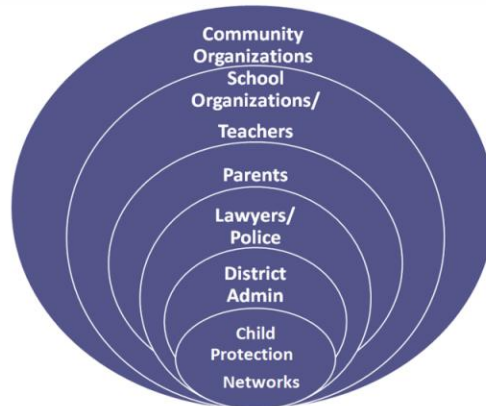
• Mashal-e-Sahil



• HIV and AIDS



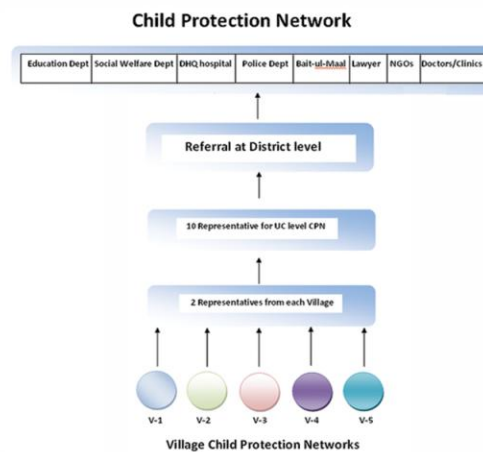
Sahil Community Program



Sahil works through community based organizations with the objective of reaching out to communities on issues of child rights, protection, parenting skills and gender based violence through awareness raising and capacity building.

Child Protection Networks (CPNs)

Sahil is establishing CPNs at the village level with representation at the Union Council level. These networks will address children issues and are linked through a referral support system to relevant public and private sectors at the district level.



Posters for Community Awareness



Child Rights



Self Protection



Kinds of abuse and effects



Addressing adolescents behaviors



Gender Based Violence



Parenting skills

Sahil Services

Free Counseling

Jeet Healing Center (JHC) provides free counseling to clients and families and especially for trauma of child sexual abuse.

Confidentiality is strictly maintained

JHC counseling facilities:

- In person
- Telephone
- Email
- Outreach services



Alternate Healing Techniques

- Reiki
- Trauma Card
- Meditation
- Breathing exercises

Direct Help Line:
92-51-2850574
Email:
jeet@sahil.org

Free Legal Aid

All Sahil regional offices provide legal aid for victims of child sexual abuse.

A referral system of lawyers deals with out reach CSA cases



Rehabilitation Program for juveniles

To raise the quality of life and enhance the self confidence of juveniles, Sahil is conducting its rehabilitation program in district jails of Mansehra, Kasur, Sukkur and Jaffarabad. The program consists of provision of free legal aid, life skill education and recreational activities.



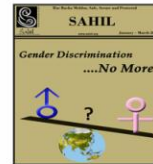


Stop Child Abuse

Sahil Media Department

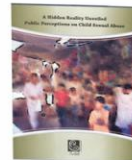
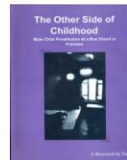
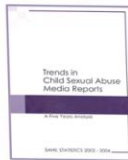
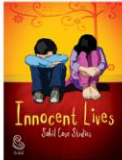
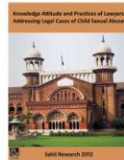
Advocacy and awareness raising

Sahil Cruel Number publication compiles newspapers reports of CSA cases. A quarterly magazine is published addressing different relevant issues.



Research and Advocacy

Research is an important component of Sahil program



Resource Center

Sahil's Library

Sahil has books, cds, and videos on a variety of child related issues. For research purposes, books are used for references.



Sahil's Internship Program

Sahil has an internship program where students are offered learning experiences.

Sahil's Volunteer Program

The network of volunteers includes human right activists, lawyers, teachers, engineers, psychiatrists, psychologists, journalists, doctors, students, housewives and social workers.



Sahil ensures the protection of children as stated in UNCRC articles

Article 19 states:

The state shall protect the child from all forms of maltreatment by parents or other responsible for the care of the child

Article 34 states:

The state shall protect children from sexual exploitation and abuse, including prostitution and involvement in pornography

Article 40 states:

A child in conflict with the law has the right to treatment which promotes the child's sense of dignity and worth, takes the child's age into account and aims at his or her reintegration into society.





Stop Child Abuse



Head office Islamabad

No 13, 1st Floor, Al-Babar Center

F-8 markaz, Islamabad

Ph: 92-51-2260636, 2856950

Fax: 92-51-2254678 info@sahil.org

Regional Office Jaffarabad

Khosa Muhallah, Near Civil Hospital,

Dera Allah Yar, Jaffarabad

Ph: 92-838-510912 uc_jfd@sahil.org

Regional Office Sukkur

House # B-62, Street # 2

Sindhi Muslim Housing Society,

Airport Road, Sukkur,

Ph: 92-71-563615 uc_suk@sahil.org

Regional Office Abbotabad

Makhdoom Colony, Nari Road Mandian,

Purana Ayub Medical College, Abbotabad,

Ph: 92-992-383880 uc_atd@sahil.org

Regional Office Lahore

House : 686-C, Faisal Town, Lahore,

Ph: 92-42-35165357 uc_lhr@sahil.org

