

SAHIL ANNUAL REPORT

2010



against child sexual abuse

Sahil



Pakistan Centre for Philanthropy

NPO Certification Award

This is to certify that
Sahil, Islamabad

*has been evaluated by Pakistan Centre for Philanthropy
and meets certification standards in the areas of
Internal Governance, Financial Management & Programme Delivery*



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Executive Director

Direct Interventions

in 29 Districts



Vision

**Har Bacha Mehfooz -
Safe, Secure and Protected**

Mission

**To develop a protective environment for children
free from all forms of violence especially
child sexual abuse**

Program

To achieve its Mission, Sahil has the following program:

**Sensitization through trainings of individuals, groups and
organizations concerned with child protection.**

**The publication and dissemination of awareness raising tools
and materials.**

**The education of children through teachers regarding
body awareness and prevention of sexual abuse.**

**Provide psychological rehabilitation and legal aid services
to the victims and their families.**

**A resource center for information on the issues related
to and surrounding child sexual abuse**

Board of Directors

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Chairman - Sahil

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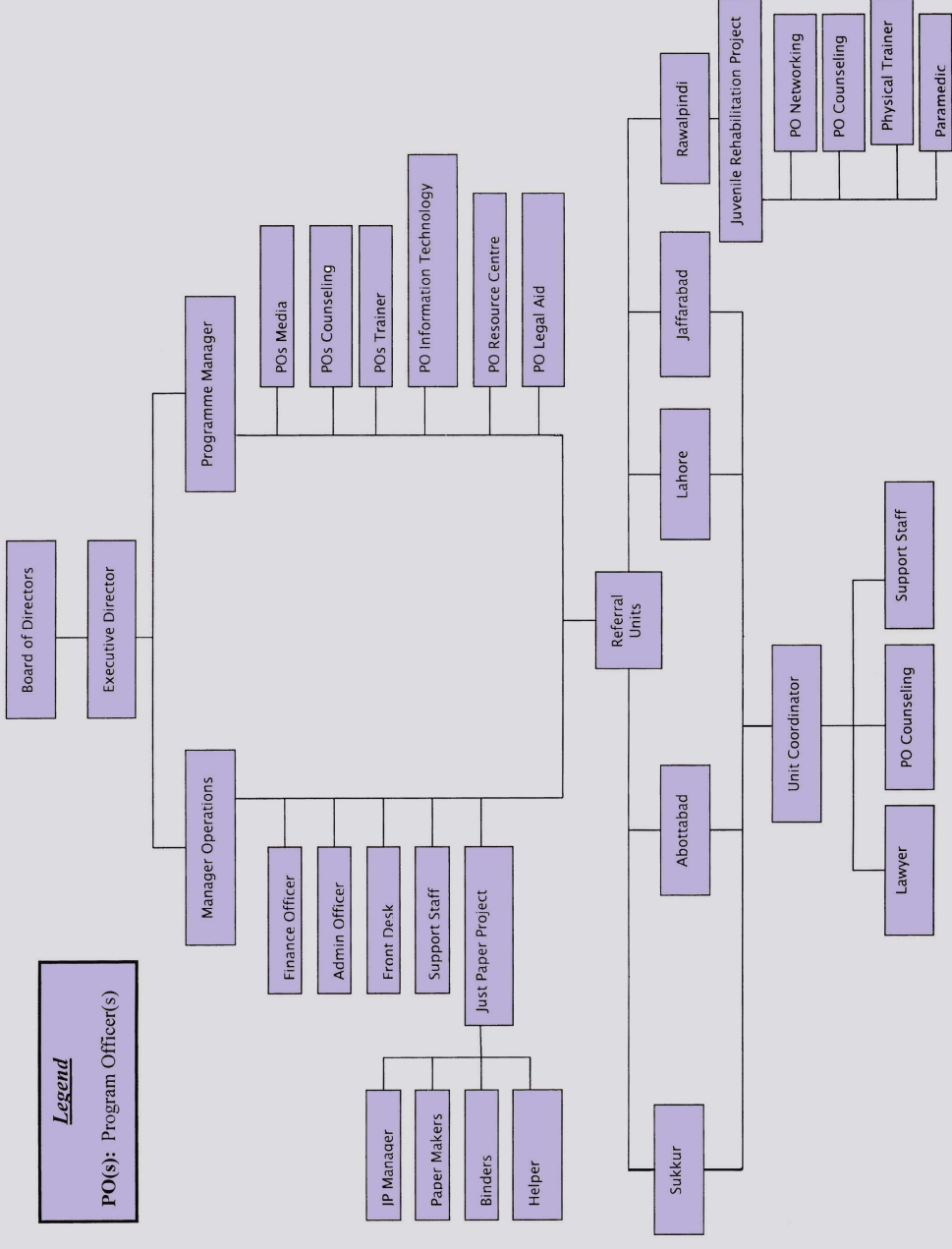
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Sahil Organogram



Legend
 PO(s): Program Officer(s)

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Capacity Building of Staff	
Financial Audit	

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A MESSAGE.....

An accused convicted for 25 years imprisonment and 20,000 rupees fine by the court.

From Chakwal, the mother of "A" said that if any where a child gets sexually abuse; his/her family should not worry about the society's taboos. They should bravely file the case and start the legal proceedings against the accuser. There is no need to get afraid of abuser.

I received an offer letter from Sahil for free legal aid. I brought that letter back to Sahil's office, where I was given hope and encouragement. I was referred to the Sahil's referral lawyer in Chakwal. He preceded my case very well in the court.

Accuser's sons offered me 0.4 million rupees at first so that I may compromise and quit the proceedings. I was threatened for treacherous conclusion on my refusal. Despite of this I went to police station for registering the FIR. My family and police cooperated with me. I put aside the taunts of every one and filed the case of my innocent daughter.

The accuser's sons tried to kill me twice during the proceedings, but Sahil's lawyer encouraged me a lot and I am really thankful to him.

Sahil has provided me a booklet regarding the procedure of registering FIR that I have displayed in police station so that others can also get benefit from that booklet.

My message to all is that they must seek help from Sahil for the legal aid and registering the petitions against the child sexual abuse cases. They must also understand the precautionary measures against sexual abuse.

ایک پیغام ---

عدالت نے ملزم کو 25 سال قید اور 20 ہزار روپے جرمانہ کا فیصلہ

سنایا۔

چکوال سے "ا" کی والدہ کہتی ہیں کہ جہاں بھی کسی نابالغ بچہ یا بچی کے ساتھ جنسی زیادتی ہوتی ہے وہ بے خوف ہو کر، دور زمانہ کی باتوں کو ایک طرف رکھ کر، ملزم کے خلاف قانونی کارروائی ضرور کریں۔ کسی کو بھی ملزم سے ڈرنے کی ضرورت نہیں۔

مجھے گھر پر ساحل کی طرف سے مفت قانونی کارروائی کرنے کے لئے مدد کا خط موصول ہوا۔ میں خط لے کر ساحل کے دفتر گئی جہاں پر سب سے پہلے مجھے ہمت اور حوصلہ دیا گیا۔ ساحل نے چکوال میں قانونی مدد کے لیے اپنے ریفرل وکیل سے میرا رابطہ کروایا۔ انھوں نے میرا مقدمہ بہت اچھے طریقے سے عدالت میں پیش کیا۔

ملزم کے بیٹوں نے مجھے پہلے چار لاکھ روپے کی آفر کی تاکہ میں سمجھوتہ کر لوں۔ میرے انکار پر مجھے خطرناک نتائج کی دھمکیاں دیں۔ اس کے باوجود تھانہ جا کر میں نے ایف۔آئی۔آر درج کروائی۔ میرے اہل خانہ نے میرے ساتھ تعاون کیا۔ پولیس نے بھی مجھ سے تعاون کیا۔ میں نے زمانے اور برادری کے طے ایک طرف رکھ کر، اپنی نابالغ بیٹی کا مقدمہ درج کروایا۔

دوران مقدمہ بھی ملزم کے بیٹوں نے مجھے دو بار جان سے مارنے کی کوشش کی۔ مگر ساحل کے وکیل نے مجھے حوصلہ دیا اور میں انکی بہت احسان مند ہوں۔

ساحل نے مجھے ایف۔آئی۔آر کے متعلق ضروری کتابچہ بھی دیا۔ جو میں نے تھانہ جا کر آویزاں کروایا تاکہ دوسرے لوگوں کو بھی مدد ملے۔

میرا تمام لوگوں کو یہی پیغام ہے کہ بچوں سے جنسی زیادتی کے خلاف کارروائی کرانے اور مقدمہ درج کروانے کے لیے ساحل کے دفتر ضرور جائیں اور جنسی زیادتی سے بچاؤ کی تدابیر ضرور سمجھیں۔

FOREWORD



due to the floods.

In 2010, floods across the country have had devastating consequences for millions of people. Sahil not only contributed to relief activities but also achieved its target for the year, in spite the work of Sahil's Referral Units of Sukkur and Jaffarabad being disrupted

Sahil expanded its capacity building and awareness raising activities to new districts through a TOT training of a cadre of Master Trainers. A total of 172 master trainers have been trained. These master trainers will be taking Meri Hifazat protection messages to the communities in which their organizations are working.

With the active commitment of the Punjab Government Education Department trainings at the secondary school levels on Adolescent Health have been conducted in Rawalpindi and Lahore. This has been a major break through for Sahil. The maximum participation from the government school teachers made the training events successful.

Universities have been providing opportunities for Sahil orientations on CSA and related issues to their students. Fatima Jinnah Women University has introduced a 3 credit course on "Child Abuse, Social interventions and family" developed and delivered by Sahil.

Action Aid has funded Sahil for a one year SYBAN project in Lahore that addresses issues of health and adolescent needs for street children through peer educators.

Training on Aflatoun, a CD game, based on a social and financial education program, has now been provided to organizations including an activity book for children. The game was also played with the juveniles in Adiala Jail. They highly appreciated it.

A special thanks to the ministries and the representatives of the local district government for the collaborations in taking the message of child protection across the country.

Sahil continues to provide consultancies to organizations on child protection, psycho-social counseling, media interventions and other aspects of child rights. Sahil's innovative games have been highly appreciated, and orders have been placed for purchasing these games. All this is contributing to Sahil's sustainability.

Another new initiative of Sahil – CHINH Pakistan program, which involved school children judging short films/animations, was very well recognized when a short film made by CHINH Pakistan's children team won an award at CHINH India 2010.

Sahil volunteers continue to play a very important role in the dissemination of information and networking in 52 districts of Pakistan.

Sahil memberships and representations at national and international forums are a big driving force for Sahil to achieve its goal.

I would especially like to acknowledge the role of the Royal Norwegian Embassy in facilitating Sahil to implement actions for child protection and safety in the country.

Finally, I take this opportunity to thank Sahil Board of Directors and my fantastic team members without whom none of these achievements would have been possible.

Manizeh Bano
Executive Director
Sahil

پیش لفظ

۲۰۱۰ میں سیلاب کی وجہ سے ملک بھر میں لاکھوں انسانوں کی زندگی متاثر ہوئیں۔ ساحل نے نہ صرف سیلاب زدگان کے لئے امدادی سرگرمیوں میں حصہ لیا بلکہ اپنے اہداف بھی حاصل کئے۔ ساحل ریفرل پونٹ سکھر اور جعفر آباد سیلاب سے بری طرح متاثر ہوئے۔

ترہیت دینے والوں کی استعداد کار کو بڑھانے کے لئے ساحل نے اپنی سرگرمیوں کو مزید وسعت دیتے ہوئے ۱۷۲ تربیت کاروں کو تربیت دی۔ تاکہ یہ تربیت کار میری حفاظت کے پیغام کو معاشرے کے عام افراد تک پہنچا سکیں۔

پنجاب کے محکمہ تعلیم کے تعاون سے لاہور اور راولپنڈی کے ثانوی تعلیمی اداروں کے نوبالغ افراد کی صحت کے موضوع پر تربیتی ورکشاپ کا انعقاد کیا گیا جو ساحل کے لئے ایک بہت بڑی کامیابی تھی۔ جس میں سرکاری اسکولوں کے اساتذہ نے بڑی تعداد میں شرکت کی۔

گزشتہ سال ساحل کی مختلف یونیورسٹیوں کے طلباء اور طالبات کے ساتھ بھی جنسی تشدد اور دیگر موضوعات پر تبادلہ خیال کرنے کا موقع ملا۔ فاطمہ جناح یونیورسٹی نے ”بچوں کے تشدد، معاشرتی مداخلت اور خاندان“ کے نام سے نیا کورس متعارف کرایا۔

ایکشن ایڈن نے لاہور میں سائبان کے نام سے ایک پروجیکٹ کے لئے ساحل کو ایک سال کے لئے فنڈ کیا۔ اس پروجیکٹ میں نوجوانوں کو ان کی ضروریات اور صحت کے بارے میں تعلیم دی گئی۔

افلاطون بچوں کے لئے معاشی اور معاشرتی بچت کا ایک پروگرام ہے۔ جس میں بچوں کو مختلف معاشی اور معاشرتی سرگرمیوں کے ذریعے بچت کے طریقے سکھائے جاتے ہیں۔ یہ کھیل اڈیا لہ جنیل میں بچوں کے ساتھ بھی کھیلا گیا۔ انہوں نے اس کو بہت پسند کیا۔

ساحل ان تمام وزراء اور مقامی گورنمنٹ اداروں کا شکر گزار ہے جن کے تعاون سے ساحل نے بچوں کے تحفظ کا پیغام پورے ملک میں پہنچایا۔

ساحل نے مسلسل ان تنظیموں کو مشاورت مہیا کی جو بچوں کے حقوق کے مختلف پہلو پر کام کرتی ہیں۔ ساحل نے بچوں کے حقوق کے حوالے سے مختلف گیمز بنائی ہیں۔

جن کی مختلف آرگنائزیشن نے نہ صرف تعریف کی بلکہ انھیں خریدا بھی۔ یہ تمام عوامل ساحل کی بقاء کے لئے معاون ثابت ہو رہے ہیں۔

ساحل نے بچوں کی تخلیقی صلاحیتوں کو اجاگر کرنے کے لئے ایک نیا پروگرام ”چن پاکستان“ کے نام سے متعارف کروایا۔ اس پروگرام میں بچوں نے مختلف فلمیں بنائیں۔ ان میں سے ایک فلم نے ”چن انڈیا ۲۰۱۰“ ایوارڈ بھی جیتا۔

ساحل رضا کار جو ملک بھر ۱۸۳ اضلاع میں موجود ہیں ساحل کے پیغام کو ہر خاص و عام تک پہنچانے میں ساحل کے معاون و مددگار ثابت ہو رہے ہیں۔

ساحل کی قومی اور بین الاقوامی سطح پر رکنیت اور نمائندگی اپنے مقاصد کو حاصل کرنے کے لئے قوت متحرک ثابت ہو رہی ہے۔

میں ناروے کے سفارت خانے کی بہت مشکور ہوں جنہوں نے ہماری مالی معاونت کی جس کی بدولت ہم ملک بھر میں بچوں کے تحفظ کے پیغام کو پہنچانے کے قابل ہوئے۔

میں شکر یہ ادا کرتی ہوں ساحل کے بورڈ ممبرز اور خاص طور پر ساحل کے عملے کی جن کے تعاون سے ہم نے کامیابی سے اپنے تمام اہداف حاصل کئے۔

منیزے بانو

ایگزیکٹو ڈائریکٹر

ساحل

1

**Sahil - Protection Program
Against
Child Sexual Abuse**

In Pakistan there is insufficient education on child body protection, adolescent knowledge on sexual and reproductive health, and sensitization of communities. There is also a very limited support for the provision of legal and psychological aid and emotional rehabilitation for the victim of CSA at any level.

To prevent the victimization of children, there is a dire need of a protection system to be in place by providing all stakeholders sensitization through training programs, psychosocial support, legal aid, and reporting mechanisms.

The consistent support from the Royal Norwegian Embassy for the difficult issue of child sexual abuse has been the major contributing factor in enabling Sahil to achieve its goals.

Sahil is determined to sensitize all the stakeholders on issues of child protection and child body safety. Sahil provides trainings on different child rights issues in general and child sexual abuse in particular.

TRAINING & CAPACITY BUILDING

Trainings are given to raise awareness on child rights and child's body safety, Sahil has been providing trainings to teachers, parents, organizations and community members.

A) TEACHERS TRAININGS IN GOVERNMENT PRIMARY SCHOOLS

In 2010, Sahil provided trainings to 1302 teachers of 800 government primary schools in Faisalabad district from April 5 to May 7, 2010, with the permission of Education Department, and corporation of Caritas, a local NGO.

Meri Hifazat Trainings On Request

Sahil conducted Meri Hifazat trainings for 6 organizations

Venue	Participants	
	Male	Female
Child Protection Organization, Mardan	17	3
MERAS, Mansehra	14	16
Liberal Arts School, Islamabad	-	16
MERAS, Islamabad	16	-
Health Service Academy, Islamabad	13	4
Army Public School, Sukkur	4	6

Trainings of Trainers (TOT) on Meri Hifazat

Sahil has developed a 3 days Training of Trainers (TOT) on "Meri Hifazat". This module builds the capacity of those stakeholders who are directly engaged with communities at the grass root level.

Sahil provided trainings to 5 organizations and trained 84 staff members.

Venue	Participants		Total
	Male	Female	
CDF, Jaffarabad	7	3	10
NEED, Jaffarabad	5	1	6
MRDO, Sukkur	9	8	17
SSEWA, Mirpur Khas	17	11	28
Caritas, Faisalabad	8	15	23

Replication of Trainings

As per agreement, organizations receiving Meri Hifazat TOT's are required to replicate the trainings in their community.

i) Sungi Development Foundation:

Sungi Development Foundation, Abbotabad replicated the training in Allai with women field coordinators. A total of 25 women activists participated in the training. The participants are from 6 different villages of Allai. All participants collectively commended the session and found it

very fruitful for them. They also committed that they would discuss this important issue with their family for the protection of children.

ii) Caritas, Faisalabad:

Caritas replicated MH training in the local Christian Community of Madina Town, Faisalabad. Total number of participants who attended were 48, both male and female. Participants were from different walks of life, such as medical technicians, masons, welders, general labor, and house wives.

Caritas - Faisalabad included Meri Hifazat book reading as a part of their timetable in their 13 community based schools.

iii) Community Development Foundation, Jaffarabad

Community Development Foundation Jaffarabad organized training for the partner communities and organizations from different districts. A total of 39 male and female participants attended the training.

iv) NEEDS, Jaffarabad

NEEDS, Jaffarabad organized training for the partner communities and organizations. A total of 30 participants attended the training.

B) TEACHERS TRAININGS IN SECONDARY SCHOOLS

Adolescence is a period of significant change for sexual, physical, emotional, and behavioral growth. Strong guidance from parents and teachers can help a teen through these new and stressful experiences.

Adolescent Health (AH) trainings aim to raise the awareness and address the issues of this sensitive age so that healthy individuals become the future of our beautiful world. Secondary school teachers of government, private, and NGO schools are the targets.

Out of the target of 40 schools in Lahore for AH trainings, Sahil provided trainings in 56 government and private secondary schools. The over achievement of 16 schools was the result of maximum participation of government schools. In Islamabad/Rawalpindi 41 secondary schools includ-

ing Army Public Schools, were provided AH trainings. A total of 582 Bhaid CDs were given for the students.

Location	Govt. Schools	Private Schools	Male Teachers	Female Teachers
Lahore	48	8	74	171
Rawalpindi	24	7	43	114
Army Public Schools	10	-	1	26
Total	82	15	118	311

Adolescent Health Training Follow up

Sahil conducted a follow-up session of Adolescent Health training with the students of Government Muslim Higher Secondary School No. 1, Rawalpindi. A total 75 students of class 5 and 6 participated in the session. Bhaid game was played with the students. They were encouraged to participate and answer the quizzes coming after each interactive. At the session, each student was presented with Bhaid T-shirts as participation prize.

Topic	Participants
Orientation Training of Child Protection cluster, UNICEF on "Dealing with CSA", Peshawar	08 female 11 male
Adolescent Health for SOS, Sargodha	53 male
Neuro Linguistic Programming orientation Session at Sahil (session 1)	05 female 02 male
Neuro Linguistic Programming orientation Session at Sahil (session 2)	05 female
Capacity building workshop for MDM psychologists on dealing with CSA	07 female
CSA, signs and effects for Health Services Academy, Islamabad	06 female 14 male
CSA, Growth & Development, and Parenting for Modern Age School, Abbottabad	32 female 18 male
CSA, signs and effects for Health Services Academy, Islamabad	06 female 11 male
Adolescent Health for SOS Lahore (11-15 years)	37 girls 12 boys
Adolescent Health for SOS Lahore (16-19 years)	06 girls 10 boys

SAHIL JEET HEALING CENTRE (JHC) FOR COUNSELING

Jeet Healing Center (JHC) provides free counseling services to the victims and survivors of Child Sexual Abuse. Our mission is to facilitate the healing process of child victims and adult survivors who have experienced sexual abuse. Counseling helps to process the trauma.

Sahil, Jeet Healing Center for counseling deals with clients having problems related to sexual abuse, depression, anxiety, phobias, personality disorders, family problems, relationship problems, academic difficulties and drug abuse. Sahil psychologists use many therapeutic techniques depending upon the nature of the problem of their clients for example anger and stress management, relaxation and breathing therapies, imagery and balancing techniques. Different alternate healing techniques e.g. reiki, trauma cards, emotional freedom therapy are also used.

Sahil provided counseling services to 61 persons. Out of these 28 clients have completed their counseling sessions, and 17 clients are still receiving support.

Mode of Counseling	Total Clients
E-mail Counseling	06
In-person Counseling	26
Telephonic Counseling	29
Out reach Client	00
Total	61

Through Sahil's toll free number, a total of 32 people contacted Sahil JHC for information on different psychological issues and available services.

Reiki orientation and training sessions at JHC:

Reiki Master conducted 18 Reiki healing sessions in which 116 participants participated and distant Reiki was sent to 1722 people.

Also Reiki Level I & II attunement was provided to 12 persons.

MASS MEDIA AWARENESS

Raising awareness refers to alerting the general public that a certain issue exists and should be addressed. To shield the children from sexual abuse and exploitation proper social infrastructure and institutional mechanism is required. To forge this infrastructure and mechanism a broad and intense campaign is imperative - as awareness plays an essential role in changing generations thought and behavior patterns, and thus paving the way for resolving the issue in innovative ways.

At present Sahil is using various forms of print and electronic media for raising responsiveness on the issue in areas of prevention, and protection against Child Sexual Abuse.



A) SAHIL PUBLICATIONS

i) Sahil Magazines

Sahil publishes 4 quarterly magazines every year.

Parenting - Bringing out the best in your child (January – March 2010) :

In this issue, the role of parents was highlighted and information provided on how they can establish and strengthen a healthy relationship with their children.

Changing Minds Behind Bars (April – June 2010) :

This topic was related to the issues faced by juveniles and the bitter realities they experience during their stay at jails.

Children, Shining Stars (July – September 2010):

This issue was primarily printed and designed for children. This magazine is educating children on protection issues while providing entertainment.

Sahil's Journey - Achievements and Challenges (October – December 2010):

This issue was all about Sahil's establishment, interventions, achievements and challenges faced to achieve its vision and mission.

ii) Cruel Numbers

Cruel Numbers is a yearly compilation of the statistics of child sexual abuse cases reported in newspapers. The purpose of this report is to find out the facts and figures on child sexual abuse cases occurring in Pakistan and analyze the dynamics.

Sahil is now monitoring 66 national, regional and local newspapers, including English, Sindhi, Urdu and Punjabi newspapers. Three newspapers were dropped this year as they did not report CSA cases at all.

A total of 2500 copies were disseminated out of 3000 printed copies of Cruel Numbers to different organizations, at trainings, CFN award ceremony, Referral Units, volunteers, media persons, consultations, and seminars.

Analysis of Cruel Numbers 2009:

A total of 2012 cases of child sexual abuse were recorded from all over Pakistan during 2009. This number reflected 9.4 percent increase as compared to last year. Approximately 3.3 children were sexually abused per day. The findings shows that 67% girls and 32% boys were victims of sexual abuse.

Among the crime categories, abduction cases were on the top of the list with 41% cases.

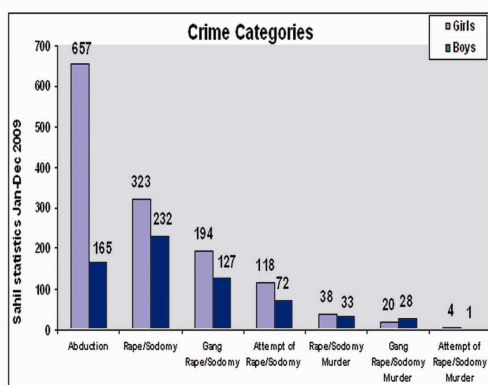
Magazine Distribution

Magazine Distribution	Magazine Issue				Total
	Jan - March	April - June	July - Sept	Oct - Dec	
National Subscribers	2917	2939	2946	2946	11748
International Subscribers	15	28	15	15	73
Organizations	127	240	100	100	567
Referral Units	650	650	650	650	2600
Training Sessions	189	103	5	130	427
Public / Visitors	2	40	9	23	74
CFN Event	100	-	-	-	-
Total	4000	4000	3725	3864	15589

4000 copies of each magazine issue was printed.

The second highest crime category was rape and sodomy with 28% cases of both girls and boys. A total of 4% children were murdered after being sexually assaulted. A total of 4222 abusers were involved in abusing 2012 children.

81% of the reported cases of CSA were registered with the police.



Sahil volunteer, Mr. Syed Mohammad Ali Shah Bukhari, from Sindh conducted a press briefing on Cruel Numbers statistics 2009, the news was covered by 7 newspapers namely: Daily Jurrat Karachi, Roznama Aman Karachi, Daily Ummat Karachi, Roznama Islam Karachi, Daily Parcham Karachi, Daily Tameer-e-Sindh, Daily Pak Karachi, Daily Halchal Hyderabad, Daily Awami Forum Karachi

iii) Annual Report

Sahil shares its achievements of the year with all stakeholders through the annual report.

Sahil annual report 2009 was disseminated among 1446 stakeholders.

The impact of Sahil publications can be determined from the fact that more and more people are interested in receiving Sahil's IEC. Sahil received 50 requests from different stake holders, which included requests from different organizations and news channels from abroad. Sahil received 50 letters of appreciation. Sahil has shared its IEC material with SPARC on its request. This material will be used for their intervention program in Sialkot. Similarly, many subscribers have offered to work for Sahil as a volunteer after knowing about Sahil and its work through Sahil magazine. Sahil magazine motivated 32 persons to sign up as volunteers

B) CHILD FRIENDLY NEWSPAPER AWARD

Media Department organized the ceremony of Child Friendly Newspaper Award 2009 on March 25, 2010 in Marriott Hotel, Islamabad. The Chief Guest of the ceremony was Federal Minister for Human Rights Syed Mumtaz Alam Gillani and Ambassador Robert Kvile, The Royal Norwegian Embassy was the guest of honor. The ceremony was attended by 147 participants.

The newspapers who got CFN awards were Daily Khabrain Islamabad-National category, Daily Kavish Hayderabad- Regional category, and Daily Leader Lahore- local category.

Different electronic channels gave coverage to the CFN Award 2009, such as, PTV, ATV, AAJ, ARY, Dhoom, KTN. The event was also covered by newspaper Daily News, Daily Jang, Daily Nation, Daily Post, Roznama Khabrain, Roznama Asaas, Roznama Ausaf, Roznama Express.

C) PRINT MEDIA COVERAGE OF SAHIL

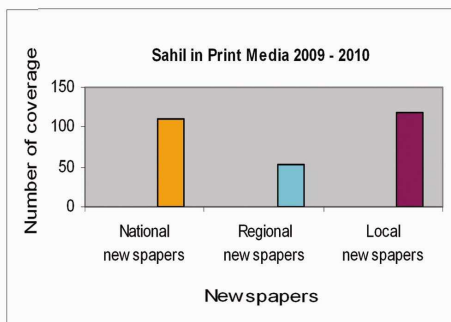
Sahil was highlighted in 119 press clippings throughout the year. Information about Sahil and its work has been published in different national, regional and local newspapers throughout the country in 2010.

- Jinnah Islamabad published a detailed interview with Executive Director regarding Sahil and its program on April 21, 2010.



Interview published at Jinnah Islamabad

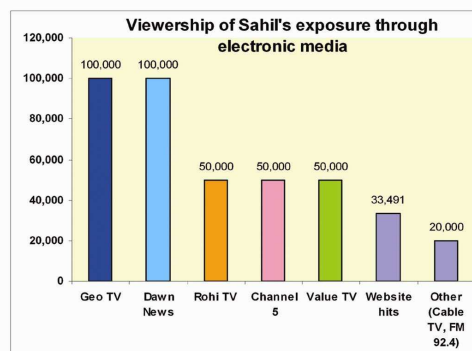
- Advertisement of Sahil services was published in four issues for the months January, April, July and October 2010 in Shifa News International Magazine.



D) ELECTRONIC MEDIA COVERAGE OF SAHIL

Different media channels like PTV, ATV, AAJ, Geo, DAWN, CNBC, TV1 and ARY gave media coverage and broadcasted Sahil's activities 25 times in 2009 through the year.

Month	Channel	Participant
January	Geo, " Kehne Mein Kia Harj hai"	Manizeh Bano
January	Channel five, telephonic interview	Manizeh Bano
January - February	Valiant TV telecasted Sahil's animations on the cable network in Tobatek Singh	-
April	Radio channel 92.4 Hum FM invited ED Sahil for a talk show on Naeem Bukhari's show	Manizeh Bano
May	Dawn TV talk show on children's issues.	Sahil Departments
May	Value TV telecasted a program based on CSA	Sahil Departments
July	Dawn News interview on issue of street children and child sexual abuse in Pakistan	Manizeh Bano
August	Live two hours interview on ROHI television channel. Sahil's animations were broadcasted and IEC material was shown	Manizeh Bano
November	2 hours interview on ROHI television channel in a morning show "Subha Bakahir Rohi"	Manizeh Bano



E) MOBILE CAMPAIGN

Sahil organized a ten days media campaign through SMS on mobile phones. Under this campaign, 200,000/- SMS were delivered to the mobile users of Lahore and Islamabad. In this campaign 2000 Sahil's messages along with Sahil's Toll free were being sent every day. The campaign duration was from September 1-10, 2010.

Sahil received a total of 55 telephone calls as a response of the SMS campaign. Among these calls, 20 people requested for Sahil's IEC material, such as, Sahil's magazines, brochures and other publications.

F) SAHIL WEBSITE (www.sahil.org)

Sahil website was updated with Sahil's publications, CFN ceremony, vacancy announcements and other program activities throughout the year.

Sahil website was visited by 33,491 users. As compared to 17,611 hits received last year there is an increase of 15,880 visitors of Sahil website.

A total of 12 people contacted Sahil after visiting Sahil's website. Different IEC material and other program related information was provided to them.

Sahil animations on YouTube website were visited by 1,376,600 users to date.

NETWORKING THROUGH WEBSITE

A request has been received by Power of Mind - a confidential counselling service online, to link up with Sahil's website

G) TOLL FREE HELP LINE

To increase the accessibility for the clients Sahil has toll free help line 0800-13518.

This year 923 calls were received as compared to 703 calls received last year.

H) IN-HOUSE GRAPHIC DESIGNING OF IEC MATERIAL

In 2010, a number of IEC materials were designed which include quarterly magazines, reports, banners, posters, cards developed for Adolescent Health trainings, new year cards, awards and certificates.

RESEARCH AND ADVOCACY PROGRAM

A) MONITORING/ AND COMPILATION OF NEWSPAPER DATA

Sahil teams regularly monitor 66 daily national, regional and local newspapers. Data compilation is done of statistics on CSA published as Cruel Numbers.

B) SAHIL RESOURCE CENTRE (RC)

Sahil Resource Centre maintains Sahil library, manage the internship program and enrolment and record keeping of volunteer's activities.

i) Sahil's Library

The resource centre has a vast amount of informative books, cds and videos on a variety of child related issues. The total number of books are 2231, CDs 228 and 40 audio and 83 videos. This year 220 books and 25 CDs were added to the library.

ii) Sahil's Internship Program

Sahil has a regular internship program. Students are offered a learning experience at Sahil. Sahil has built the capacity of 9 interns this year. An orientation of Sahil program was given to 10 students from Fatima Jinnah University, Rawalpindi.

Intern Research on “Effectiveness of Meri Hifazat Trainings”

Ms. Seher Arooj Malik from Netherlands completed her research work for her Masters Thesis on “Effectiveness of Meri Hifazat trainings”. Through a comparison of teachers, who had taken MH trainings with those who had not attended these workshops.

She visited 8 schools in Islamabad and 34 schools in Lahore. Final report will be shared with Sahil after her thesis is accepted.

For research purposes, 9 persons took reference from the library of Sahil Resource Centre.

iii) Sahil’s Volunteer Program

Sahil has a network of volunteers from all over Pakistan comprising of human rights activists, lawyers, teachers, engineers, psychiatrists, psychologists, journalists, doctors, students, house wives and social workers.

This year 90 people registered as volunteers with Sahil, bringing the total to 827 volunteers throughout the country.

Orientation of Volunteers at Swat

An orientation session with 18 volunteers of Swat was conducted on July 13, 2010. Sahil Head Office team gave an overall orientation of Sahil programs. At the end of the session certificates were distributed.

Best Volunteer Award 2009

To acknowledge the contribution of volunteers in promoting awareness on child protection in their communities, an award is presented every year.

☀ Best Volunteer for 2009

Mr. Amjad Ali , Swabi – NWFP:

He managed a camp for the registration of IDPs at Salem Khan Chowk camp. He also hired a Datsun Van with loud speakers, at his own expense, to convey awareness messages on “Bachoon ki Hifazat”.

He covered the areas of Shah Mansoor camp 1 and 2, Yar Hussain camp, Elementary College Anbar, Workers Welfare Shah Mansoor.

These awareness messages were also delivered in 572 government schools where IDP’s had been placed.

He distributed medical items and food stuff with Sahil’s team in different schools for IDPs in Tehsil Topi.

He visited different factories like Gadoon Textile Mills, Saif Textile Mills, AJ Textile Mills in Swabi and conveyed Sahil’s message on child protection among the factory workers. He told them that child labor is a crime. Because of his efforts the area SHO appointed policemen in these factory areas to monitor child abuse cases, and use of drugs.

He framed 25 Sahil railway posters at his own expense and handed over to Superintendent Railway, Peshawar. Out of these posters 16 were placed at the railway stations of Khyber Pakhtoonkhwa and 9 were displayed at different stations from Rawalpindi to Karachi.

Unfortunately, Mr. Amjad Ali was not present at the CFN ceremony. He was given award later at Sahil, Head office.

☀ Special Mention Awards

Sahil introduced a new category “Special Mention Award” to recognize the efforts of a large number of volunteers who were now providing voluntary services in their areas. One volunteer from each province will be selected every year. His Excellency Mr. Robert Kvile, Ambassador of The Norwegian Embassy presented Special mention awards for 2009 to the following volunteers:

a) Irfan Hussain Joyia, Bahawalpur – Punjab:

He broadcasted Sahil’s messages on a local TV channel, Metro TV, on November 19-20, 2009 to commemorate the “Universal Children’s Day. He published Sahil awareness messages in 10 newspapers of Bahawalpur. He voluntarily monitors daily newspapers Nawa-i-waqt and Khabrain published from Multan.

b) Rafiullah Mandokhail, Zhob- Balochistan:

He published Sahil messages in 18 national and regional newspapers. He uploaded news referring Sahil's Cruel Numbers on 3 websites, www.Narawbar.com, www.Pashtoonkhwa.com, www.Ghorzang.net.

c) Zafar Ali Shah, Lower Dir - KPK:

He published Sahil's message twice in newspapers Daily Ausaf, Daily Khabrain. He has displayed FIR posters in 12 police stations of Dir and 6 police stations of Chitral and disseminated Sahil's IEC material at a seminar.

d) Mr. Hidayat Ullah Laghari, Sanghar - Sindh

He had already received the best volunteer for 2008. He has been doing many activities on an individual and collective level with other organizations like SVDO, SNC Sangar, SWD Sangar, and CDO Johi for the promotion of Sahil awareness raising messages. He arranged a high level advocacy meeting with government officials in Sanghar.

Taking the Message Forward

In 2010, a total of 40 volunteers have promoted Sahil program by distributing Sahil publications at arranged training events and other forums.

C) RESEARCH BY WORKING GROUP AGAINST CSA & CSEC (WG)

Sahil organized a launching ceremony of a research on "Commercial Sexual Exploitation of Children in Transport Industry" on behalf of Working Group. The event was attended by 50 participants from NGOs and media.

D) CONSULTATION SERVICE BY SAHIL

Children's Complaint Office (CCO)

In compliance with the UNCRC, United Nations Children's Fund (UNICEF) and Wafaqi Mohtasib (Ombudsman) of Pakistan joined hands to address issues regarding children's rights by setting up a Children's Complaints Office.

Capacity building workshops on child rights and the role of CCO

The children complaint Office held workshops to sensitize and build capacity of the civil society organizations and media at provincial level to give awareness on legislative practices in Pakistan, brief on operational procedures of the Children Complaint Office (CCO), the role of media to highlight the issues of children, develop strategies to reduce risks and barriers for complainants, and publicizing the services of CCO at all levels.

Sahil was selected to conduct these workshops in Lahore and Karachi attended by 150 and 108 participants respectively.

E) CAPACITY BUILDING OF ORGANIZATIONS

Sahil has received requests from organizations to build capacity of their staff on child protection and related issues as paid consultancies contributing to Sahil's sustainability. This year Sahil provided trainings to NRSP, Plan International - Pakistan, Children Complaint Cell and International Organization of Migrants(IOM)Baku, Aazarbaijan.

i) National Rural Support Program (NRSP)

Sahil conducted one day training session on "Stress Management" on January 15, 2010 at NRSP, Islamabad. A total of 23 female participants under Women Empowerment Program, attended the session.

ii) Plan Pakistan

Plan Pakistan is running Adolescent Friendly Centers (AFCs) in its program area. After getting an orientation on tools and material developed by Sahil, Plan requested trainings for managers/ facilitators of AFCs in Islamabad and Chakwal.

Training title and location	Male Participants	Female Participants
Child Rights and Protection, Islamabad	6	7
Adolescent Health, Islamabad	6	7
Child Rights and Protection, Chakwal	12	9
Adolescent Health, Chakwal	12	9
Aflatoun - Social and Financial Savings Program, Chakwal	6	9
HIV & AIDS, Chakwal	6	9

iii) International Organization of Migrants(IOM)Baku, Azerbaijan

Sahil psychologist conducted session on "Indicators and effects of CSA" in "Workshop on Reintegration and Rehabilitation of Victims of Trafficking" for 25 staff members of IOM, Baku.

F) SAHIL'S INTERVENTIONS WITH UNIVERSITIES

i) Fatima Jinnah Women University, Rawalpindi (FJWU)

Sahil was requested by Behavioral Science Department of FJWU to teach a 20 hours 3 credit course on "Child abuse; Social intervention and family". A total of 10 students attended the course.

The subject was introduced for the first time in the university and now it is a part of university curriculum.

ii) National Defence University, Islamabad (NED)

A session on Sahil program activities and issues related to child sexual abuse was conducted at NED campus. A total of 15 students and teachers attended the session. The session was delivered by Sahil Executive Director.

M&E AND REVIEW

- Sahil management team made 10 monitoring visits to Referral Units including attendance for program activities.
- One review and planning meeting was held in March 2010, at Head Office in which all RU staff participated.
- Partner's meeting between Sahil and the Royal Norwegian Embassy was held on March 11, 2010.
- Strategic planning meeting was held on December 10-11, 2010 at Sahil Head Office. Referral Unit coordinators also attended the meeting.

PCP CERTIFICATION

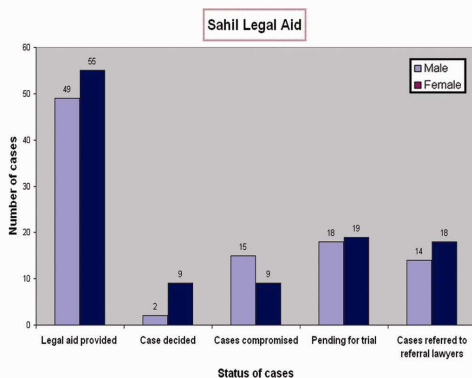
Sahil has successfully achieved its third certification from PCP for the year 2010 – 2013. Sahil has scored an over all 87.90 % for its program efficiency.

SAHIL REFERRAL UNITS (RU'S) ACTIVITIES

A) PROVISION OF LEGAL AID BY RU'S

Child Sexual Abuse is deeply rooted in society and to curb this menace, it requires not only change in social attitude through awareness but also punishment of the abusers for committing this crime. Sahil as a part of its mission to protect children provides free legal aid and assistance to the victims of sexual abuse through its legal department.

All Sahil 5 RUs took up 104 cases of CSA victims for providing free legal aid. Out of these 11 cases were given conviction, 37 cases are pending, and 24 cases ended with compromise.



Sahil hired the services of referral lawyers for 32 CSA cases which were out of the cities of Sahil offices

Success Story

'A' a student of matric (15 years old) was abused by three of her teachers 'S', 'I' and 'M'.

'S', the victim's class fellow and 'I', house facilitator were abettors. Victim's father filed an FIR at Faiz Ganj police station against all the accused on 16- 10- 09 under section 376- 342 PPC.

Khair pur session judge decided the case and convicted the accused with 25 years of imprisonment and Rs. 25, 000 fine.

Accused 'S' filed bail petition in the high court Sukkur on the basis & under the benefit of juvenile justice system ordinance 2000 and defense plea that the accused 'S' is a minor girl & less than eighteen years old and her offence falls in the juvenile justice system ordinance.

The high court rejected bail petition & appeal is pending in the high court.

B) COUNSELING SERVICES AT RU'S

Sahil 4 RU's counselors provided counseling to 39 clients. A total number of 27 clients contacted RU counselors to obtain information on different psychological issues.

C) MONITORING OF NEWSPAPERS

Out of the total of 66 monitored newspapers, 4 Sahil Referral Unit teams, including 3 volunteers, regularly monitor 51 daily local, national and regional newspapers for the compilation of statistics on CSA published as Cruel Numbers.

D) PRESS BRIEFINGS AT RU'S

All 4 RU's conducted a total of 7 press briefings on Sahil Cruel Numbers 2009 with print and electronic media. A total of 133 media persons attended the events.

Six monthly data of January-June 2010 was shared with the press and it was published in different local and national newspapers.

E) NETWORKING AND MEMBERSHIPS AT RU'S

Sahil RU's attended 160 networking meetings to develop coordination and referral system with other organizations and Government Departments. As a result of these meetings Sahil RU's are advocating different issues at provincial level and also receiving referrals for services.

RU's are also exploring new areas of interventions like Sahil - SPARC partnership in Punjab, Sahil - White Ribbon - MDM for Violence against Women, Sahil- Children Complaint Office on child rights, referral building for SYBAN, and cluster under Save the Children for flood effected areas of Jaffarabad and Sukkur

F) ORIENTATION OF MALAMAAL GAME

A game "Malamaal" developed for adolescents giving information on a variety of subjects relating to social behaviors, general knowledge, health, education and law was provided by Sanjog, requesting Sahil to disseminate the game amongst all stakeholders.

So far Sahil has given orientations and distributed 57 Malamaal games to 14 different organizations through its Referrals Units.

REFERRAL UNIT LAHORE

Lahore conducted 3 events of **Meri Hifazat Trainings** for teachers of Army Public Schools from Lahore, Multan and Gujranwala region. During these events 86 teachers from 20 schools participated.

Meri Hifazat training workshops were conducted for teachers of 71 primary schools including 17 government and 54 private schools. in collaboration with, Women Workers Help Line Lahore, UMEED Trust Lahore, Sudhaar Kasur , Tangh Wasib Organization Sargodha and Program Office Education-Caritas, Faisalabad.

Sudharr and NGO working in Kasur invited 11 teachers from 7 Madrassas for Meri Hifazat training

Adolescent Health trainings were conducted for 16 schools of the Lasalle School System run by Caritas, Faisalabad.

On request trainings on child protection

Title	Organization	Participants
Child Sexual Abuse and its Management	SoS Children Village	15
Child Sexual Abuse, Sahil services for the victims of CSA Cruel Numbers 2009	AGHS (Legal Aid Cell) Lahore	46
UNCRC	Women Workers Help Line (WWHL)	30
Protection Luddo Game	Umeed Trust, Lahore	27
Child Sexual Abuse and its types Sahil and Its services for the victims of CSA Cruel Numbers 2009	St. Johns Girls High School, Youhna Abad, Lahore	27
Child Sexual Abuse	Umeed Trust	20
UNCRC	SYBAN	40
Child Abuse & its management	SoS Children Village, Lahore	10
Luddo Protection Game Malamaal	SoS Children Village, Lahore	11
UNCRC	SYBAN	38

Cruel Numbers 2009 was shared at seminars organized by Hameed Nizami Press Institute of Pakistan, Sanjog, Revival of Heritage and SPARC with 295 participants.

To conduct sessions on CSA for police officers on the request of SPARC, Sahil RU Lahore delivered the trainings to 50 Police Officers including Lady Constables, and Assistant Sub Inspectors from different districts of the Punjab, at Police Training Center Chuhang, Lahore.

Directorate of Social Welfare, Women Development & Bair-ul Maal invited RU team for a ½ hour **live talk show on FM-103** on “Effects of Abuse on Child’s Personality”. During this show live calls from general public were answered and services of Sahil were also shared with listeners.

A **puppet show “Choti Choti Batain”** was shown on CD to 122 children of different government and primary private schools at an event organized by Women Workers Help Line and UMEED Trust Lahore.

A **puppet show “Mere Dard ko jo Zuban Miley”** was shown on CD to 27 adolescents of different government and private schools in collaboration with UMEED Trust Lahore.

A capacity building workshop was conducted at District Multan for 23 **Sahil volunteers** on UNCRC, Types of Abuse, and information on Sahil free legal assistance.

2 students of Masters in Gender Studies from Fatima Jinnah College for Women, Chona Mandi, Lahore completed their 2 months **internship** at Sahil Referral Unit Lahore.

Sahil Referral Unit Lahore was taken on board by Social Welfare Department Government of the Punjab as member of "Technical Committee on Child Protection"

Sahil was notified by Police Department, Punjab as Non Governmental Member of "Human Rights Cell" established in Central Police Office, Punjab

Consultation on National Plan of Action for Children

A consultation on "Role of Key Stakeholders for Effective Implementation of National Plan of Action for Children" was organized in Lahore on April 8, 2010 in collaboration with Action Aid Pakistan.

The Consultation was attended by 57 persons including Ms. Azma Zahid Bukhari - Parliamentary Secretary for Youth and Culture, Punjab, Mr. Ghulam Abbas Sargana - Additional Secretary Education, Punjab, Dr. Samia Amjad (MPA), Ms. Ayesha Javed (MPA) and Mr. Badar Alam - Bureau Chief Herald.

Norwegian Embassy Visit to Sahil Referral Unit Lahore

A team of The Royal Norwegian Embassy comprising of Mr. Tor Haug - First Secretary, and Mr. Tanveer Sheikh - Program Officer visited Sahil Referral Unit, Lahore on April 29, 2010.

They were introduced to Sahil beneficiaries at a meeting in Sahil Lahore office. The meeting was attended by 19 persons from different partner organizations, government departments, teachers, referral psychologists and lawyers and legal aid beneficiaries. Feed back was provided by all participants on the effectiveness of Sahil interventions.

Police Station Visitor Week

On the request of Rozan's RABTA (Police Training Program), Sahil Referral Unit Lahore arranged a visit of Police Station Sarwar Road Lahore Cantt to celebrate Police Station Visitor Week 2010 on 23rd October 2010.

The aim of this activity was to strengthen community - policing partnership, to assess the quality of service delivered in the participating police departments, to identify some of the best practices in use by police, and to strengthen the accountability of police to the local citizens whom they serve.

REFERRAL UNIT ABBOTTABAD

Abbottabad conducted 3 **Meri Hifazat trainings** workshops for teachers of 10 primary schools.

A **training workshop** was conducted on Child Rights and Protection for **police staff**. Sahil Head Office team including Sahil legal advisor, lawyers and trainers conducted the sessions A total of 39 participants in two groups, from constable to sub inspector, and from inspector to DSPs participated.

A session on **Good Kids Bad Behaviors** was conducted with teachers and care givers of Sweet Home School run by Bait ul Maal.

A **puppet show "Choti Choti Batain"** was organized at Sweet Home, Modern School System. A total of 100 children participated.

REFERRAL UNIT JAFFARABAD

Jaffarabad office was closed for six weeks due to flood in the area.

Jaffarabad conducted 2 Meri Hifazat training workshops for 14 primary schools in Naseerabad

One Meri Hifazat training was conducted at Government Boys High School, Chalgari village, district Jaffarabad. Sahil volunteers also participated in the training.

REFERRAL UNIT SUKKUR

Sukkur conducted 1 Meri Hifazat training workshops in Khairpur for 10 primary schools.

Sukkur conducted two sessions on HIV & AIDS with truck drivers, helpers and hotel owners as a follow up of research on transport industry.

REFERRAL UNIT ISLAMABAD/RAWALPINDI

JUVENILES REHABILITATION PROGRAM

Sahil is in its sixth year of the intervention program for juveniles at Adiala Jail, Rawalpindi. During this period, jail authorities have fully supported Sahil team to organize different events and make it possible to advance towards the goal. For their persistent support, Sahil team and its whole administration is very thankful to jail authorities and hope that this collaboration will continue in the future too.

According to jail authorities, the rehabilitation program of Sahil team has been very effective for the physical and mental health of the juvenile. The effectiveness of this program is now reflected in the daily life of the juveniles through their positive

behaviors.

Sahil is facilitating the juveniles with psychological counseling sessions, sports activities, free legal aids and health services in three barracks.

Group Counseling for Juveniles

Sahil team conducted 75 group counseling sessions for 85 juveniles through various activities. There are three barracks in the juvenile ward and the group counseling sessions are held barrack wise twice a week for 45 minutes. Each group is facilitated by one psychologist, and one trainer, with the support of a physical instructor and a paramedical officer.

Art work

Art Work sessions were attended by 24 juveniles

Sessions on HIV & AIDS

To provide information to the juveniles, sessions on HIV & AIDS were conducted. Following topics were covered with the help of charts.

- ☀ What is HIV & AIDS
- ☀ How HIV attacks a human body
- ☀ HIV & AIDS modes of transmission
- ☀ Stages of HIV & AIDS
- ☀ Treatment, care, and support for PLWHAS

Aflatoun - a child social and financial education program

Sahil conducted sessions on Aflatoun-Social and Financial Savings.

The sessions were made more interesting and informative through the interactive CD game, developed by Sahil on social and financial savings.

The game was played with the two groups of juveniles and their feedback was recorded.

Provision of free legal aid at Adiala Jail

A total of 23 legal cases of juveniles were selected for providing legal aid. Out of these 6 juveniles were released, 4 juveniles were acquitted, one

case was disposed off due to non availability of challan, and 9 cases are pending. Unfortunately, 3 juveniles were convicted.

After the legal reforms, juveniles under minor offences are now being released on the weekly visit of Session Judge Rawalpindi and Islamabad.

Screening and vaccination against Hepatitis B & C

Against Hepatitis B & C , 286 juveniles were screened and medicines for different disorders were also provided to juveniles. All these juveniles were also provided with information on HIV & AIDS.

14 August celebrations

To give juveniles a sense of unity with the nation, Sahil contributes to celebrate independence day on August 14 every year. The juveniles were provided 3000 small and three large flags to decorate the barracks, and learnt national songs.

Reading material distribution

For providing information, 347 magazines published by newspapers and other publications were distributed among the juveniles. A total of 108 Naunehal and Taleem-o-tarbiyat magazines were also distributed.

Distribution of clothes and sweets on Eid festival

For the celebration of Eid ul Fitr, ready made shalwar qameez suits were distributed to 45 juveniles. Sweets were also provided for the occasion.

Sports and recreational activities

For mental and physical growth of juveniles, Sahil provided the opportunities of sports both indoor and outdoor. Every juvenile was given the option of playing the games of his own interest.

A total of 35 juvenile registered their names to participate in different game competitions. Indoor sports like carom board, luddo, draft, and chess and outdoor games like volley ball, foot ball and badminton were organized. Initially within the barracks all the teams play with each other, followed by inter barrack matches, quarter finals, semi-final and final of all the games.

During the year, 265 outdoor and 152 indoor matches were played between different teams

Prize distribution ceremony

A prize distribution ceremony was held on December 13, 2010. Mr. Muhammad Akram Khan - Assistant Superintendent Jail was the chief guest.

All position holders were awarded:

- ☀ 21 trophies and cups were given for 1st, 2nd and 3rd position holders
- ☀ 24 sports kits were given to juveniles who participated in the finals
- ☀ 24 sports shoes were given to juveniles who participated in the games
- ☀ 24 certificates given to all the juveniles participants



PAKISTAN

Sahil Volunteers are in 84 Districts

Abbottabad, Mansehra
Pehawar, Kohat, Mardan, Swabi
Bannu, Hangu, Karak, Laki

Ziarat, Zhob
Queeta, Shaldra, Loralai,
Kohlo, Jaffarabad,
Chaman, Naserabad
Mastong, Jhall Magsi

Muzaffarabad
Mirpur

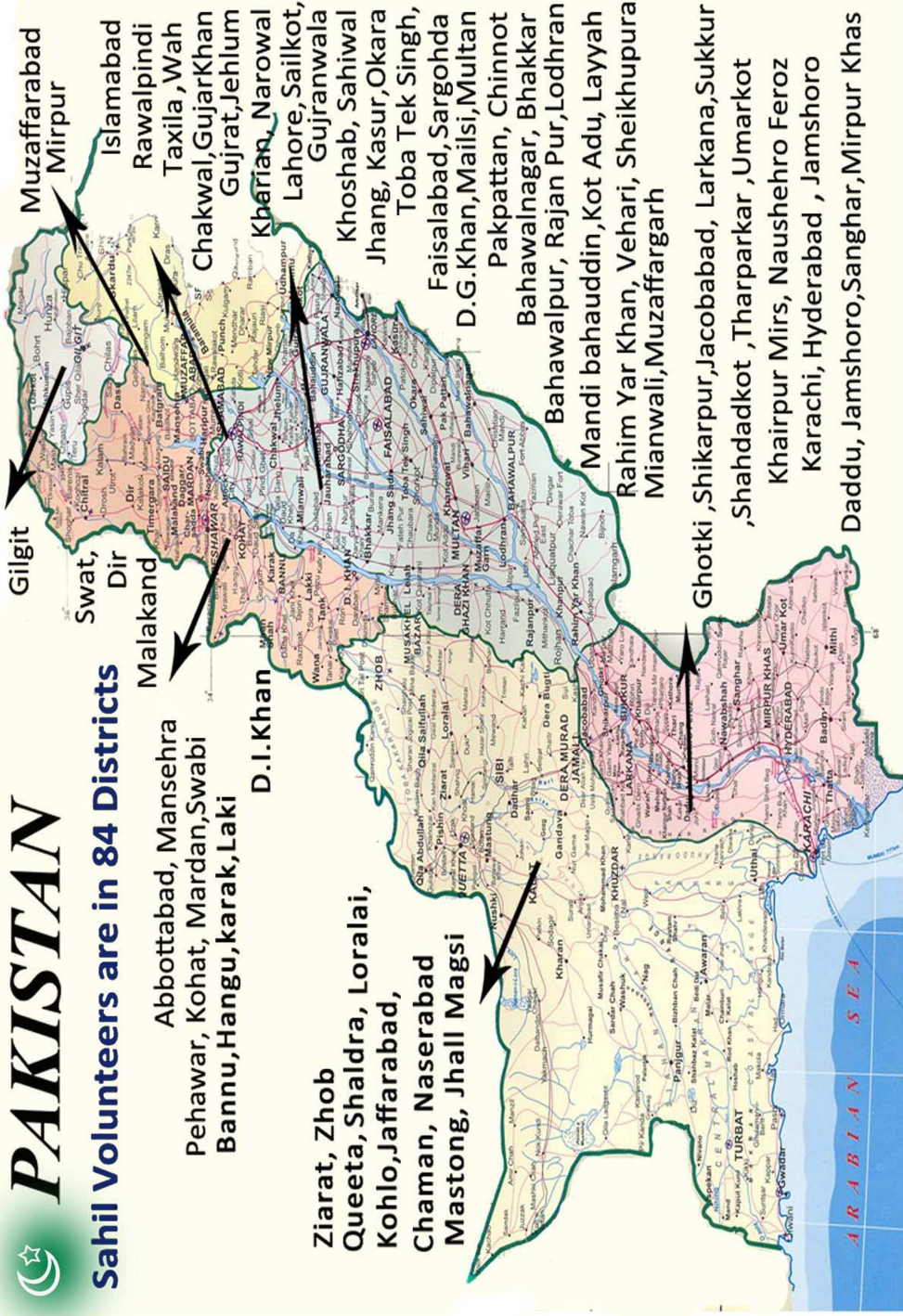
Islamabad
Rawalpindi
Taxila, Wah
Chakwal, Gujarkhan
Gujrat, Jehlum

Kharian, Narowal
Lahore, Sialkot,
Gujranwala
Khoshab, Sahiwal
Jhang, Kasur, Okara
Toba Tek Singh,
Faisalabad, Sargohda
D.G.Khan, Mailsi, Multan
Pakpattan, Chinnot
Bahawalnagar, Bhakkar
Bahawalpur, Rajan Pur, Lodhran
Mandi bahaudain, Kot Adu, Layyah
Rahim Yar Khan, Vehari, Sheikhpura
Mianwali, Muzaffargarh

Ghotki, Shikarpur, Jacobabad, Larkana, Sukkur
,Shahdadkot ,Tharparkar ,Umarkot
Khairpur Miirs, Naushehro Feroz
Karachi, Hyderabad , Jamshoro
Daddu, Jamshoro,Sanghar,Mirpur Khas

Gilgit
Swat,
Dir
Malakand

D.I.Khan



Sahil Volunteers in Pakistan

SAHIL / GOVERNMENT COLLABORATIONS

Members of:

- ✳ Technical Committee on Child Rights under NCCWD
- ✳ Child Rights Steering Committee by Children Complaint Office
- ✳ Human Rights Cell, Punjab
- ✳ Technical Committee on Child Protection, Punjab Social Welfare Department
- ✳ Human Rights Cell, Central Police Office, Punjab

Coordination with:

- ✳ Education Department
- ✳ Senate Human Rights Committee
- ✳ Curricula Wing
- ✳ Army Public School System
- ✳ Bait ul Maal
- ✳ National Disaster Management Authority (NDMA)

SAHIL MEMBERSHIPS

Sahil has memberships of the following networks/organization:

- ✳ ISPCAN
- ✳ CRIN
- ✳ South Asia Initiative to End Violence Against Children (SAIEVAC)
- ✳ Child Savings International
- ✳ Hurmat
- ✳ HRDN
- ✳ AASHA
- ✳ CRM
- ✳ Working Group on CSA & CSEC

خلاصہ: ساحل۔ جنسی تشدد کے خلاف حفاظتی پروگرام

ذرائع ابلاغ کے ذریعے تشریحی مہم:

ساحل کی مطبوعات:

ہر سال کی طرح اس سال بھی سہ ماہی ”ساحل میگزین“ شائع ہوئے۔ ہر شمارے کی 4000 کاپیاں جاری کی گئیں۔

ظالم اعداد اخبارات میں چھپنے والی بچوں پر جنسی تشدد کی خبروں کو اکٹھا کر کے ترتیب دیے جاتے ہیں۔

ساحل نے سالانہ رپورٹ 2009 کے ذریعے اپنی سرگرمیوں کی تفصیلات سے متعلقہ 1446 اداروں اور افراد کو آگاہ کیا۔

بچوں کا دوست اخبار ایوارڈ:

مارچ 2009 میں بچوں کے دوست اخبار ایوارڈ دینے کی تقریب کا انعقاد کیا گیا جس میں انسانی حقوق کے وفاقی وزیر جناب ممتاز عالم گیلانی اور پاکستان میں ناروے کے سفیر جناب رابرٹ کوانیل نے شرکت کی۔

پرٹ میڈیا:

2010 میں ساحل کی سرگرمیوں سے متعلق 119 خبریں مختلف قومی، علاقائی، اور مقامی اخبارات کی زینت بنیں۔

روزنامہ جناح اسلام آباد نے ساحل کی ایگزیکٹو میگزین سے بانو کا تفصیلی انٹرویو شائع کیا۔

2010 میں سہ ماہی شفا نیوز انٹرنیشنل میگزین نے اپنے تمام شماروں میں ساحل کی سرگرمیوں اور خدمات کے سلسلے میں بلا معاوضہ اشتہارات شائع کیے۔

ایکسپریس میڈیا:

2010 میں ATV, AAJ, GEO, DAWN, CNBC, TV1, ARY پر 25 مرتبہ ساحل کی سرگرمیوں کے حوالے سے خبریں اور پروگرامات نشر ہوئے۔

موبائل مہم:

کیم تمبر تا 10 ستمبر، 2010 ساحل نے SMS کے ذریعے 10 روزہ تشریحی مہم چلائی جس میں لاہور اور اسلام آباد کے 200,000 موبائل نمبروں پر ساحل کی

خدمات، پیغامات اور ٹول فری نمبر پر مبنی SMS بھیجے گئے۔ ساحل کا پیغام وصول کرنے والوں میں سے 55 افراد نے ساحل کو فون کر کے ساحل کے کام کے بارے

میں پوچھا۔ ان میں سے 20 لوگوں نے بچوں کے تحفظ پر ساحل کا معلوماتی مواد ”میری حفاظت“ کتاب اور ساحل میگزین بھیجنے کی درخواست کی۔

ساحل پر عزم ہے کہ وہ تمام متعلقہ لوگوں کو بچوں کی حفاظت پر معلومات و آگاہی فراہم کرے۔

ترتیبی پروگرام:

میری حفاظت:

ساحل نے مختلف اداروں کو بچوں کے حقوق اور ان کی حفاظت پر تربیت فراہم کی۔ ساحل نے گزشتہ سال محکمہ تعلیم اور ایک غیر سرکاری تنظیم کا رتی تاس کے تعاون سے فیصل آباد کے 800 سکولوں کے 1302 اساتذہ کو بچوں کی حفاظت پر تربیت دی۔

پاکستان کے مختلف علاقوں سے تعلق رکھنے والی 6 تنظیموں کی درخواست پر ساحل نے ان کے سٹاف کے لئے ”میری حفاظت“ تربیتی ورکشاپ کا انعقاد کیا۔

براہ راست کمیونٹی کے ساتھ کام کرنے والے اداروں کے لئے ساحل نے تین روزہ خصوصی تربیتی ورکشاپ کا انعقاد کیا۔

ساحل نے یہ تربیت 5 تنظیموں کے 84 لوگوں کو فراہم کی۔ ”میری حفاظت“ تربیت لینے والوں کی طرف سے اپنے علاقے میں تربیتی ورکشاپس کا انعقاد کیا۔

نگی ڈویلپمنٹ فاؤنڈیشن، کاری تاس فیصل آباد اور کمیونٹی ڈویلپمنٹ فاؤنڈیشن نے اپنے اپنے علاقوں میں ”میری حفاظت“ تربیت لینے والوں کی طرف سے اپنے علاقے

میں تربیتی ورکشاپس میں مختلف دیہاتوں اور تنظیموں اور سکولوں کے مرد و خواتین کی بڑی تعداد نے شرکت کی۔

تربیت برائے نوبالغ افراد:

سرکاری اور غیر سرکاری ثانوی تعلیمی اداروں اور آرمی پبلک سکولز کے اساتذہ کی ایک بڑی تعداد نے نوبالغ افراد کی صحت پر تربیتی ورکشاپس میں شرکت کی۔

جیت ہیلنگ سینٹر:

جیت ہیلنگ سینٹر بچوں کو مفت نفسیاتی مشاورت فراہم کرتا ہے۔

گزشتہ سال ساحل نے 61 افراد کو نفسیاتی مشاورت کی سہولت پہنچائی جس میں سے 17 افراد ابھی تک زیر علاج ہیں۔ ساحل کے ٹول فری نمبر پر 32 افراد نے علاج کے

لئے رابطہ کیا۔

JHC میں ریکی طریقہ علاج کے 18 سیشن ہوئے جن میں کل 116 افراد نے شرکت کی۔ اس کے علاوہ 1722 افراد کو فاصلاتی ریکی بھی بھیجی گئی۔ تربیتی سیشن میں

12 افراد کو ریکی درجہ نمبر 1 اور درجہ نمبر 2 کی تربیت دی گئی۔

ویب سائٹ:

پورے سال کے دوران باقاعدگی سے ساحل کی ویب سائٹ اپ ڈیٹ کی جاتی رہی۔ سال بھر میں 133,491 افراد نے ساحل ویب سائٹ پر جا کر معلومات حاصل کیں۔ یہ تعداد پچھلے سال کے مقابلے میں 15,880 افراد زیادہ ہیں۔

اسی طرح ابھی تک یوٹیوب پر موجود ساحل کی معلوماتی کارٹون فلموں کو 1,376,600 بار دیکھا گیا۔ پچھلے سال پاور آف مانیٹرنگ کو تھریڈنگ کا ونسلنگ سروس آن لائن کی طرف سے ساحل ویب سائٹ پر لنک کے لئے درخواست موصول ہوئی۔

ٹول فری لائن:

عوام الناس کی ساحل تک آسان رسائی کے لئے ساحل نے ٹول فری نمبر 0800-13518 کا انتظام کر رکھا ہے۔ اس ہیلپ لائن پر 923 ٹیلیفون کالز موصول ہوئیں۔ پچھلے سال یہ تعداد 703 تھی۔

مطبوعات کی گرافٹس ڈیزائننگ:

گزشتہ سال سماجی میگزین ساحل رپورٹس، بیئر، پوسٹرز، نئے سال کے کارڈز، ایوارڈز اور سرٹیفکیٹ سمیت سارے معلوماتی مواد کی ڈیزائننگ کی گئی۔ ریسرچ اور ایڈووکیسی پروگرام:

اخبارات کی مانیٹرنگ:

ساحل ٹیم باقاعدگی سے 66 قومی، علاقائی اور مقامی اخباروں کی مانیٹرنگ کرتی ہے تاکہ ظالم اعداد و شمار کے لئے ڈیٹا اکٹھا کیا جاسکے۔

پروگرام برائے رضا کاران:

ساحل کے ساتھ سارے ملک میں پھیلا ہوا رضا کاروں کا ایک وسیع نیٹ ورک ہے جس میں انسانی حقوق کے کارکنان، وکلاء، اساتذہ اور ماہرین نفسیات سمیت ہر شعبہ زندگی سے وابستہ لوگ موجود ہیں۔ اس سال 90 رضا کاروں کے اضافے کے ساتھ ان کی کل تعداد 827 رضا کاران ہے۔

13 جولائی 2010 کو سوات میں موجود ساحل کے رضا کاروں کے ساتھ ایک

معلوماتی نشست کا اہتمام کیا گیا۔

رضا کاروں کی خدمات کو سہانے کے لئے ساحل کی طرف سے ہر سال بہترین رضا کار کا ایوارڈ دیا جاتا ہے۔ سال 2009 کا بہترین رضا کار کا ایوارڈ صوابی سے تعلق رکھنے والے رضا کار امجد علی نے حاصل کیا۔

ساحل نے گزشتہ سال خصوصی نامزدگی کے تحت ہر صوبے سے ایک رضا کار کا انتخاب کیا۔ یہ رضا کار وہ تھے جنہوں نے اپنے صوبے میں بچوں کے تحفظ کے لئے کام کیا۔ ناروے کے سفیر عزت مآب جناب رابرٹ کیلوی نے رضا کاروں میں ایوارڈ تقسیم کیے۔

ورکنگ گروپ کی تقریب:

ساحل نے ورکنگ گروپ کے لئے ٹرانسپورٹ انڈسٹری میں بچوں کے جنسی استحصال پر تحقیق کی تقریب رونمائی کے انتظامات کیے جس میں 50 لوگوں نے شرکت کی۔ ساحل کی کنسلٹیشن:

ساحل نے وفاقی محتسب کو بچوں کے حقوق اور Children Complaint آفس کے کردار پر کراچی اور لاہور میں ورکشاپس کے انعقاد میں مدد دی۔

تعمیموں کے لئے تربیتی پروگرام:

2010 میں ساحل کو دیگر تنظیموں کی طرف سے اپنے عمل کی تربیت کے لئے متعدد درخواستیں موصول ہوئیں، گزشتہ سال ساحل نے مندرجہ ذیل تنظیموں کو مختلف موضوعات پر تربیت فراہم کی۔

ساحل نے نیشنل رول سپورٹ پروگرام کے لئے ایک روزہ تربیتی نشست کا اہتمام کیا جس میں 23 خواتین نے شرکت کی۔

ساحل نے پلان پاکستان کے اسلام آباد اور چکوال میں واقع نوبالوں کے فرینڈلی سینٹر کے مینیجرز کے لئے تربیتی ورکشاپس کا انعقاد کیا۔

ساحل کی ماہر نفسیات نے آذربائیجان میں انسانی اسمگلنگ کے شکار بچوں کی بحالی کے موضوع پر منعقدہ کانفرنس میں بچوں پر جنسی تشدد کے مظاہر اور اس کے اثرات کے موضوع پر شہداء کی معلومات کے لئے ایک سیشن کا انعقاد کیا۔

یونیورسٹیوں کے ساتھ سرگرمیاں:

ساحل نے یونیورسٹی انتظامیہ کی درخواست پر Behavioral Sciences کی طالبات کے لئے پہلی بار بچوں پر تشدد، معاشرتی مداخلت اور خاندان کے نام سے ایک نیا کورس متعارف کروایا۔ یہ کورس اب یونیورسٹی کے نصاب کا حصہ ہے۔

نیشنل ڈیفنس یونیورسٹی اسلام آباد نے ساحل کی سرگرمیوں پر ایک خصوصی سیشن کا اہتمام کیا جس میں 15 طلباء و طالبات اور اساتذہ نے شرکت کی۔ ساحل کی ایگزیکٹیو ڈائریکٹر نے ادارے کی سرگرمیوں پر روشنی ڈالی۔

گلرانی، تشخیص اور جائزہ:

ساحل انتظامیہ نے صوبائی رابطہ دفاتر کے معائنے اور دیگر دفتری سرگرمیوں کے لئے 2009 میں 10 دورے کئے۔ ساحل کی سرگرمیوں کی منصوبہ بندی اور ان میں ممکنہ تبدیلی کا جائزہ لینے کے لئے مارچ 2010 میں ساحل ہیڈ آفس میں ایک میٹنگ کا انعقاد کیا گیا جس میں صوبائی رابطہ دفاتر سے بھی عملے نے شرکت کی۔

11 مارچ، 2010 کو ساحل اور ناروے کے سفارتخانے کے مابین شرکتی سرگرمیوں کے حوالے سے میٹنگ ہوئی۔

11 تا 12 دسمبر، 2010 تک ساحل ہیڈ آفس میں سٹریٹجک پلاننگ میٹنگ ہوئی جس میں رابطہ دفاتر کے کوآرڈینیٹرز نے بھی شرکت کی۔

پاکستان سیزو فار فلنٹھراپی سٹریٹجیشن:

ساحل نے پاکستان سیزو فار فلنٹھراپی سے 2010 سے 2013 تک مسلسل تیسری بار سٹریٹجیشن حاصل کی جس میں ساحل نے 87.90 فیصد سکور حاصل کئے۔

ریفرل پوسٹ کی سرگرمیاں:

مفت قانونی امداد کی فراہمی:

اپنے نشن کے تحت ساحل نے 2010 میں بھی جنسی تشدد کے شکار بچوں کو مفت قانونی امداد کی فراہمی جاری رکھی۔ ساحل کے پانچوں رابطہ دفاتر میں بچوں پر جنسی تشدد کے 104 مقدمات میں متاثرہ بچوں کو مفت قانونی امداد دی گئی۔

نفسیاتی مشاورت کی فراہمی:

گزشتہ سال رابطہ دفاتر میں مختلف نفسیاتی مسائل پر 39 افراد کو نفسیاتی مشاورت دی گئی جبکہ 27 افراد نے نفسیاتی معلومات کے حصول کے لئے رابطہ دفاتر سے رجوع کیا۔

اخبارات کی مانیٹرنگ:

رابطہ دفاتر کی سطح پر روزانہ 51 مقامی، علاقائی اور قومی اخباروں کی مانیٹرنگ جاری رہی۔ ان اخباروں میں 3 اخبار ایسے بھی شامل ہیں جن کی باقاعدہ مانیٹرنگ ساحل کے رضا کار کرتے ہیں۔ ان اخباروں سے بچوں پر جنسی تشدد کی خبریں اکٹھی کی جاتی ہیں۔ جن کی بنیاد پر عالم اعداد و شمار تیار کیے جاتے ہیں۔

پریس بریفنگ:

2009 میں رابطہ دفاتر کی سطح پر عالم اعداد و شمار کے حوالے سے پریس بریفنگ کا انعقاد کیا گیا۔ اسی طرح سے ذرائع ابلاغ کے نمائندوں کو بچوں پر جنسی تشدد کے ششماہی اعداد و شمار کے حوالے سے بھی بریفنگ دی گئی۔

رابطہ کاری اور ممبر شپ:

ساحل کے رابطہ دفاتر نے اپنے علاقوں میں کام کرنے والے سرکاری اور غیر سرکاری اداروں کے ساتھ مجموعی طور پر 160 میٹنگوں کیس تاکہ ان اداروں کے مابین بہتر ہم آہنگی اور رابطہ کا نظام بنایا جاسکے۔

مالا مال گیمرز کا تعارف:

بچوں کے ساحل کو بڑی تعداد میں تقسیم کرنے کے لئے مالا مال گیمرز بھجوائیں۔ ابھی تک ساحل نے اپنے رابطہ دفاتر کے ذریعے 14 تنظیموں میں 57 مالا مال گیمرز تقسیم کی ہیں۔

ریفرل پوسٹ لاہور:

ساحل کے رابطہ دفاتر لاہور نے آری پبلک سکولز کے اساتذہ کے لئے لاہور، ملتان، اور گوجرانوالہ میں ”میری حفاظت ٹریننگ“ کا انعقاد کیا جس میں 20 سکولوں کے 86 اساتذہ نے شرکت کی۔ اس کے علاوہ 16 سکولوں کے 17 اساتذہ کو ”میری حفاظت“ اور 16 سکولوں کو ”بالغوں کی صحت“ کے موضوع پر تربیت دی گئی۔

رابطہ دفاتر لاہور نے حمیدہ نظامی انسٹیٹیوٹ، بھنگ، ریلوے ایسٹ اور سپارک کے زیر اہتمام منعقدہ سیمینار میں عالم اعداد و شمار 2009 کے حوالے سے معلومات دیں۔ سپارک کے زیر اہتمام منعقدہ پولیس ٹریننگ پروگرام میں ساحل کو بھی ٹریننگ دینے کے لئے مدعو کیا گیا جہاں 50 پولیس افسران کو بچوں پر جنسی تشدد کے حوالے سے تربیت دی گئی۔

ساحل کو صنفی سوشل ویلفیئر اور بیت المال کی طرف سے FM.103 پر بچوں کی شخصیت پر تشدد کے اثرات پر نشر ہونے والے ریڈیو پروگرام میں بات کرنے کے لئے مدعو کیا گیا۔ ویمن ورکرز ہیپ لائن اور امید ٹرسٹ لاہور کے زیر اہتمام منعقدہ ایک تقریب میں ساحل کا تیار کردہ پتلی تماشہ ”چھوٹی چھوٹی باتیں“ 122 بچوں کو دکھایا گیا۔ اسی طرح 27 نومبر کو پتلی تماشہ ”میرے درد کو زبان ملے“ دکھایا گیا۔ ملتان میں ساحل کے رضا کاروں نے اپنی استعداد کار میں اضافے کے لئے ایک ورکشاپ منعقد کی۔ صنفی مطالعہ میں ماسٹر کی 2 طالبات نے ساحل کے رابطہ دفاتر لاہور میں 2 مہینے کی انٹرن شپ مکمل کی۔

18 اپریل، 2010 میں بچوں کے لئے قومی منصوبہ عمل کی منوٹر تھقید کے حوالے سے ایک مشاورتی میٹنگ ہوئی جس میں بچوں کے مسائل پر کام کرنے والے اداروں نے شرکت کی جس میں ساحل کے نمائندگان سمیت 57 افراد نے شرکت کی۔

رائس سیل پنجاب، پنجاب سوشل ویلفیئر ڈیپارٹمنٹ کی بچوں کے تحفظ پریکٹیکل کمیٹی اور سنٹرل پولیس آفس ہیومن رائس سیل شامل ہیں۔ ساحل نے مختلف اداروں کے ساتھ مل کر کام کیا ہے جن میں محکمہ تعلیم، سینٹ ہیومن رائٹس کمیٹی، وزارت تعلیم کا شعبہ نصاب، آرمی پبلک سکول سسٹم، بیت المال اور نیشنل ڈیزاسٹر ریجنٹ شامل ہیں۔

ناروے کے سفارتخانے کے وفد نے 29 اپریل، 2010 کو لاہور رابطہ دفتر کا دورہ کیا اور ساحل کی سرگرمیوں کا قریب سے مطالعہ کیا۔ اس دورے میں وفد کے ارکان کو ساحل کی خدمات سے فائدہ اٹھانے والے لوگوں سے بھی ملوایا گیا۔ روزانہ کی دعوت پر ساحل کے رابطہ دفتر سے لوگوں نے اس میں خصوصی طور پر شرکت کی۔

ریفرل یونٹ ایبٹ آباد:

ایبٹ آباد میں 10 پرائمری سکولوں کے اساتذہ کو ”میری حفاظت ٹریگ“ دی گئی۔ اسی طرح ”بچوں کے تحفظ“ کے عنوان پر ایبٹ آباد پولیس کے لئے ایک تربیت کا انعقاد کیا گیا۔

پاکستان بیت المال کے تحت چلنے والے ادارے ”سویٹ ہوم“ پر خصوصی سیشن کا انعقاد کیا گیا۔ انہی سرگرمیوں کو وسعت دیتے ہوئے سویٹ ہوم اور ماڈرن سکول سسٹم کے 100 طلباء، ایک تیلی ٹراشہ ”چھوٹی چھوٹی باتیں“ بھی دکھایا گیا۔

ریفرل یونٹ جعفر آباد:

نصیر آباد کے 14 سکولوں کے اساتذہ کے لئے ”میری حفاظت“ ٹریگنگ کا انعقاد کیا گیا۔

ریفرل یونٹ سکھر:

سکھر کے رابطہ دفتر نے خیر پور کے 10 پرائمری سکولوں کے لئے ایک ٹریگنگ ورکشاپ منعقد کی۔ ٹرانسپورٹ انڈسٹری پرائیجے آئی۔ وی ایڈز کے موضوع پر ہونے والی تحقیق کے سلسلے میں ٹرک ڈرائیوروں، اور ہوٹل کے مالکان کے لئے ایچ۔ آئی۔ وی ایڈز کے مسئلے پر ایک سیشن کا انعقاد کیا گیا۔

ریفرل یونٹ راولپنڈی:

ساحل جیل حکام کے تعاون سے اڈیالہ جیل راولپنڈی میں قیدی بچوں کی بحالی کے لئے 6 سال سے کوشاں ہے۔ اس پروگرام کے تحت ساحل بچوں کو مفت نفسیاتی مشاورت، بھیل کود کی سرگرمیوں اور مفت قانونی و طبی امداد مہیا کرتا ہے۔ 2010 میں ساحل کی طرف 23 قیدی بچوں کو مفت قانونی امداد دی گئی۔

حکومتی اداروں کے ساتھ باہمی روابط:

ساحل گورنمنٹ کی مختلف کمیٹیوں کا رکن ہے جن میں NCCWD کے تحت بچوں کے حقوق پریکٹیکل کمیٹی، چائلڈ کمپلیٹ آفس کی چائلڈ رائٹس میسرنگ کمیٹی، ہیومن



Meri Hifazat training at government primary school, Faisalabad



Meri Hifazat training at Liberal Arts School, Islamabad



TOT on Meri Hifazat at MRDO, Sukkur



TOT on Meri Hifazat at Caritas, Faisalabad



TOT on Meri Hifazat at CDF, Jaffarabad



Replication of Meri Hifazat by Caritas, Faisalabad



Replication of Meri Hifazat by NEEDS, Jaffarabad



Adolescent Health Training at SOS Sargodha



Adolescent Health Training at SOS Lahore



Adolescent Health Training at Army Public School, Rawalpindi



Reiki Healing session at Jeet Healing Centre, Islamabad



Orientation session of Sahil Volunteers, Swat



Syed Mumtaz Alam Gilani presented National Category Award to Ms. Sana Gul of Daily Khabrain



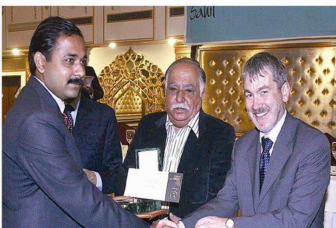
Syed Mumtaz Alam Gilani presented Regional Category Award to Mr. Mumtaz Bukhari of Daily Kaavish



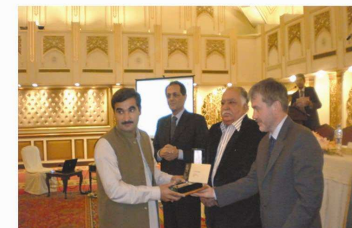
Syed Mumtaz Alam Gilani presented Local Category Award to a representative of Daily Leader



Mr. Rafullah Mandokhail, Zhob



Mr. Irfan Hussain Joyia, Bahawalpur



Mr. Zafar Ali Shah, Lower Dir



Ms. Manizah Bano presented Best Volunteer Award to Mr. Amjad Ali, Islamabad



Panelists at Capacity Building Workshop on Child Rights, Lahore



Child Rights and protection training at Plan Pakistan, Islamabad



Aflatoun Training at Plan Pakistan, Chakwal



Training on HIV & Aids at Plan Pakistan, Chakwal



Session on Indicators and effects of CSA at IOM Baku, Azerbaijan



Sahil Strategic Planning Meeting at Head Office, Islamabad



Press Briefing at Referral Unit Abbottabad



Networking Meeting, Referral Unit Jaffarabad



Orientation session on Malamaal game, RU Lahore



Meri Hifazat Training at Army Public School, Multan



Session on Child Sexual Abuse for Police Officers, RU Lahore



Session on Child Sexual Abuse for Police Officers, RU Lahore



Meeting with Sahil Volunteers, Multan



Consultation on National Plan of Action for Children, Lahore



Puppet show for Children at Lahore



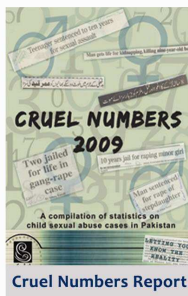
Police Training, Abbottabad



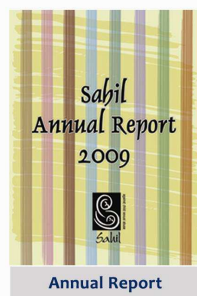
Prize distribution ceremony at Adiala Jail



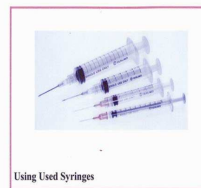
Sahil Magazines



Cruel Numbers Report



Annual Report



Using Used Syringes

Cards developed for HIV & Aids Training



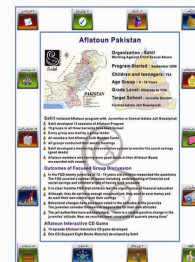
Cards developed for Growth and development training



Website www.sahil.org



New Year Card



Aflatoun Poster



Art Work by Juveniles

2

SYBAN
*Street Youth Information
&
Counseling Center*



A Project of Sahil



**In Collaboration with
ActionAid**

Sahil and Action Aid Pakistan signed an agreement for the execution of a project "SYBAN" for one year, from July 2010 to June 2011 in Lahore, Pakistan.

PROJECT GOAL

To empower and strengthen street youth through capacity building on their rights and support systems.

PROJECT OBJECTIVES

- ☀ To advocate and lobbying for the rights of street children with concerned authorities by mobilizing and organizing all stakeholders.
- ☀ To promote information and prevention of STI/HIV & AIDS among street children and youth, drug users and health issues of sex workers around Fort Road, Taxali Gate and Minar-e-Pakistan of Lahore.
- ☀ To provide psychological counseling & support services to emotionally vulnerable young people.

ESTABLISHMENT OF SYBAN (YOUTH CLUB)

A centre for the provision of information and services to street youth was established in Taxali Gate Lahore in July 2010. A core group of 9 peer educators will enable to motivate and organize street youth to be change agents in their communities.

SERVICES AVAILABLE AT SYBAN

- ☀ Capacity building of peer educators
- ☀ Provision of medical services for street youth
- ☀ Provide STI's/HIV & AIDS information and prevention to street youth
- ☀ Awareness on self protection
- ☀ Establishing referral systems
- ☀ Opportunities of vocational trainings
- ☀ Sports and games
- ☀ Networking with stakeholders

SAHIL ANNUAL REPORT 2010 | SYBAN

CAPACITY BUILDING OF PEER EDUCATORS

Capacity Building sessions were organized at SYBAN center on the following issues:

- ☀ Medical Emergency Response
- ☀ HIV/AIDS
- ☀ Hepatitis A & E
- ☀ Hepatitis B& C
- ☀ Life Skills Based Education (LSBE)
- ☀ Personal Hygiene
- ☀ Tuberculosis
- ☀ Diabetes
- ☀ Peer Education

ORIENTATION / CORNER MEETINGS FOR STREET YOUTH

The peer educators organized 27 orientation /corner meetings in their respective targets areas During these group activities SYBAN team disseminated the information on HIV/AIDS and STI's to 830 street youth. The target groups were scavengers, massagers, beggars, boys working at tea stalls, children of female sex workers, children and youth working at auto workshops, drivers, bus conductors, helpers and barbers.

PROVISION OF COUNSELING SERVICES

The psychologist provided counseling sessions to 25 street youth, discussing their different emotional and psychological issues, high risk behaviors, prevention measures from HIV/AIDS & STIs, effects of sexual abuse and exploitation.

PROVISION OF PRIMARY HEALTH CARE SERVICES

Medical doctor at SYBAN provided treatment to 128 street youth.

Street youth diagnosed with various illnesses that need regular medication are provided medication at the center.

Cases are also referred to MAYO Hospital for further testing and treatment as a part of a referral system.

MOBILIZATION AND ORGANIZATION OF STAKEHOLDERS TO SUPPORT STREET YOUTH

i) Formation and Capacity building of Community Support Groups

SYBAN team organized one day workshop for Community Support Group (CSGs) from all three target areas. A total of 26 participants including workshops owners, hotel owners, tea stall owners, drivers, and hawkers participated in the workshop.

The aim of this workshop was to emphasize the important role of Community Support Groups, so that they can be offered to play their vital role and ensure the mobilization, organization and protection of the street youth.

The taskforce/community support group that was formed in the meeting extended its support to advocate for the rights of street youth.

ii) Advocacy and Lobbying with stakeholders for the Rights of Street Youth:

SYBAN arranged a "Networking meeting with Stakeholders". The meeting was to develop coordination and collaboration between SYBAN and other NGOs as well as government line departments working on the issues of Street Children/ youth and HIV/AIDS.

The meeting was attended by 48 persons representing NGOs and government departments.

iii) Referral linkages with government and non government organizations

☀ SYBAN has a strong referral linkage with Punjab AIDS Control Program (PACP) to get technical support. PACP pledges to provide HIV/AIDS testing kits, condoms and new syringes to SYBAN.

☀ Child Protection and Welfare Bureau has extended its support to arrange camps at its site office at Lari Adda, Lahore to carry out awareness raising, counseling and testing facilities.

☀ Children Complaint Office, Punjab assured its full support to SYBAN.

☀ Global Vision Organization, Channan Development, Godh, Pakistan Red Crescent Society, Sheed are among few organizations working in the same target areas, collaborating with SYBAN and extended their full support in advocating and lobbying for the Child Protection Bill and implementation of Child Protection Policy and National Plan of Action for Children.

IEC MATERIAL PUBLICATIONS

To promote the rights of street youth the following efforts were made;

☀ Publication and dissemination of SYBAN brochures amongst the target audience.

LINKAGES WITH KEY GATE KEEPERS AT SYBAN TARGET AREAS

The key gate keepers of street youth of Red Light Area, Minar-e-Pakistan and Larri Adda such as small hotel owners, auto workshops owners, management of buses /coaches, management of Minar-e-Pakistan, tea stall owners, female sex workers, police officials and line departments have extended their support and facilitation to SYBAN team and peer educators in their activities with street youth.

LINKAGES BUILT WITH FEMALE YOUTH IN RED LIGHT AREA

Sahil signed a MOU with SHEED, a Community Based organization working in Red Light Area with Female Sex Workers . The objective is to provide information on Prevention of HIV/ AIDS and STIs to female youth group of Red Light Area.

Sahil, in consultation with SHEED, hired 2 Female Sex Workers as Female Peer Educators to disseminate information on HIV/AIDS as well as to distribute condoms.

Female peer educators provided information to 21 young female sex workers on prevention of HIV and AIDS. Whereas, one corner meeting with young female sex workers was also conducted, this was attended by 12 young female sex workers.

OUT REACH ACTIVITIES

i) Cricket Matches:

SYBAN arranged 6 cricket matches for Street Children/ Youth in which 72 Street Youth participated. All these matches were facilitated by Peer Educators of SYBAN.

ii) Sessions on Malamaal Game

Peer Educators conducted 5 Sessions of Malamaal games with Street Children/ Youth. These sessions were attended by 20 Street Children and Youth.

Usman Aslam, a former street youth has now become a very active PEER EDUCATOR of Syban. Before joining SYBAN, he used to live on the streets and was into substance abuse. Syban team provided him the medical and psychological treatment which helped and motivated him to work for other street youth. Now Usman is a "symbol of change" for fellow street youth.

PARTICIPATION OF SYBAN AT DIFFERENT FORUMS

i) Pakistan Day Celebrations

Global Vision Organization (GVO) organized Pakistan Independence Day Show at Azadi Chowk, Lahore. 40 gypsies and street children were the participants.

ii) Eid Milan Party

Global Vision Organization invited 60 child laborer of Badami Bagh area on EID MILAN party. The peer educators of SYBAN were also invited on the occasion.

خلاصہ : سائبان

سائل اور ایگنیشن ایڈ کے باہمی تعاون سے سائبان کے نام سے ایک پروجیکٹ

جولائی 2010 سے 2011 تک کے لئے سائن کیا گیا۔

اس پروگرام کا مقصد سٹریٹ چلڈرن کو ان کے حقوق سے آگاہی اور صلاحیتوں کو اجاگر کرنا ہے۔ پروگرام کا مقصد فنی تربیت، ذاتی حفاظتی اصولوں سے آگاہی، پسندیدہ

کھیلوں کے مواقع اور اداروں اور شہریوں کی آپس میں باہمی روابط کو مضبوط بنانا ہے۔ اس کے علاوہ بچوں کو فرسٹ ایڈ کی سہولیات، نفسیاتی مشاورت، ایچ۔آئی۔وی۔ایڈز اور جنسی بیماریوں کا علاج اور ان کے بارے میں معلومات فراہم کرنا ہے۔

اس مقصد کو عملی جامہ پہنانے کے لئے نو جوانوں کے کلب بنائے گئے، یوتھ کلب نے

پیئر ایجوکیٹرز کے ذریعے سٹریٹ چلڈرن کو تربیت دی کہ وہ کس طرح اپنی سوسائٹی میں تبدیلی کی علامت ثابت ہو سکتے ہیں۔ اور ان کے ساتھ ساتھ کلب کے لوگوں کو مختلف پنا

روہوں کے حوالے سے معلومات دی گئی۔ سائبان نے 27 مینٹنگز کے ذریعے 830

نو جوانوں میں معلومات فراہم کیں۔ جن میں چائے کے ہوٹل مالکان، ورکشاپس، حجام کی دوکان پر کام کرنے والے اور جنسی کاموں میں ملوث نو جوان تھے۔ یہ مینٹنگز بینار

پاکستان، بس اڈہ کی انتظامیہ، ہوٹل اور ورکشاپ کے مالکان اور پولیس کے تعاون سے بینار پاکستان، لاری اڈہ اور کسالی گیٹ کے علاقوں میں منعقد کی گئی۔

ان مینٹنگز کے ساتھ ساتھ سٹریٹ چلڈرن کے لئے مال مال گیم اور کرکٹ میچز کا بھی انعقاد کیا گیا۔ اس کے ساتھ ساتھ ساحل نے شیڈ آرگنائزیشن کے ساتھ بھی ایک

یادداشت پر دستخط کیے جس کا مقصد نو جوانوں عورتوں کو ایچ۔آئی۔وی۔ایڈز کے بارے میں خبردار کرنا تھا۔

سائبان کے ڈاکٹروں نے 128 سٹریٹ چلڈرن کو نہ صرف میڈیکل کی

سہولیات فراہم کیں بلکہ انھیں نفسیاتی مشاورت بھی مہیا کی۔ اسی دوران ایک

ورکشاپ کا بھی انعقاد کیا گیا جس کا مقصد کردار سازی تھا۔ اس میں ورکشاپس، ہوٹلز کے مالکان اور ڈرائیور حضرات نے شرکت کی۔

سائبان نے اپنے پروگرام کو مزید مضبوط اور مربوط بنانے کے لئے مختلف آرگنائزیشنز سے بھی رابطے قائم کئے جن میں پنجاب ایڈز کنٹرول پروگرام پی۔اے۔سی۔پی،

چائلڈ پروٹیکشن اینڈ ویلفیئر بیورو، بچوں کی شکایت کا مرکز، گلوبل ویژن آرگنائزیشن اور ریڈ کریسنٹ شامل ہیں۔ اس کے علاوہ سائبان کے پیئر ایجوکیٹرز مختلف

آرگنائزیشن کی طرف سے سٹریٹ چلڈرن کے منعقدہ پروگرام 14 اگست اور عید ملن پارٹی میں بھی شریک رہے۔



Capacity Building sessions of Peer Educators



Orientation/ Corner meetings for Street Youth



Capacity Building Sessions of Community Support Group, Lahore



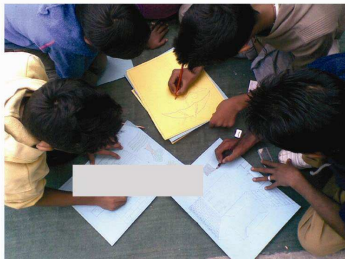
Networking Meeting with stakeholders, Lahore



Cricket Match organized by Syban



Session on Malamaal Game



Art Activity for the youth



Art Activity for the youth



SYBAN Website



SYBAN Brochure



SYBAN Newsletter



Sahil Staff Members 2010

3 Sahil

**Contributions to
Flood Affected Areas**

The flood of July 2010 is considered the worst in Pakistan's history affecting people of all four provinces and Azad Jammu & Kashmir region of Pakistan. More than two million flood victims have been displaced from their homes. Rehabilitation is a big challenge.

Sahil contributed to the flood victims through collecting funds from personal donations and contributions from Sahil's volunteers.

DISTRIBUTION OF FOOD ITEMS AND EID GIFTS

Sahil volunteers belonging to Lower Dir, Swabi, Dera Ghazi Khan and Khairpur Mirs including other organizations and individuals, distributed Eid gifts, and food items to approximately 500 families.

Medical aid was provided through medical camps in Charsadda, Lower Dir and Muzzafargarh.

SAHIL - CHILD PROTECTION BANNER

Sahil designed a special banner which presented child body protection messages to be displayed at IDPs camps.

Sahil displayed 9 banners in flood affected areas with the help of 8 volunteers in Swat, Swabi, Lower Dir, Dera Ghazi Khan, Mianwali, Jhal Magsi, Khairpur Mirs and Gilgit.

To facilitate the IDP's for any requirement of further information, the following organizations contact details were also written on the banner:

- 1- National Disaster Management Authority
- 2- Pakistan Pediatric Association
- 3- Idara Taleem-O-Agahi

SAHIL REFERRAL UNITS FLOOD RELIEF ACTIVITIES

Sukkur distributed food items among flood victims in coordination of Lawyer forums & District Bar Association, Sukkur.

Sahil psychologist conducted 6 psycho social support sessions with 50 children in IDP camps. They also placed two banners with child protection messages in these camps.

Jaffarabad Referral Unit was badly affected by the floods and remained closed for one and a half month. However, later they organized a relief camp in Dera Allah Yar.

Sahil counselor providing psychological support to a case referred by Save the Children Alliance.

Har Bacha Mehfooz

A 6 year old boy was separated from his family during the flood in Jaffarabad. The child was wandering on the streets in search of his family.

Sahil lawyer came across the child on a street and brought him to Referral Unit, Jaffarabad. Announcements were made in mosques in search of his parents.

After hearing the announcements, the parents of the missing child contacted Sahil Referral Unit and reunited with their son.

The parents were thankful to the staff of Referral Unit for their help and support.

Sahil received 13 letters of appeal for relief goods for flood affected areas of Pakistan. Sahil forwarded these requests to National Disaster Management Authority (NDMA), Islamabad for necessary actions.

Response was received on one case from NDMA referring the case to PDMA - KPK, who have further referred it to DCO Nowshera.

خلاصہ: سیلاب زدہ علاقوں میں ساحل کی خدمات

۲۰۱۰ کے سیلاب نے تمام پاکستان کے صوبوں میں ایک ناگہانی آفت کی صورت میں تباہی مچائی۔ جس سے دو ملین سے زیادہ لوگ بری طرح متاثر ہوئے۔ ان کی دوبارہ آباد کاری بہت ہی مشکل مرحلہ تھا۔ ساحل نے اپنے سٹاف اور رضا کاران کی معاونت سے متاثرین سیلاب کی مدد کی۔

عید کے تخائف اور خوراک کی تقسیم ساحل کے رضا کاران جن کا تعلق ضلع لوئر دیر، صوابی، ڈیرہ غازی خان، اور خیبر پور میرس اور دیگر علاقوں سے تھا، نے ذاتی طور پر اور مختلف اداروں کے ساتھ مل کر سیلاب زدگان میں خوراک اور عید کے تخائف تقسیم کئے۔ سیلاب زدگان کے لئے فری میڈیکل کیمپ چار سہ، دیرلوئر اور مظفر گڑھ میں لگائے گئے۔

بچوں کی حفاظت سے متعلق بینر ساحل نے سیلاب سے متاثرہ بچوں کی حفاظت سے متعلق پیغام پڑنی ایک بینر بنایا۔ یہ بینر نواضیہ جن میں، دیرلوئر، صوابی، ڈیرہ غازی خان، میاں والی، جھل گسی، خیبر پور میرس، مظفر گڑھ، سوات اور گلگت میں آٹھ رضا کاران کی مدد سے آویزاں کئے گئے۔ سیلاب سے متاثرہ افراد کو مزید معلومات اور رابطہ کے لئے مندرجہ ذیل اداروں کے رابطہ نمبر درج کئے گئے۔ نیشنل ڈیزاسٹر مینجمنٹ اتھارٹی، پاکستان پیڈرائٹک ایسوسی ایشن، ادارہ تعلیم آگاہی۔

ساحل ریفرل یونٹس کی سیلاب زدگان کے لئے سرگرمیاں سکھرنے و کلائم فورم اور ڈسٹرکٹ بارکونسل کے تعاون سے سیلاب زدگان میں امداد تقسیم کی۔ ساکالوجسٹ نے چھ نفسیاتی مشاورت کے سیشن کے دوران بچاس متاثرہ بچوں کو مشاورت فراہم کی۔ جمعہ آباد ریفرل یونٹ نے ریلیف کیمپ لگایا۔ ساحل ہیڈ آفس کو سیلاب زدگان کی طرف سے ۱۳ درخواستیں موصول ہوئیں۔ ساحل نے وہ تمام درخواستیں نیشنل ڈیزاسٹر مینجمنٹ اتھارٹی اسلام آباد کو مزید کارروائی کے لئے بھیج دیں۔ نیشنل ڈیزاسٹر مینجمنٹ اتھارٹی اسلام آباد سے ایک خط کا جواب صوابی ڈیزاسٹر مینجمنٹ اتھارٹی خیبر بختون خواہ کے حوالے سے موصول ہوا۔ جو مزید کارروائی کے لئے ڈی سی او نوشہرہ کو بھیج دیا گیا۔

4

CHINH PAKISTAN

The CHINH Pakistan logo is a pictographic script of indus civilization in 2500 BCE



&

AFLATOUN



CHINH PAKISTAN

BACKGROUND

CHINH PAKISTAN has been established on the pattern of CHINH INDIA, which was initiated by Meenakshi Vinay Rai in Delhi. A children's jury judges films and gives awards. The symbol of Chinh Pakistan is a pictographic script of Indus civilization.

Sahil participated in CHINH INDIA film festival in 2009, Sahil was requested to nominate a student from Pakistan who was selected as a member of the international children jury for CHINH INDIA.

CHINH PAKISTAN MOVES FORWARD

Sahil invited school children to participate as jury members under CHINH PAKISTAN.

Sahil has shown 15 short animations/movies to 400 school children, including Sahil animations on body protection, and received their responses through rating sheets to select the best film.

FILM RATING SHEET		
Film Name: Driver Animation	Class / Section: 2 __	Date: 22 nd Oct, 2010
1. NOT GOOD <input type="checkbox"/>	2. GOOD <input type="checkbox"/>	3. EXCELLENT <input type="checkbox"/>

Rating sheet given to students

The CHINH PAKISTAN TEAM members who conduct the proceedings consisted of children from 3 different schools. The members were between 14- 16 years of age.

TOTAL MOVIE SESSIONS

Sahil conducted CHINH PAKISTAN's movie sessions for viewing of films for the students of Head Start School, elementary branch in F- 6 Islamabad. The team conducted one session each for 14 sections of class two, three, four and five.

PROCEDURE

These sessions took place in the auditorium of the school. Each session began with the introduction of CHINH PAKISTAN'S team, CHINH concept and the

procedure for viewing the films to the students. Children from each class were shown 3 animations/ short films. Each student was provided with a rating sheet immediately after the animation/ movie ended. Their views were recorded on video camera.

CHINH PAKISTAN'S OWN CREATIVE PRODUCTIONS

CHINH PAKISTAN team also created productions on their own. The seven team members were divided into two teams. Each team developed a short animated film one on poverty, and the other on bullying. This was done under the guidance of a free technical support provided by White Rice Communications and Sahil. The students were from Beacon House, Head Start and Lahore Grammar School.

These films were shown in CHINH-India festival in November, 2010. The film on 'Bullying' won the CHINH Film Festival Award 2010.

Based on this experience, the Beacon House Students have established a Beacon House Community Service Group. They have presented Sahil with a memento for giving them this opportunity to understand social issues.

AFLATOUN-CHILD SOCIAL AND FINANCIAL EDUCATION PROGRAM

Sahil has developed support material manual for Aflatoun CD game.

Aflatoun 14 episode CD has also been played in jail with the juveniles.

Sahil participated in Aflatoun-Asia regional meeting at Bangkok. Aflatoun songs CD have been distributed to Aflatoun members in Nepal and Aflatoun secretariat.

خلاصہ: CHINH پاکستان اور افلاطون پروگرام

CHINH پاکستان

ساحل نے 2009 میں Chinh انڈیا فلم فیسٹول میں شرکت کی جس میں بچوں پر مشتمل چوری نے فلموں کا انتخاب کر کے انہیں ایوارڈ سے نوازا۔ منتظمین کی درخواست پر ساحل نے بھی پاکستان سے بچوں کا انتخاب کر کے انہیں مذکورہ فلم فیسٹول میں بھیجا۔ جنہوں نے وہاں ججز کا کردار ادا کیا۔

ساحل نے Chinh انڈیا کی طرز پر Chinh پاکستان کا انعقاد کروایا جس میں مختلف سکولوں کے بچوں کو مدعو کیا گیا تاکہ وہ بچوں کے لئے بننے والی کارٹون فلموں کا جائزہ لے سکیں۔ اس پروگرام کے تحت مختلف سکولوں کے 400 بچوں نے 15 مختصر کارٹون فلموں بشمول بچوں کی حفاظت پر ساحل کی تیار کردہ فلموں کا جائزہ لیا۔

ساحل نے ہیڈ سٹارٹ سکول (ایلیمنٹری برانچ) کے طلباء و طالبات کے ساتھ جماعت دوم سے پانچویں تک کے تمام 14 سیکشنز کے سیشن منعقد کئے۔ تمام سیشن ہیڈ سٹارٹ سکول کے آڈیٹوریم میں منعقد ہوئے۔ ہر سیشن کے آغاز کو مختصر دورانیے کی تین فلمیں دکھائی گئیں۔ انہیں ایک شیٹ بھی دی گئی جس پر انہوں نے ہر فلم کے فوری بعد اس فلم کی درجہ بندی کی۔ فلم کے بارے میں ان بچوں کے تاثرات کی عکس بندی بھی کی گئی۔

سات بچوں پر مشتمل Chinh پاکستان کی ٹیم نے بھی خود کو دو حصوں میں تقسیم کر کے اس تخلیقی عمل میں حصہ لیا۔ انہوں نے غربت اور بچوں کو تنگ کرنے جیسے موضوعات پر مختصراً دورانیے کی فلمیں ساحل اور وائس رائس کی تکنیکی معاونت سے بنا کر مقابلے کے لئے پیش کیا۔

ان فلموں کو نومبر 2010ء میں منعقد ہونے والے Chinh انڈیا فلم فیسٹول میں پیش کیا گیا۔ جہاں بچوں کو تنگ کرنے کے موضوع پر فلم ”Bullying“ نے 2010ء کا Chinh فلم فیسٹول ایوارڈ جیتا۔

اس تجربے سے متاثر ہو کر بیکن ہاؤس کے طلباء و طالبات نے ایک کمیونٹی سروس گروپ بنایا۔ ان بچوں نے ساحل کو ایک یادگاری شیلڈ بھی پیش کی کہ جس کی وجہ سے انہیں سماجی مسا کئل کو سمجھنے میں مدد ملی۔

افلاطون بچوں کا سماجی، معاشی تعلیم کا پروگرام

ساحل نے افلاطون 14 اقساط پر مشتمل افلاطون سی۔ ڈی گیم کے لئے امدادی مواد بنایا۔ یہ گیم اڈیا لہ جیل میں قید بچوں کے ساتھ کھیلی۔

ساحل نے بیٹاک میں منعقدہ افلاطون، ایشیا رینجیل میٹنگ میں شرکت کی۔ اس کے علاوہ نیپال میں موجود افلاطون ممبرز اور افلاطون سیکرٹریٹ کو افلاطون کے گانوں پر مشتمل سی۔ ڈی بھی ارسال کی گئی۔



Children watching the movie



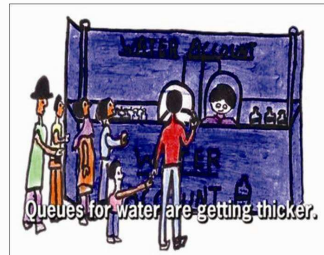
Animation "The Drop" with the most votes - Class 2



Animation "The Bunny" with the most votes - Class 3



Animation "Basket Bronx" with the most votes - Class 4



Animation "Water Please" with the most votes - Class 5



CHINH PAKISTAN team attending workshop on Movie making techniques



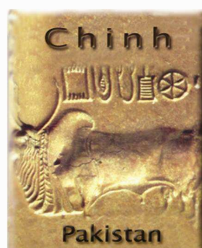
Movie "Witnessing Bullying" made by CHINH PAKISTAN team



Movie "The Race Against Poverty" made by CHINH PAKISTAN team



Aflatoun Asia Regional Meeting, Bangkok



The logo is a pictographic script from the Indus Civilization

5 Sahil

Motivators

Sahil achievements are contributing towards Sahil's vision. Massive dissemination of media related publications has provided awareness country wide. Increase in number of schools receiving trainings is contributing in child protection. Professional volunteers are now able to contribute in providing services in their areas. Trainings in youth clubs and increased internees at Sahil reflect their involvement and will to support and promote Sahil within their peer groups. Sahil's national and international memberships and collaboration at forums and organizations brings recognition of the issue.

Following are some of the indicators that motivate Sahil to work against CSA.

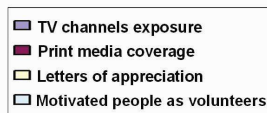
MEDIA EXPOSURES OF SAHIL

TV channels like Dawn, PTV, ATV, Aaj, Geo, CNBC, TV1, ARY invited resource persons and telecasted Sahil's activities 25 times in 2010.

National, regional and local newspapers of Pakistan like Express, Jang, Dawn, The News, Kaavish, Jinnah, Ausaf etc gave media coverage and published Sahil's activities 119 times.

Sahil has received 50 letters in appreciation of its program activities in 2010. After reading Sahil magazines 32 people requested to become Sahil volunteers.

Media exposures of Sahil services



REQUESTS RECEIVED TO SAHIL FOR PROGRAM INTERVENTIONS

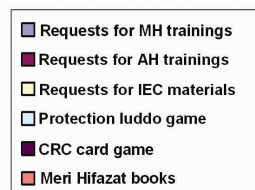
In addition to Sahil MH and AH trainings in 1,072 schools, a further 25 requests for trainings have been received.

Aside from the distribution of 20495 Sahil IEC materials, 50 more requests for Sahil magazines and animations have also been received.

Sahil Protection luddo game and CRC card game were very much appreciated and following organizations purchased to include these games into their program activities.

- ✦ Plan Pakistan
- ✦ SACHET
- ✦ Dost Welfare Foundation
- ✦ SYBAN

Requests for Sahil program interventions 2010

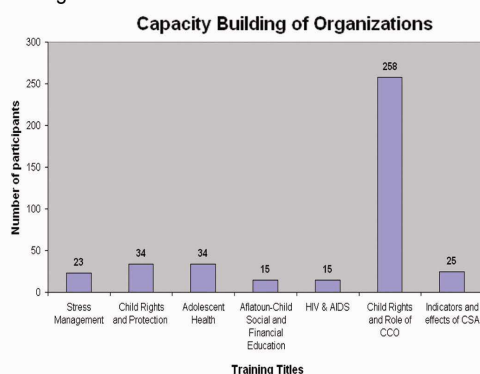


CAPACITY BUILDING OF ORGANIZATIONS

Sahil provided trainings to the staff members of following 4 organizations in 2010:

- ☀ NRSP
- ☀ Plan Pakistan
- ☀ Children Complaint Office
- ☀ IOM, Baku

The commitment to child protection of these organizations is obvious as they fully sponsored these trainings.



SAHIL ANIMATIONS IN INDIA

Ms. Rashmi from the **Nielsen Company** in **Banglore** has shown Sahil animations to corporate sector, in an awareness generating session on CSA in their company. They are planning to show these animations to Wipro Consumer Care and Lighting, Tata Global Beverages, SAB Miller, 3M and Britannia in India. Sahil animations are also being translated from Urdu language to Kannada/English.

ARPAN an organization in **India** requested for Sahil's animations, Yeh Hamara Kal Hain, and Meray Khawab Raiza Raiza.

TAKING THE MESSAGE FORWARD BY VOLUNTEERS

Apart from the volunteer's contributions to Sahil's objectives following are special efforts made by two volunteers:

Awareness on child protection is now being disseminated at tehsil level through the effort of Sahil volunteer, **Mr. Ejaz Iqbal** from Toba Tek Singh who is running a cable network "Valiant TV" with an estimated viewer ship of 0.5 Million. Sahil 13 animations and TV dramas "Mere Khawab Raiza Raiza" and "Yeh hamara Kal Hain" were telecasted for one month as a free public service.

Sahil volunteer **Mr. Syed Mohammad Ali Shah** Bukhari, from Sindh conducted a press briefing on Cruel Numbers statistics 2009. The news was covered by 7 newspapers namely:

Daily Jurrat Karachi, Roznama Aman Karachi, Daily Ummat Karachi, Roznama Islam Karachi, Daily Parcham Karachi, Daily Tameer-e-Sindh, Daily Pak Karachi, Daily Halchal Hyderabad, Daily Awami Forum Karachi.

SAHIL / GOVERNMENT COOPERATION

Sahil has memberships of following committees

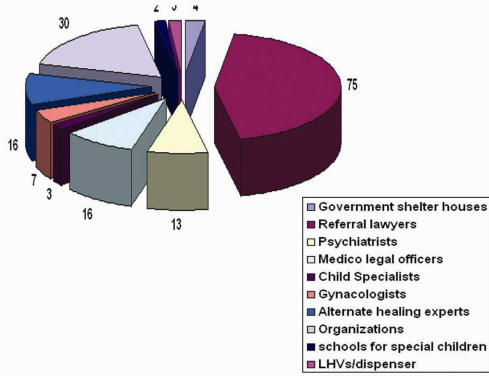
- ☀ Technical Committee on Child Rights, NCCWD
- ☀ Child Rights Steering Committee, Children Complaint Office
- ☀ Human Rights Cell, Punjab
- ☀ Technical Committee on Child Protection, Punjab Social Welfare Department
- ☀ Human Rights Cell, Central Police Office, Punjab

SAHIL REFERRAL SYSTEM

Sahil expanded, across the country, its referral systems through 4 government shelter houses, 75 referral lawyers, 13 psychiatrists, 16 medico legal officers, 3 child Specialists, 7 gynecologists, 16 alternate healing experts, 30 organizations (referral for cases other than CSA), 2 schools for special children, and 3 LHVs/dispenser.

On the request for online referral for counseling from a female member of Australian Association of Social workers (MAASW) Link, a web link was created.

Sahil Referrals



SAHIL INTERNATIONAL REPRESENTATIONS

Tools for civil society organization accountability - Jordan: Sahil presented the certification process with PCP and its benefits at the workshop on "Tools for civil society organization accountability- Jordan". For the workshop, Sahil was recommended and sponsored by Future for Foundation, Lahore.

Aflatoun – Child Social and Financial Education, Asia regional Meeting at Bangkok was attended by Executive Director.

South Asia Initiative to End Violence against Children (SAIEVAC), Sahil Executive Director attended "Technical Meeting on Legal Reform Part I & II" in Nepal. Sahil is nominated for National Technical Committee member representation at regional level

ISPCAN accepted two research papers of Sahil for ISPCAN International Congress Honolulu, Hawaii One World, One Family and Many Cultures. The congress held on September 26-29, 2010 in Hawaii Sahil Executive Director presented the papers on:

- Hidden Divulge – public perception on CSA
- Trends in CSA- Five years Analysis of reported cases 2002-2006

SAHIL ANNUAL REPORT 2010 | SAHIL MOTIVATORS

A session on "Developing Country Professional Forum" and Master Class was also attended by the Executive Director.

خلاصہ: ساحل کے محرکات

ساحل کی کامیابیاں اس کے نظریے کو حاصل کرنے میں مدد کرتی ہیں۔ میڈیا سے متعلقہ مطبوعات نے ملک بھر میں آگاہی فراہم کی ہے۔ بچوں کی حفاظت پر ملک بھر میں ٹریننگز جاری ہیں۔ پروفیشنل رضا کار اپنا کردار ادا کر رہے ہیں۔ پوتھ کلب میں ٹریننگز سے انٹرنشپ کرنے والے نوجوانوں کی تعداد بڑھ رہی ہے۔ قومی اور بین الاقوامی مہر شپ اور دوسری تنظیموں کے ساتھ رابطے/شرکت داری نے ساحل کی شناخت کو مزید بڑھایا ہے۔ مندرجہ ذیل نکات نے ساحل کو بچوں کے جنسی تشدد کے خلاف کام کرنے کے لئے متحرک کر رکھا ہے:

☆ ٹی وی چینلز جیسے Dawn, PTV, ATV, Aaj, Geo, CNBC ARY نے ۲۵ مرتبہ ساحل کو مدعو کیا۔

☆ مختلف علاقائی اخبارات جیسے Express, Jang,

☆ Dawn, Ausaf, The News, Jinnah, Kaavish نے ۱۱۹ مرتبہ ساحل کے کام کو شائع کیا۔

☆ ۱۷۰۲ اسکولوں کو میری حفاظت اور نوجوانوں کی صحت سے متعلق تربیت دی گئی اور ۲۵ مزید اس کی درخواست کی۔ ساحل کے بچوں کے حقوق پر کارڈ گیم اور بچوں کے جسمانی تحفظ پر آگاہی کے لئے لٹو گیم کو دوسری تنظیموں نے خریدا۔

☆ بنگلور، انڈیا میں نیلسن کینی سے مس راشمی نے ساحل کی کارٹون animation کو بچوں کی حفاظت کی آگاہی کے لئے استعمال کیا۔ ایک تنظیم ARPAN نے ساحل کی animations حاصل کرنے کی درخواست کی۔

☆ تحصیل کی سطح پر رضا کار بچوں کی حفاظت کی آگاہی کے لئے خدمات سرانجام دیں۔

☆ ساحل نے ۲۰۱۰ میں چار تنظیموں کے سٹاف ممبرز کو ٹریننگ دی۔

☆ ساحل کی مہر شپ گورنمنٹ کے مختلف اداروں کے ساتھ ہے۔

☆ ساحل ملک بھر میں اپنی خدمات ریفورل سسٹم کے ذریعے پہنچا رہا ہے۔

☆ بین الاقوامی سطح پر بھی ساحل نے اپنے کام کو اجاگر کیا۔

6 Sahil Beneficiaries

Sahil Beneficiaries

Activity	Direct Beneficiaries
Training on Meri Hifazat	1699
TOT on Meri Hifazat	116
Replication of TOT	112
Training of organizations on Meri Hifazat	105
Training on Adolescent Health	554
Training of organizations on Adolescent Health	160
Follow up of Adolescent Health training	75
Training of Police department, Abbottabad	39
Training of Police department, Lahore	50
Sahil consultancies	404
Orientation sessions on CSA, RU Lahore	654
Puppet shows	249
Counseling services	100
Alternate healing services	116
Legal aid services	72
CFN and Best Volunteer Award ceremony	147
Press briefings	133
Consultation on National Plan of Action	57
Website visitors	33,491
Toll free helpline	923
Volunteers	827
Consult RC for research purposes	9
Volunteers orientation	41
Interns	11
Juveniles availed services	284
Counseling services for flood IDPs children	51
SYBAN project beneficiaries	933
Networking meeting, Jaffarabad	41
Stakeholders meeting at Lahore	19
Malamaal game orientation	91
Media campaign through SMS	200,000
Total	241,563

Publications for Information

Publications	Distribution
Insaaf Ki Dastak	177
Code of Ethics	249
Jeet Healing Centre Brochure	95
Trainers Brochure	1555
Referral Unit Brochure	829
Sahil Introductory Brochure	726
Bhaid CDs	585
CDs (Documentaries, dramas, Animations)	592
Ball Points	25
Luddo game	59
CRC Card game	59
Naqoosh-e-Sahil	2701
Meri Hifazat books	11623
Mashal-e-Sahil	788
Hidden Reality Unvelied	149
Drug abuse and CSA among street children	75
Trends in Media	44
Total	20331

7 Capacity Building Of Staff

IN-HOUSE TRAININGS

For the orientation of attended trainings 09 in-house training sessions were conducted by the Head office staff.

- ☀ HIV & AIDS counseling strategies for juveniles
- ☀ TOT – Men Engage
- ☀ Master Trainer – Aflatoun program
- ☀ Maalamal game
- ☀ Aflatoun CD game
- ☀ CHINH Introduction
- ☀ Orientation on multimedia
- ☀ Tools for civil society organization accountability, Jordan
- ☀ Child Protection in Emergency
- ☀ Orientation on IT, software/hardware and multimedia
- ☀ HIV and AIDS

RUs Team visited Head Office for 5 days capacity building program

- ☀ All Sahil staff meeting to review 2009 and planning of 2010
- ☀ Shared SPU proposal, CHINH India, Aflatoun CD, Maalamal game
- ☀ Program and financial report writing
- ☀ Separate meetings with each department at Head Office
- ☀ ED session with POCs on counseling techniques
- ☀ AASHA orientation
- ☀ Annual retreat and CFN ceremony

Support Staff

- ☀ Orientation on AASHA
- ☀ Orientation on Meri Hifazat Animations

MANAGEMENT

Training Workshops

- ☀ Aflatoun - Regional Meeting at Bangkok
- ☀ ISPCAN Congress Honolulu, Hawaii One World, One Family and Many Cultures

- ☀ South Asia Initiative to End Violence against Children (SAIEVAC) “Technical Meeting on Legal Reform Part 1” in Nepal
- ☀ Tools for Civil Society Organization Accountability-Jordan- sponsored by Foundation for the Future
- ☀ Understanding and treating autism and asperger syndrome by Children, Youth and Families Foundation, Islamabad

TRAINING DEPARTMENT

Training Workshops

- ☀ Training workshops on Disability arranged by Handicap International – Peshwar
- ☀ Child Protection in Emergencies by UNICEF

National Conference

- ☀ Training workshops on Disability arranged by Handicap International – Peshwar
- ☀ Child Protection in Emergencies by UNICEF

Seminars/meeting attended

21

MEDIA DEPARTMENT

Training Workshops

- ☀ Workshop on Child Labor by ILO and SDF
- ☀ Influence of religion on young people’s sexuality by UNFPA
- ☀ Consultation meeting of National Juvenile Justice System Network by SPARC
- ☀ Consultation on Peace education by PEAD

National Conference

- ☀ Ratification of CAT & ICCPR by Ministry of Human Rights
- ☀ Improving Institutional Mechanism for redresser of Children’s Complaints by Children Complaint Cell
- ☀ Regional Conference on “21st Century and policing in South Asia, Response towards
- ☀ Gender based violence: Challenges and Prospects by Rozan

Seminars/meeting attended

16

COUNSELING CENTRE

Training Workshops

- ☀ Youth Consultation Committee” by Family Planning Association of Pakistan (FPAP)
- ☀ Sexual and reproductive health by Rahnuma FPAP
- ☀ Protection of children and prevention of child abuse of Shifa College of Medicine
- ☀ Orientation Training Workshop by Child Protection & Welfare Bureau
- ☀ Art Therapy at United States Education Foundation in Pakistan
- ☀ Cognitive Behavior Therapy by Sahil, Islamabad
- ☀ Child protection sub cluster Workshop by UNICEF
- ☀ Political dialogue on participation of women in local government by National Commission on the Status of Women
- ☀ Cognitive Behavior Therapy by Pakistan Association of Cognitive Therapists
- ☀ Disability in child friendly spaces by Handicap International in Peshawar
- ☀ Understanding and treating autism and asperger syndrome by Children, Youth and Families Foundation

National Conference

- ☀ National Youth Conference of Plan Pakistan
- ☀ Research in Psychology: Indigenous and Cultural Context, by National Institute of Psychology, Quaid-e Azam University Islamabad

Seminars/meeting attended

12

LEGAL AID DEPARTMENT

National Conference

- ☀ Saving Local Democracy in Pakistan by Jeevay Pakistan
- ☀ Advocate for the ratification of 1951 UN Refugee Convention by SACH
- ☀ Civil Society Over Sight on Budgetary Processes: Challenges and Approaches by Action Aid
- ☀ Interfaith harmony and Rights of Minorities by Cavish Development Foundation

Seminars/meeting attended

20

RESOURCE CENTRE

Training Workshop

- ☀ Infant and young child nutrition in Emergencies by UNICEF Network
- ☀ New Independent Agency-“UN WOMEN” by UNIFAM
- ☀ Annual Akhter Hameed Khan Memorial lecture 2010 by Akhtar Hameed Khan Resource Centre

National Conference

- ☀ International Day of Rural Women by PODA at Lok Virsa, Islamabad
- ☀ Impact of Floods and implications for children: the way forward by SPARC
- ☀ Moving from disasters to development by Strengthening Participatory Organization

Seminars/meeting attended

3

INFORMATION TECHNOLOGY DEPARTMENT

Training Workshops

- ☀ Awareness sessions on the new laws against sexual harassment by Mehragarh

- ☀ Role of ICTs for Development, Agha Khan Foundation

Seminars/meetings attended

35

Seminars/meeting attended

3

REFERRAL UNITS

Training Workshop

- ☀ Smart Chart by Rozan, Lahore
- ☀ Women Rights and raising her Voice by Aurat Foundation, Islamabad
- ☀ Project Implementation and Monitoring by GAVI & Ministry of Health in Collaboration with UNICEF
- ☀ Art Therapy by United States Educational Foundation in Pakistan, Islamabad
- ☀ Child Rights by Children Complaint Office (Wafaqi Mohtsib)
- ☀ Human Trafficking & Smuggling by International Organization for Migration (IOM), Azerbaijan
- ☀ Workshop by Pirbhat and GDN
- ☀ Establishing referral mechanisms by Save the Children, Shikar pur
- ☀ Sexual and Reproductive Human Rights by SCOPE, Jaffarabad
- ☀ Strengthening the response towards universal access for children and families affected by HIV & AIDS, UNICEF, Lahore
- ☀ Sexual Violence, Obstacles to justice & a search for solution" by War and Equality Now, Lahore
- ☀ Child Abuse workshop by Pahchaan, Lahore

National Conference

- ☀ The Future belongs to you "Children Speak out on women and Minority Rights, peace and Democracy by ASR
- ☀ Risks & Dividends of Youth Bulge in Pakistan Bargad in collaboration with UNFPA National Child Rights Conference, Lahore



Ms. Manizeh Bano, Executive Director at Aflatoun Regional Meeting, Bangkok



Ms. Manizeh Bano, Executive Director at workshop on Tools for Civil Society Organization Accountability - Jordan



Ms. Shabana Soomro, Program Officer Counseling at Women Rights and raising her Voice by Aurat Foundation, Islamabad



8 **Financial Audit**

AUDITORS' REPORT TO THE BOARD OF DIRECTORS

We have audited the annexed balance sheet of **SAHIL** as at 30 June 2010 and the related income and expenditure account together with the notes forming part thereof (here-in-after referred to as the financial statements) for the year then ended.

It is the responsibility of the management to establish and maintain a system of internal control and prepare and present the statements in conformity with the approved accounting standards as applicable in Pakistan. Our responsibility is to express an opinion on these statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting policies used and significant estimates made by management, as well as, evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements present fairly in all material respects the financial position of **SAHIL** as at 30 June 2010 and of its surplus for the year then ended in accordance with the approved accounting standards as applicable in Pakistan.

RIAZ AHMAD & COMPANY
Chartered Accountants

Atif Bin Arshad
Atif Bin Arshad

Date: 06 DEC 2010

ISLAMABAD

SAHIL
BALANCE SHEET AS AT 30 JUNE 2010

	NOTE	2010 Rupees	2009 Rupees
ASSETS			
NON CURRENT ASSETS			
Property and equipment	4	7,589,334	8,435,861
Long term security deposits	5	213,000	24,000
		<u>7,802,334</u>	<u>8,459,861</u>
CURRENT ASSETS			
Advances-considered good		121,569	115,479
Security deposits and prepayments	6	313,668	305,051
Other receivables		91,525	121,919
Short term investments-held to maturity	7	5,000,000	2,500,000
Advance tax receivable		62,159	51,869
Cash and bank balances	8	2,549,674	4,264,426
		<u>8,138,595</u>	<u>7,358,744</u>
TOTAL ASSETS		<u><u>15,940,929</u></u>	<u><u>15,818,605</u></u>
FUNDS AND LIABILITIES			
FUNDS			
Unrestricted funds	9	10,086,832	9,352,945
Norwegian Embassy grants-restricted funds	10	3,437,915	3,843,561
GD SANJOG project funds-restricted funds	11	14,110	14,110
		<u>13,538,857</u>	<u>13,210,616</u>
NON - CURRENT LIABILITIES			
Deferred credit	12	1,816,911	2,169,556
CURRENT LIABILITIES			
Accrued and other liabilities	13	585,161	438,433
TOTAL LIABILITIES		<u>2,402,072</u>	<u>2,607,989</u>
CONTINGENCIES AND COMMITMENTS			
TOTAL FUNDS AND LIABILITIES		<u><u>15,940,929</u></u>	<u><u>15,818,605</u></u>

The annexed notes form an integral part of these financial statements.


DIRECTOR

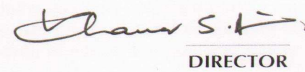

DIRECTOR

SAHIL
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 JUNE 2010

		Unrestricted Funds	Restricted Funds	2010 Total Funds	2009 Total Funds	
NOTE		-----Rupees-----				
INCOME						
	Grants and voluntary contributions	14	436,750	24,910,601	25,347,351	18,614,045
	Amortisation of deferred grants	12	352,645		352,645	182,188
	Other income	15	2,282,981	-	2,282,981	3,125,902
			3,072,376	24,910,601	27,982,977	21,922,135
EXPENDITURE						
	Direct programme cost	16	645,195	25,316,247	25,961,442	23,155,597
	Programme support cost	17	787,537	-	787,537	1,110,962
	Depreciation	4	905,757	-	905,757	991,299
			2,338,489	25,316,247	27,654,736	25,257,858
	SURPLUS / (DEFICIT) FOR THE YEAR		<u>733,887</u>	<u>(405,646)</u>	<u>328,241</u>	<u>(3,335,723)</u>

The annexed notes form an integral part of these financial statements.


 DIRECTOR


 DIRECTOR

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