



Sahil

Annual Report

2017

Har bacha mehfooz... safe, secure and protected



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ABOUT SAHIL

Sahil Vision:

Har Bacha Mehfooz.....safe, secure and protected

Sahil Mission:

To develop a protective environment for children free from all forms of violence especially child sexual abuse.

EXPERIENCE AND EXPERTISE IN CHILD PROTECTION:

Sahil is a Non-Profit Organization which has been working on child protection since 1996, especially against child sexual abuse and exploitation.

Our work includes: capacity building of teachers, parents, communities, civil society organizations; law enforcing agencies and government departments; free legal aid and counseling services for victims of violence; advocacy, research and publications; a help-line and website.

TO DATE:

71,024

Orientation of Community members

Shared Child protection Messages In 13 Districts Reaching

1.15 Million Community Members

29,368

Primary school teachers trained

Shared Child protection Messages with

587,064 Children

7,184

Secondary school teachers trained

Shared protection Messages with

418,951 Students

193

Citizen community board members trained

Shared Child protection Messages In 6 Cities

2,893 AND 1,665 Adults Children

875 Cases

Provided Free Legal Aid

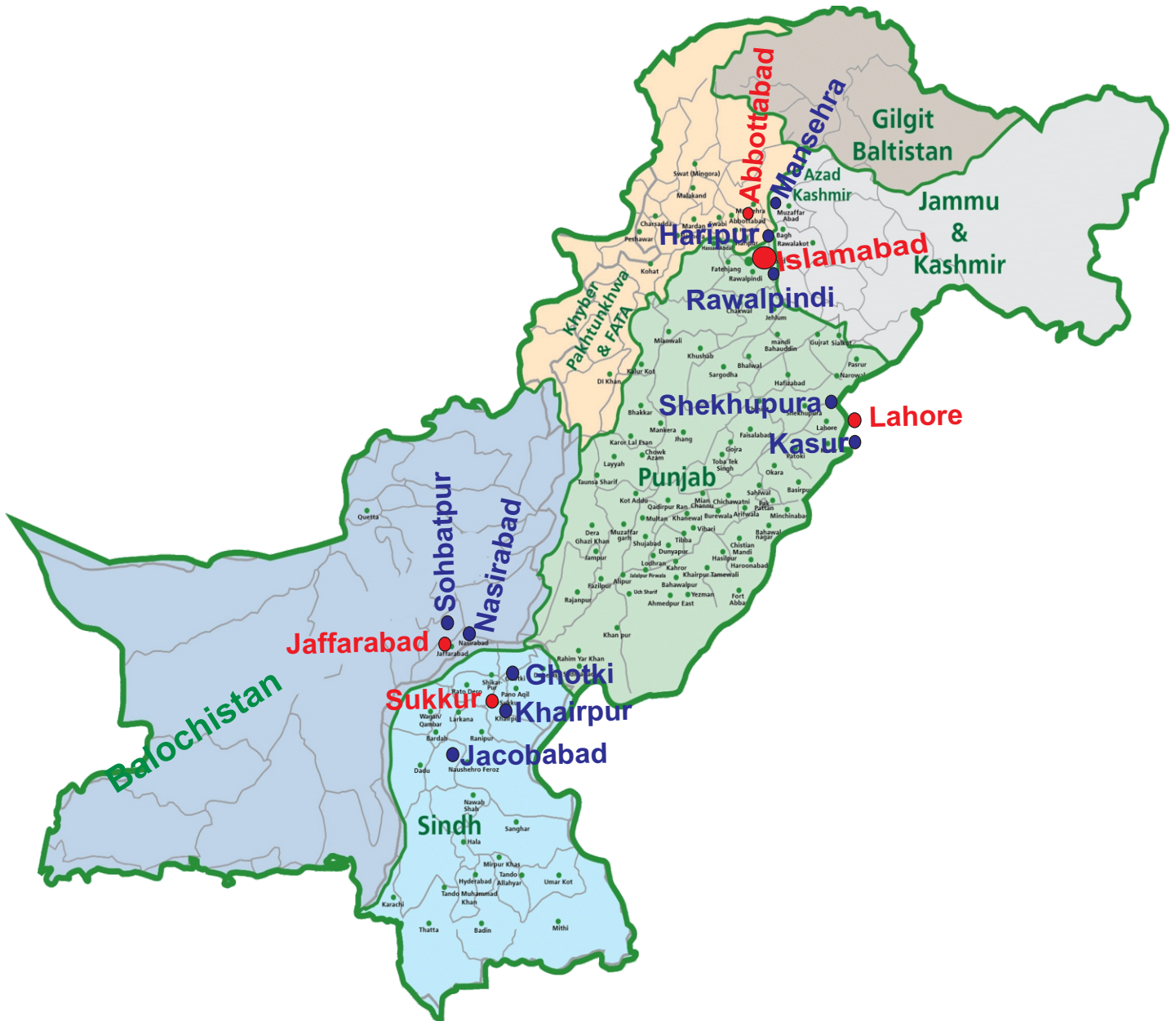
645 Clients

Provided Free Counseling

1.5 million people have been informed of United Nations Convention on the Rights of the Child(UNCRC)

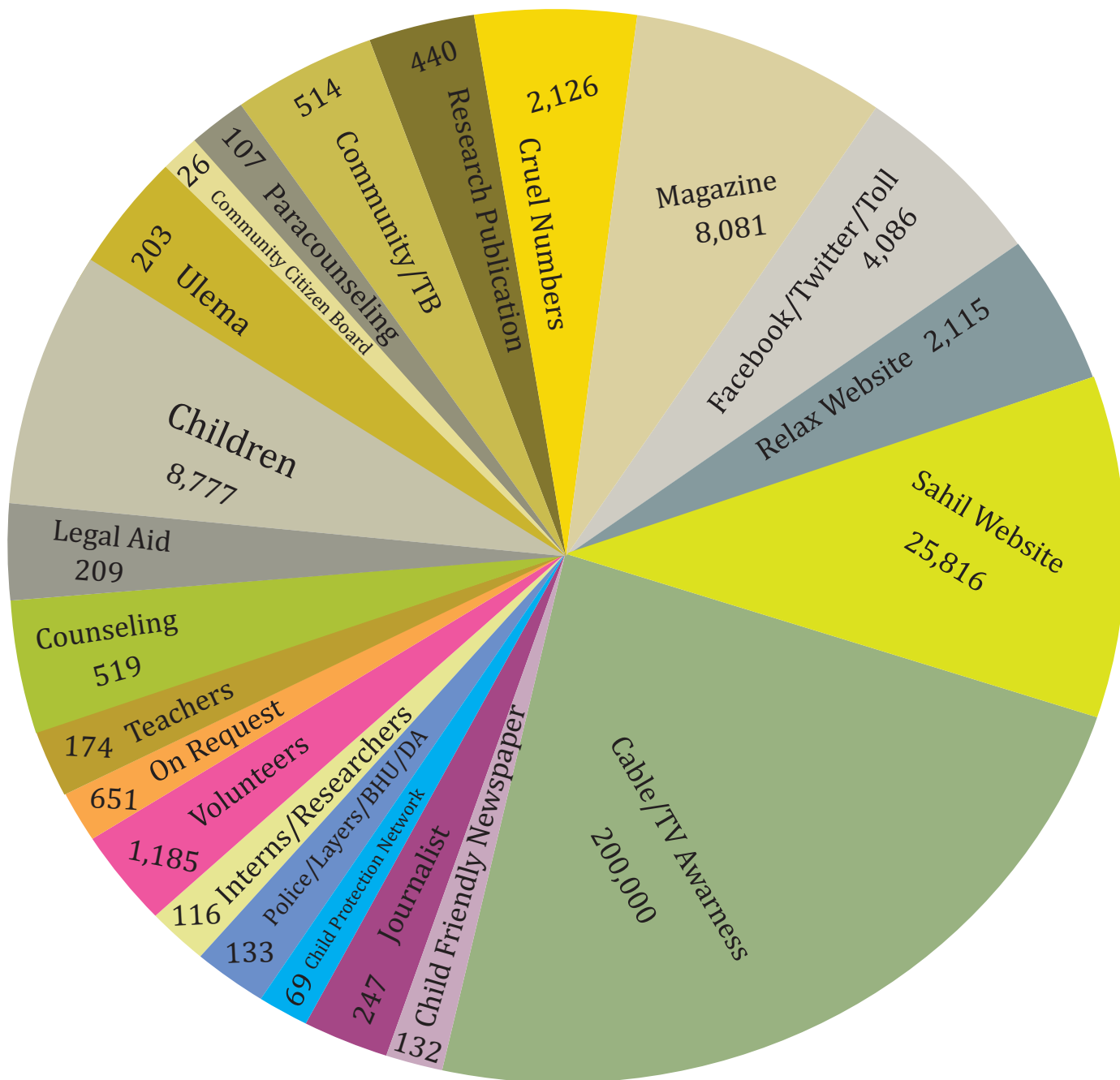
GEOGRAPHICAL PRESENCE

- SAHIL-OFFICES
- SAHIL-PROJECT DISTRICTS
- SAHIL-AWARENESS RAISING IN DISTRICTS



PROGRAM PARTICIPANTS 2017

TV/Cable viewership 200,000
 Program Participants 46,112



CHAIRMAN'S STATEMENT

Recent revelations in the global media have propelled the prevailing abuse of women and children to the forefront of world attention. At about the same time the media in Pakistan was deluged with new cases of child sexual abuse emerging almost daily.

Newspapers and the electronic media became overwhelmed by reported cases of child abuse. They turned to Sahil for support in adding the dynamics of Child Sexual Abuse granularity to their reports and debates. Sahil played a prominent role in these discussions providing data on causes and trends of child abuse across Pakistan, and, advice on the measures that need to be taken by government and civil society to reverse such trends.



It is high time we dispelled the myth that child abuse is someone else's problem. The country needs to take ownership of a national action plan which reverses the alarming trends of child abuse. I am happy to report, that at a recent meeting of the board, Sahil agreed to play a leading role in engaging with the Government and partners from civil society to draw up such a plan.

In line with its plan, the Board and Senior Managers completed their training on corporate governance. Immediately afterwards the Board decided to review and more closely align on the strategic priorities for Sahil during 2018.

On behalf of the Board, I would like to thank all the staff, volunteers and partners of Sahil for their courage and bravado in stepping up, responding to any challenge before them, and for their continuous hard work.

A big thank you to The Royal Norwegian Embassy and Canadian High Commission for their support in 2017.

A handwritten signature in black ink, appearing to read 'Khawar S. Ansari'. The signature is fluid and cursive.

KHAWAR ANSARI
BOARD CHAIR

چیرمین کا پیغام

عالمی میڈیا کے حالیہ انکشافات نے عورتوں اور بچوں پر ہونے والے تشدد کو دنیا کے توجہ کا مرکز بنا دیا ہے۔ ساتھ ہی ساتھ پاکستانی میڈیا پر بچوں پر ہونے والے جنسی تشدد کے واقعات کی بھرمار ہے۔

اخبارات اور الیکٹرونک میڈیا پر بچوں پر تشدد کے واقعات بہت زیادہ رپوٹ ہو رہے ہیں۔ اپنی رپوٹس اور بحث مباحثہ میں بچوں کے تشدد کے مختلف پہلوں پر روشنی ڈالنے کے لیے میڈیا نے ساحل سے رجوع کیا۔ ساحل نے اعداد و شمار اور بچوں پر تشدد کے رجحانات اور اسکی روک تھام کے لیے حکومت اور سماجی اداروں کے کردار کو اجاگر کرنے میں نمایاں کردار ادا کیا۔

اس وقت ملک کو ضرورت ہے کہ وہ ایک قومی لائحے عمل کو اپنائے جو بچوں پر ہونے والے تشدد کے خطرناک رجحانات کو ختم کر دے۔

مجھے یہ لکھتے ہوئے خوشی محسوس ہو رہی ہے کہ ساحل بودڈ کی حالیہ مینٹنگ میں حکومت اور سول سوسائٹی کے شراکت داروں کو اس طرح کی منصوبہ بندی میں شامل کرنے کے لیے اہم کردار ادا کرنے پر اتفاق کیا گیا ہے۔

اس منصوبے کو عملی جامہ پہنانے کے لیے بودڈ اور سینئر مینجرز کو کارپوریٹ گورننس کی تربیت دی گئی۔ اس کے بعد بودڈ نے سال 2018 میں ساحل کی ترجیحات کی حکمت عملی پر نظر ثانی کے لیے لائحے عمل کا تعین کیا۔

میں ساحل بودڈ کی جانب سے تمام سٹاف، والنٹیرز اور شراکت داروں کی ہمت اور بہادری کا شکریہ ادا کرنا چاہوں گا، جنہوں نے مسلسل جدوجہد کی اور اپنے سامنے آنے والے ہر امتحان کا سامنا کیا۔

ہم ناروے کی ایبیسی اور کنیڈین ہائی کمیشن کے بھی مشکور ہیں جنہوں نے بچوں کے تحفظ کے لیے سال 2017 میں ہماری مالی معاونت کی۔

خاور انصاری

بورڈ چیرمین

FOREWORD

The year 2017 has been a tumultuous one with a plethora of reported cases of child sexual abuse and murder. Kasur, was once again in the limelight due to 7 cases of little girls being abused and murdered, approximately within a two and a half kilometer range, with Zainab's case in January 2018, bringing the issue to a climax.

These tragic incidents have been a wake-up call for everyone!

Sahil publication of data of newspaper reported child abuse cases "Cruel Numbers" was the only data available. This data was highlighted in most of the print and electronic media. The need for information on the extent of the issue helped to put a focus on what needs to be done.

Sahil's awareness program with teachers, parents and all other adults around children has always been the first step in addressing abuse of children. Especially important is the understanding of the effects of abuse, and then recognizing signs that their children may be in distress.

The second step Sahil takes is to inform children of different situations that may expose them to danger of abuse. children are then more conscious of their surroundings and interaction with others thus being able to protect themselves.

The third important support that is required is that if a case of abuse is reported, legal aid is available. Sahil therefore continues to provide free legal aid to victims of child sexual abuse, of child marriages. and women victims of violence.

Sahil vision of HAR BACHA MAHFOOZ, safe secure and protected will be accomplished when all the steps for protecting children will have been institutionalized through government ownership of a complete child protection system.

All the work that Sahil does is generously supported by the Royal Norwegian Embassy. A thank you also to the Canadian Fund for local Initiative (CFLI) , Canada for 2017.



A handwritten signature in black ink that reads "Manizeh Bano". The signature is written in a cursive style.

DR. MANIZEH BANO
EXECUTIVE DIRECTOR

سال 2017ء بچوں پر جنسی تشدد کے بڑی تعداد میں رپورٹ ہونے والے واقعات کے ساتھ ایک پر آشوب سال رہا۔ سات بچوں کو جنسی زیادتی کے بعد قتل کئے جانے کی وجہ سے قصور شہر ایک بار پھر خبروں کی زد میں رہا۔ تقریباً دو ڈھائی کلومیٹر کے احاطے میں یہ واقعات پیش آتے رہے مگر جنوری 2018ء میں پیش آنے والے زینب کے واقعے نے دیگر تمام واقعات کو بھی منظر عام پر لایا۔

یہ اندوہناک واقعہ مزید ایسے واقعات سے بچاؤ کے حوالے سے سب کے لئے پیغام تھا۔

بچوں پر جنسی تشدد کے حوالے سے ’ساحل ظالم اعداد‘ اخبارات میں شائع ہونے والے واقعات پر مشتمل واحد رپورٹ تھی۔ اس رپورٹ کے اعداد و شمار کو پرنٹ اور الیکٹرانک میڈیا میں بڑے پیمانے پر استعمال کیا گیا۔ جس سے اس مسئلے کے بارے میں معلومات کے ساتھ جنسی زیادتی کے حوالے سے اقدامات اٹھانے میں بھی مدد ملی۔ ساحل کے آگے پروگرامز اساتذہ، والدین اور بچوں کے ارد گرد موجود بالغوں کے لئے زیادتی کے مسئلے پر بات کرنے کے لئے پہلا قدم رہا ہے۔ خاص طور پر زیادتی کے اثرات کو سمجھنا اور نشانیوں کو تسلیم کرنا کہ واقعی ان کا بچہ تکلیف میں ہے۔

دوسرے مرحلے میں ساحل بچے کو اس حوالے سے آگاہ کرتا ہے کہ وہ خود کو کسی بھی خطرے کی صورت سے باہر کیسے نکالے۔ اس طرح بچے اپنے ارد گرد کے ماحول اور لوگوں کے ساتھ غیر ضروری میل جول کے حوالے سے زیادہ محتاط ہوتے ہیں یوں وہ اپنے آپ کا بہتر تحفظ بھی کر سکتے ہیں۔ تیسرے مرحلے میں اگر بچے سے جنسی تشدد کے حوالے سے خبر رپورٹ ہو جائے تو قانونی مدد موجود ہے۔ ساحل اسی حوالے سے جنسی تشدد کے شکار بچے، کم عمری کی شادی اور تشدد کا شکار ہونے والی خواتین کے لئے بھی مفت قانونی مدد فراہم کرتا آ رہا ہے۔

ساحل کا ویژن ہر بچہ محفوظ، با محکم اور با حفاظت اس وقت تکمیل کو پہنچے گا جب بچوں کی حفاظت کے لئے تمام اقدامات کو حکومت اپنی تحویل میں لے کر ادارہ جاتی حیثیت دے اور بچوں کے تحفظ کے ایک مکمل نظام وضع کرے۔

ساحل جو بھی کام کر رہا ہے اس کے لئے رائل نارویجین ایمبسی (Royal Norwegian Embassy) کی بھرپور معاونت حاصل ہے۔ ہم سال 2017 میں معاونت کرنے پر Canadian Fund For Local Initiative (CFLI) کے بے حد ممنون ہیں۔

منیزے بانو
ایگزیکٹو ڈائریکٹر
ساحل



**RESPONSIVE EDUCATION
AND
AWARENESS
ON
CHILD PROTECTION
(REAP II)**

**Funded By:
THE ROYAL NORWEGIAN EMBASSY**

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

REAP II project was funded by the Royal Norwegian Embassy from 2015 – 2017. It was implemented in 8 districts – Abbottabad, Mansehra, Lahore, Sheikhpura, Sukkur, Khairpur, Jaffarabad and Sohbatpur.

The project successfully achieved its goal and objectives of creating a protective environment for children through sensitizing communities, sharing protection messages with children, providing child protection orientation to police, lawyers, district administration and other organizations; awareness raising and advocating child rights through research, publications, awareness campaigns and networking with stakeholders and strengthened free services of legal aid and counseling with the support of referral lawyers and psychologists.

SAHIL TRAINING PROGRAM

✧ Primary School Teacher's training:

Primary school teachers are important stakeholders in child protection. To sensitize teachers on child protection, Meri Hifazat Trainings were arranged in primary schools of Union Council Banda Peer Khan, Abbottabad. A total of **80 (43 male, 37 female)** teachers from **68** government primary school schools attended these sessions.



Meri Hifazat Training, Abbottabad

✧ Puppet shows on child protection



Puppet Show, Haripur

Children need to be educated on self protection strategies and dealing with dangerous situations. Sahil has puppet show which communicates protection messages in a very simple and interesting manner that children can learn and practice easily.

A total of **4,631** children (girls **2025** and boys **2606**) participated in **54** events of puppet shows from 8 Union Councils – Theri I, Ikhlas Ali, Banda Peer Khan, Kot Najibullah, Dograin Kalan, Ghang, Manjhoti, and Drigi of project districts.

✧ Impact:

A teacher, Rahim shared this story.

“Rafaqat a student of class 5 one day came to me and shared that a shopkeeper nearby his school offered him free sweets and he would touch him inappropriately. When Rafaqat shared this, I went directly to the person and warned him to stop this bad behavior”, he said.

(Government Primary School village Chandee , Jaffarabad)

A teacher Ubaid-Ullah shared this story. He said that Mohsin a student of class 5, came to him one day and registered a complaint against a boy of class 8 who was offering him money and asking him to go with him. Mohsin understood the situation, due to the protection message in Meri Hifazat, and did not go with him. The sensitization of students on self protection helped Mohsin to protect himself”, he said.

(Government primary school, village Jallo, Lahore)

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

Dost Ali Khoso, shared this story:

“One of my students told me that while going home from school a motorcyclist offered him a ride on his motorbike. On his refusing the motorcyclist tried to forcibly take him away.. He shouted and ran to nearby fields where other people were at work. Doing this he saved himself”, he said.

(Government Primary School, village Trikhano, Sukkur)

Mr. Haji Abdul Samad, head teacher at government high school Drighi expressed his views about Sahil training. “After attending Sahil training, I realized that physical punishment ruins a child's personality. The effect of various types of abuses, like being stubborn, running away from home, and the child can abuse other children were new information for me, he added.

Prior to the training, we might not consider neglect as a form of abuse. Similarly, we were not openly talking about child sexual abuse as this is a kind of taboo subject in our area.

This exposure (Sahil training) provided an opportunity to get familiar with the aftermaths of these abuses on children. I think that talking on this issue was far better than remaining silent. Therefore, as a head teacher, I first committed to not give physical punishment, or neglecting children. I also extended this idea in various meetings and all of us teachers discussed these issues.

We decided to provide training to children on self protection. For this campaign we utilized Sahil Meri Hifazat book. Approximately 500 to 700 have been trained.” He suggested that Sahil training should be conducted frequently.

(Village, Abdul Samad, Union Council Naseerabad District Jaffarabad).

✧ On request trainings:

The impact of Sahil training program can be assessed by the requests received from a range of stakeholders.

Organizations:

Kashf Foundation – A Training of Trainers (TOT) was conducted for master trainers on child protection.

Bunyard - Child protection training was provided to 118 female and 2 male teachers in Lahore and Hafizabad.

Democratic Commission on Human Development (DCHD) - A session was delivered on “Trafficking, commercial sexual exploitation and pornography” and a total of 25 participants attended the session.

Prime Minister Education Reform Program, Islamabad - A one day training session on child protection was conducted for 20 master trainers.

Rural Development Organization, Sukkur - A session on **UNCRC** was conducted for 13 staff members.

Simorgh Lahore - A total of 12 participants attended sessions on “early marriages and general and sexual health of adolescents”.

Darul Aman, Sukkur - Para counseling Skills training attended by 9 women.

Sweet Home, Sukkur - Child Protection Training delivered for 8 Mothers and 3 Staff members.



Kashf Foundation Training



MH-CADD, Islamabad

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

✧ Teachers and students:

Pakistan Girl's Guide Association, Rawalpindi - A total of **14** female member teachers attended training on adolescent health. They invited teachers from all branches of Rawalpindi district.

Government Girls High School, Jhangi - A training session on child protection was held with **13** female teachers and Sahil animated protection messages were shown and discussed with **150** students.

Islamabad Model School - A puppet show was conducted with **450** students, (**200** girls and **250** boys), arranged by students from NUST University.

University of Sargodha - A session was conducted on child protection in which **400** students, parents and teachers participated.

Sweet Home, Sukkur - A puppet show on child protection was conducted for **100** children.

✧ Case Study:

In January **2017** **Bunyah** (Lahore based NGO) requested to train **34** teachers on child protection in their schools in Lahore and Hafizabad.

After getting feedback from teachers on the training and Bunyah organization's observations that they see behavior change in teachers now showing concern for their students and an increase in retention of students

and enrollment. Bunyah requested for a further training in December 2017. A total of **50** teachers were trained.

✧ Para counseling Skills Training:

Counseling is a process in which a professional helps the client to deal with negative thoughts, explore more helping and rational ways to deal with a negative situation and also learn the ways to minimize the negative effects of a traumatic situation. There is a great need to transfer the counseling skills to the social workers and parents/teachers so they can help children and adults to deal with any trauma at the initial level, in their community.

A total of **107** participants (**64** women and **43** men) including lady health workers, officers from Social Welfare department, teachers, members of Sahil Child Protection Networks and other organizations participated in 4 events of Para Counseling Skills training.

As per Sahil internal evaluation, out of the total (**22**) respondents **48%** said that they had provided counseling to other community members after Sahil training.



Para Counseling Training Jaffarabad

COMMUNITY BASED CHILD PROTECTION

☞ Sahil Community based child protection trainings

✧ Sensitization of Religious Imams on Child Protection:



Ulema Training Rahim Yar Khan

Understanding (LOU) was signed with Mr. Rehan of Beydaar.

Training sessions were held in 4 tehsils of Rahim Yar Khan (Rahim Yar Khan, Liaquatpur, Khanpur and Sadiqabad). A total of 203 Ulemas participated in these sessions.

Training sessions were also held for female teachers in these 4 tehsils. A total of 106 teachers attended these sessions.

The children were sensitized through showing of Puppet shows, followed by discussion on child protection issues and prevention strategies. A total of 2,285 children participated in these sessions.

Sahil was offered a wonderful opportunity to sensitize religious imams (Ulema) on child protection in 4 tehsils of district Rahim Yar Khan through Mr. Rehan of Beydaar organization. As this was a new area for intervention, Sahil organized a meeting in Rahim Yar Khan with members of Beydaar and other local stakeholders to briefly share Sahil program approach and strategies.

In this orientation session a total of 29 participants including teachers, business men, religious leaders, doctors, school heads, students and local government representatives participated. A Letter of



Puppet Show with children

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

✧ Citizen Community Boards (CCBs):

After successful interventions with CCBs in Rawalpindi district, District Officer, Social Welfare Department, suggested that child protection trainings will be arranged for Citizen Community Boards (CCBs) in Mianwali. Sahil arranged a Training of Trainers (TOT) for 2 days in which a total of 26 members from 13 CCBs participated.

The training was very much appreciated by the participants. They committed to replicate Sahil child protection messages through Radio and Newspaper articles. At the end of first day of the training, Mr. Nazeer Yaad, a host of “Waseb Rung Program” on Radio Pakistan, broadcasted Sahil child protection messages in his live transmission.

Mianwali is a remote area and people strongly follow their culture. Females wear burka and are not allowed to participate in mixed gatherings. However, Ms. Samina, a member of CCB, participated in the training, and also replicated the training with 104 boys in schools and 43 community members.

Mr. Asif, a training participant replicated Meri Hifazat Book in his school with 25 children, he also shared Sahil posters with his school staff.



Citizen Community Board Training, Mianwali

SAHIL SERVICES

✧ Free legal aid:

Sahil free legal aid services are available for victims of child sexual abuse, early marriages and women survivors of domestic violence.

Sahil Head Office and 4 Regional Offices sent **1,351** offer letters to child sexual abuse victim's families.

A total of **196** cases of child sexual abuse, including **90** girls and **106** boys, and **13** cases of violence against women were taken up by Sahil for providing free legal aid services.

In **7** CSA cases abusers were convicted, in **4** cases abusers were acquitted, and **17** cases went in for compromise.

A total of **168** CSA cases are in process.

So far **2** cases have been decided in favor of the complainant and in one case accused was discharged. The other **10** cases are pending for trial.

Referral Service for legal aid:

This year Sahil hired the services of **32** referral lawyers in **42** cases from **26** cities of Pakistan.

Sahil has **150** referral lawyers to support victims all over the country.

✧ Free Counseling:

Counseling is essential for all psychological issues especially for the victims of violence to overcome the trauma of abuse and to start a healthy life again.

Counseling was provided to **157** clients including **88** female and **69** male. One client was referred to Madadgar Helpline for support.

Counseling sessions at Darul Aman:

The management of Darul Aman Sukkur renewed MOU with Sahil to provide counseling on weekly basis, to women at the centre.

They shared that counseling sessions have good effect on the victims and they observed positive behaviour change in them.

In weekly group counseling sessions at Darul Aman Sukkur, **362** women were counseled to cope with their issues and trauma.

Darul Aman management also requested to arrange Para Counseling Skills training for their staff and women at Darul Aman centre.

In 4 sessions, one per week, **9** women attended the training at the centre.

Feedback from the participants:

The participants appreciated Sahil for providing counseling services in Darul Aman as well as the Para-counseling training. They said now they feel that they can handle their problems more easily and can help other inmates to solve their issues better.

The Deputy Director Ms. Nasim Laique said that she observed positive change in the women not only those who participated in the training, but also in the others. Now they try to avoid arguments and discuss issues patiently. They try to solve their problem as much as they can.



Para counseling Sukkur

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

According to her she got very positive feedback from other people who heard about para counseling training in Darul Aman as they never heard about any training arranged before, especially for the women of Darul Aman.

✧ Success Stories Sukkur:

Sahil is providing counseling services to Dar Ul Aman Sukkur which is the only known counseling service provided to any Dar ul Aman in Sindh. From 2016 to mid of 2017 there were two sessions per month but after observing positive change in behavior of inmates, Deputy Director Social Welfare who is also In charge of Dar-ul-Aman requested to increase counseling sessions from two per month to 2 per week. Now due to limitation of our own office work we are providing 4 sessions per month. More than 300 females took Sahil services in Dar-ul-Aman in group and individual sessions in the year of 2017.

Some collective improvements which are visible after Sahil counseling services were that many young girls started getting education and on their request Dar-ul-aman management started tuition classes which were not being provided earlier. Hygiene level of many girls and kids improved, the childrens have connected with me and listen and follow my instructions.

Many women now prefer to discuss their issues rather than fight with the management. They also learnt how to present their request to the management, and they resist in a more logical way where it is needed. There are also some individual inmates who improved a lot which makes me happy as well as proud. One of the client who was dealing with Hepatitis C and couldn't help other inmates with their work was facing a lot of criticism. After getting counseling, she started alternate help to fellow inmates which settled down their issues. She started doing embroidery to make herself sufficient as much as she can within a shelter like Dar-ul-Aman. She also offered herself as volunteer to provide para counseling services and took complete training by Sahil with full interest.

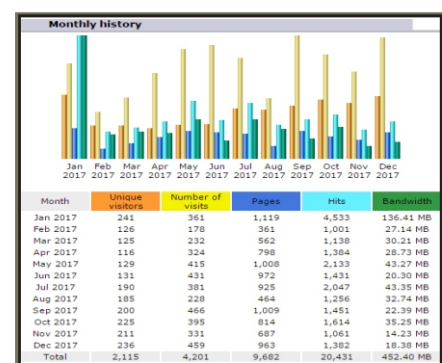
Most of the females feel scared and stressed at a new place. they also have many misconceptions about Dar ul Aman . There fore discussed the issue with darulaman incharge about the issues and felt the need of some volunteers within dar ul aman who can provide to the organization support at any time. Almost 6 females volunteered herself for para-counseling training and services. They didnt not only improve themselves but also tried to help new inmates to adjust and be comfortable at darulaman.

Sahil Program Officer Counseling Sukkur

🌀 Sahil Relax:

Relax! Is an online counseling website that helps teen to identify their psychological needs and provides strategies to address their issues.

Sahil Relax website has a total of **2,115** unique visitors, and **9,582** pages have been reviewed.



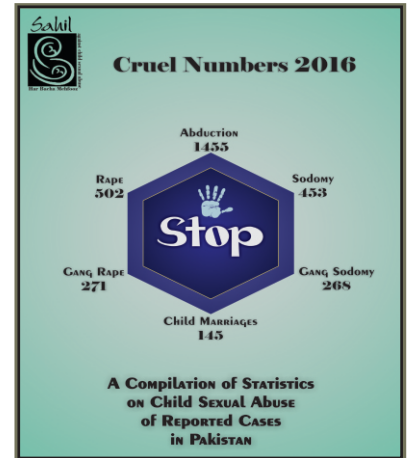
Sahil Relax Statistics

RESEARCH AND ADVOCACY

📌 Sahil Cruel Numbers report 2016:

Sahil is well recognized for its research publication of Cruel Numbers data on child sexual abuse (CSA) reported cases, which are monitored daily and analyzed by Sahil.

To record child sexual abuse, abduction and early marriage cases, Sahil monitors up to **91** newspapers daily including, **57** national, **27** regional and **7** local newspapers. These include English, Urdu, and Sindhi newspapers. Sahil Cruel Number **2016** report was compiled, published and launched at Sahil Child Friendly Newspaper Award ceremony in March, **2017**. A total of **2126** copies of Cruel Numbers were distributed among stakeholders.



Cruel Numbers 2016

✂ Impact:

2016 PCr.LJ 454 Peshawar, Before Qalandar Ali Khan, J Waseem Bashir Petitioner Versus The state and others..... Respondents.

Cr.M.No.404-A of 2015, decided on 3rd September, 2015. Criminal procedure code (V of 1898).....
----S, 497---- (XLV of 1860), Ss. 377 & 511---- sodomy.

The eye-witnesses account of the mother of the victim, corroborated by the two persons mentioned in the FIR, together with medical report showing redness around anal canal; and mucosal tear, was overwhelming evidence to prima facie connect accused with the commission of offence---- negative report of Forensic Science Laboratory would have no significance, where there was no allegation of penetration and ejaculation---- no reason existed to extend the concession of bail to accused, petition was dismissed. {pp. 456, 457}

Masood ur Rehman Tanoli for Petitioner. Muhammad Naeem Abbasi, A.A.G for the state.

Sahil Legal Officer, Waheed Jan Muhammad for the complainant.

✂ Child Friendly Newspaper Award 2016:

Media plays a very important role for the understanding and realization of issues related to our daily life. Child Friendly Newspaper Award is an effort by Sahil to motivate print media to give enough space to cases of violations of child rights in newspapers.

Sahil Child-Friendly Newspaper Award and launching ceremony of Sahil Cruel numbers 2016 was held in March 2017 Islamabad.

A total **132** people including civil society organizations, government departments, INGOs, **32** media persons attended the event.

The ceremony was honoured by Mr. Ejaz Qureshi, National Commissioner for Children as Chief Guest.

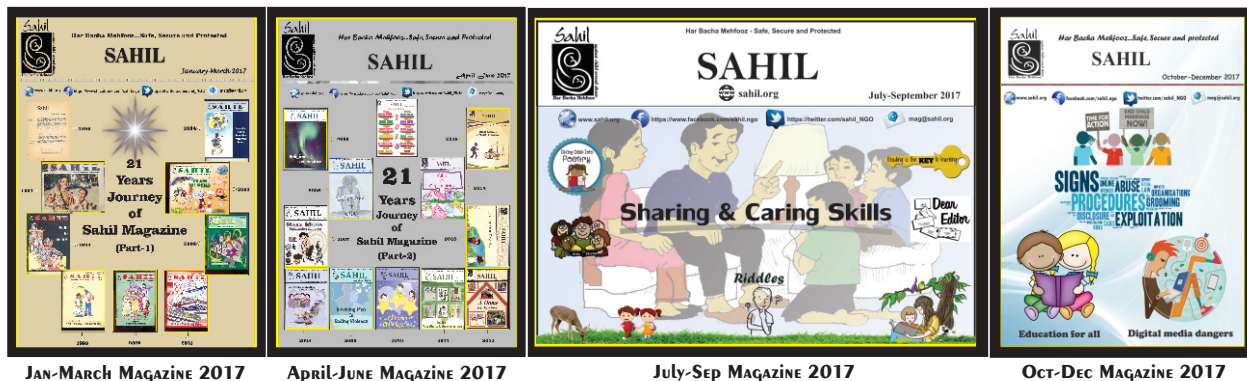
Mr. Tom Martinussen First Secretary Development, The Royal Norwegian Embassy and Mr. Andrew Turner, Political and Commercial Counsellor, High Commission of Canada, were the Guests of Honour.

Responsive Education AND AWARENESS ON CHILD PROTECTION (REAP II)

✧ Sahil Quarterly Magazines:

Sahil published **4** quarterly magazines, one specifically for children. A total of **8,850** copies were printed and **8018** copies were distributed among Sahil subscribers and training participants including teachers. Sahil quarterly magazines are much appreciated in the communities and requests for magazine subscriptions are continuously received.

Comment by a reader “Thank you for sending me Sahil magazine as it enables me to remain informed about the valuable work of Sahil. I confirm that I would like to continue receiving the magazine at my Karachi address. Javed Jabbar – Former Information Minister”



Malik Aftab-Ex President of Rotary Club sent a request for Sahil magazine, “I have just gone through your magazine “SAHIL” in Sukkur General Library and its worthwhile. I want to subscribe this magazine if possible” Shahzado Malik, Executive Director, ARTS Foundation, wrote that “Indeed SAHIL is the only magazine which covers children issues throughout country and provides lots of other children relevant information as well. Thank you so much for continuing your great work and sharing with ARTS Foundation as well”

📖 Sahil Resource Centre:

Sahil library has **2,771** books and **418** CDs and videos.

✧ Sahil Volunteer program:

Sahil volunteer program is a very low cost awareness raising effort at the community level. A total of **26** volunteers registered with Sahil reaching a total of **1,185** of registered volunteers.

Best Volunteer Award 2016 was presented to Mr. Ilyas Bhagat from Sindh at the Child Friendly Newspaper Award ceremony. He joined Sahil as a volunteer in May 2007.

He conducted awareness raising sessions on child protection with 719 students and 21 teachers in 3 government and 1 private primary schools in 3 villages of Per Hayat Shah, Goth Ghulam Muhammad, Goth Abdul Rehman, and Taloqa Sobhar Dhairo, Khairpur Mirs, Sindh.



Best Volunteer Award 2016

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

✧ Sahil Internship program:

A total of **12** interns worked with Sahil for period of up to two months.

✧ Students for research ✧

Students (76) were facilitated for their research work from universities/colleges/schools of:

Islamic International,	Bahria University, Islamabad	Sharif Medical and Dental
NUST, Islamabad	FAST University, Islamabad	Beacon House school, Lahore
Fatima Jinnah, Rawalpindi	Arid Agriculture University	Kashf Foundation
University of Sargodha	Agha Khan University	VSO, Pakistan

Students from universities abroad have written for information:

University of Liverpool	University of Austin Texas	National Health Services, UK	Dublin City University Ireland	University of Missouri, Columbia
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Regional Office, Lahore facilitated 23 female and 3 male students for research work, from:

Punjab University	Allama Iqbal Medical College	Lahore College University fo Women	Kinnaird College
Lahore University of Management Sciences	University of Management and Technology, Lahore	Information and Technology University, Lahore	

✧ Case Study:

Azeem Yar Tiwana was a student of Beacon House, Lahore. He contacted for his project/puppet show on child sexual abuse. He was provided with information on CSA through Sahil Cruel Numbers, Sahil animations, Innocent Lives and Sahil Annual Reports. He conducted a telephonic interview of Sahil Executive Director. At the end of his project, he produced a puppet show “Aghaz” on CSA and was very thank full to Sahil.

Hira Batool, M. Phil Student, department of Economics in Arid Agriculture University Rawalpindi. She contacted regarding her thesis work on “Long Run Economic Impact of Child Abuse in Pakistan”. She conducted an interview of Sahil Educative Director and also provided information on child abuse in Pakistan through Sahil publications such as Cruel Numbers, Innocent Lives and Sahil annual reports. She shared a copy of her thesis with Sahil. In her thesis she put Sahil references.

RESPONSIVE EDUCATION AND AWARENESS ON CHILD PROTECTION (REAP II)

✧ Case Study:

Aleena Haider is the co-founder of the Pakistan's Hidden Shame Campaign. The aim of the campaign is to bring to light the horrific epidemic of sexual abuse of street children in Pakistan. She is based in Chicago, US and would like to collaborate with Sahil.

They have a website using as a forum for information dissemination and discussion on child abuse dynamics.

Ayesha Umer lives in Melbourne, Australian for past 12 years. She visited Sahil website and expressed her interest to do some work together. Her expertise are program planning, program development, impact evaluation and training facilitation skills (including module development, facilitation guide and Training of Trainer) in the community sector and have completed Masters of Human Services Management from Monash University. She is provided feedback on Sahil interventions.

◀ Child Friendly Newspaper Award 2017 ▶



**Daily Nawa-i-Waqt
National Category Award**



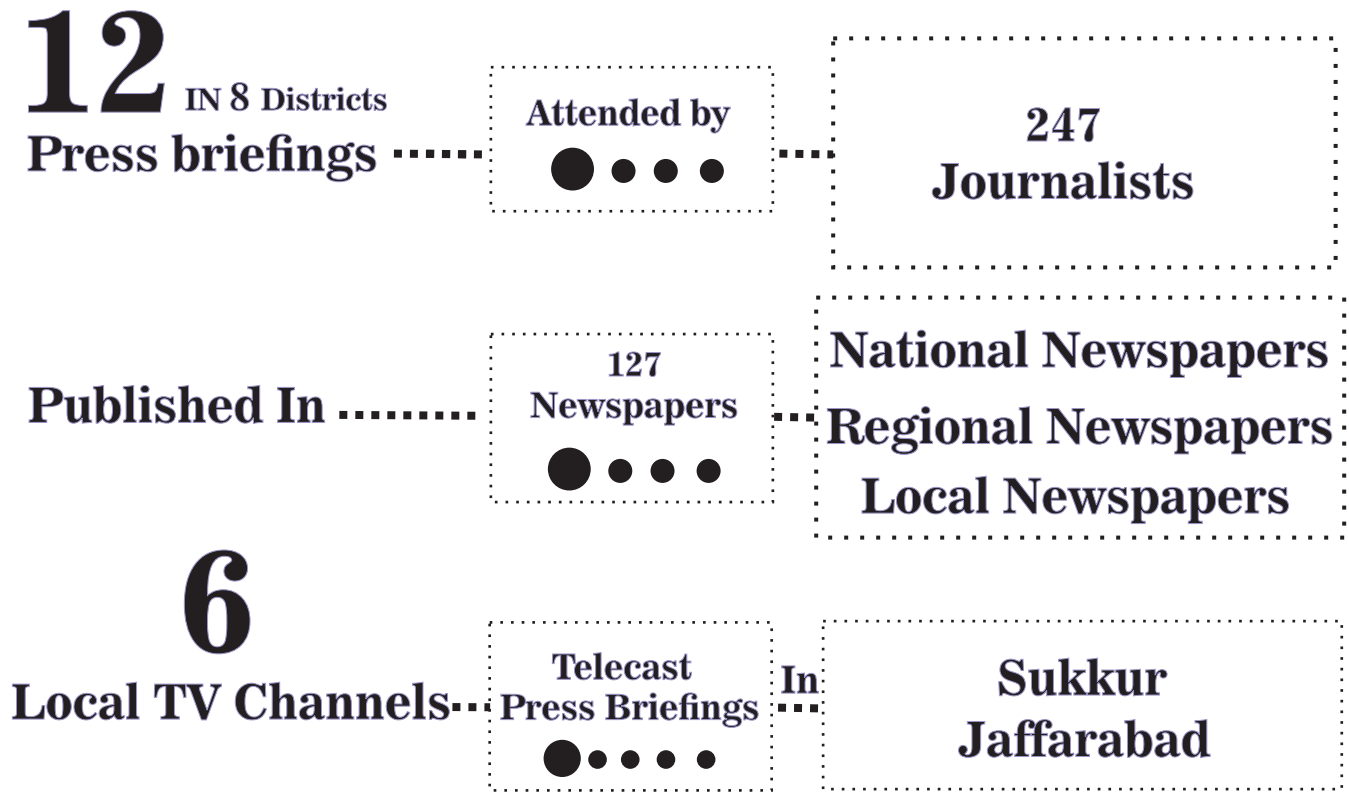
**Daily City 42
Local Category Award**



**Daily Kawish
Regional Category Award**

Sahil in The Media

✧ Press Briefings on Cruel Numbers data ✧



✧ Child Friendly Newspaper Award Winners ✧



National Newspaper
Daily Nawa -i- Waqt



Regional Newspaper
Daily Kawish, Sindh



Local Newspaper
Daily City 42, Lahore

✧ **Sahil in Print media** ✧

55

National Newspapers

Have
● ● ● ●
Published

News
Articles
Pictures
Cruel Number Statistics
Of
Sahil Organization

✧ **Sahil in electronic media** ✧

Sahil
Representatives

Invited by
● ● ● ●

TV Channels
BBC, NEO News
DAWN News, Roze News
Dunya News, Capital TV
GEO News, Pak News

✧ **Radio program** ✧

Sahil
Representatives

Interviews on
● ● ● ●

Participated
● ● ● ●

VOA, Power Radio 99
Mashal Radio

FM 89

✧ Sahil Twitter ✧

Sahil
Twitter Page


Has

Tweets & Followers

1,045 Tweets
855 Followers

✧ Sahil Facebook ✧

Sahil
Facebook Page

Has

Likes & Followers

3,032
Likes & Followers

✧ Sahil website ✧

www.sahil.org
Sahil Website

Visitors

Clicks

25,816
55,870

✧ Sahil Toll free helpline ✧

09 Calls
Sahil Received

For


Information
and
Service request

Responsive Education and Awareness on Child Protection (REAP II)

ساحل نے سال 2015-2017 میں ناروے ایمبسی کے تعاون سے (REAP-2) پراجیکٹ مکمل کیا۔ اس پراجیکٹ کے دوران ایبٹ آباد، ہری پور، لاہور، شیخوپورہ، سکھر، خیرپور، جعفر آباد اور صحبت پور کی 8 یونین کونسلز میں بچوں کے تحفظ کے حوالے سے مختلف تربیتی سیشنز اور سٹاپ شووز کا انعقاد کیا گیا۔

ضلع رحیم یار خان میں ساحل نے، بیدار آرگنائزیشن کے تعاون سے بچوں کے تحفظ کے لیے تربیتی ورکشاپ کا اہتمام کیا جس میں 203 علماء 106 سکول ٹیچرز شریک ہوئے اور بچوں کے ساتھ تحفظ کے حوالے منعقدہ سیشن میں 2,285 بچے شریک ہوئے۔

اسی طرح میانوالی میں سوشل ویلفیئر ڈیپارٹمنٹ کے تعاون سے کمیونٹی آرگنائزیشنز کے لیے دوروزہ تربیتی ورکشاپ کا اہتمام کیا گیا جس میں 13 آرگنائزیشنز سے 26 افراد شریک ہوئے، تربیت میں شامل شرکاء نے ریڈیو، اخبارات، کمیونٹی اور بچوں کے ساتھ سیشن کے ذریعے ساحل کے پیغام کو معاشرے کے دیگر لوگوں تک پہنچایا۔

ضلع ایبٹ آباد کی یونین کونسل بانڈہ پیرخان میں پرائمری سکولز کے اساتذہ کے لیے تربیتی سیشن کا اہتمام کیا گیا جس میں 68 سکولوں میں سے 80 اساتذہ نے شرکت کی۔

اسی طرح نفسیاتی مشاورت (Para Counselling) کے 4 سیشنز میں 107 افراد اور بچوں کے حفاظتی پیغامات پر مشتمل تپلی تماشہ میں 4,631 بچوں نے شرکت کی۔ امسال بھی ساحل کے مفت قانونی امداد کے ڈیپارٹمنٹ کے تحت 1,351 جنسی تشدد سے متاثرہ افراد کو مفت قانونی امداد کے لیے خطوط بھیجے گئے، اور اس وقت ساحل کے پاس 196 جنسی تشدد اور 13 فیملی کیسیز چل رہے ہیں۔ انصاف کے حصول کو آسان بنانے کے لیے ساحل نے 42 کیسیز میں 32 ریفرل دکلاء کی بھی خدمات حاصل کیں، موجودہ ساحل کے ریفرل دکلاء کی تعداد 150 ہے۔

ساحل کے مفت نفسیاتی مشاورت کے پروگرام کے تحت سال 2017 میں 157 افراد کو مفت نفسیاتی مشاورت فراہم کی گئی، سکھر درالامان میں ہفتہ وار مشاورتی سیشن کے دوران 362 عورتوں کے ساتھ سیشن لیے گئے، جن سے نہ صرف ان خواتین کی زندگی میں مثبت تبدیلیاں آئیں بلکہ معمول کی زندگی گزارنے میں انتہائی معاون ثابت ہوئے۔

ساحل کی آن لائن نفسیاتی مشاورت کی ویب سائٹ "ریلیکس" کو 2,115 نئے لوگوں نے وزٹ کیا اور 9,582 لوگوں نے اس پر اپنے مسائل کے حل کے لیے تحقیق کی۔

بچوں کے حوالے سے جنسی تشدد کے اعداد و شمار کو جمع کرنا اور سال کے اختتام پر Cruel Number کے نام سے رپورٹ نشر کرنا ساحل کی پاکستان اور پاکستان سے باہر ایک منفرد پہچان ہے۔ یہ اعداد و شمار روزانہ 91 اخبارات کی جانچ کے بعد اگھے کیے جاتے ہیں، یہی وجہ ہے ملکی اور غیر ملکی معتبر ادارے جہاں کہیں بھی جنسی تشدد کی بات کرتے ہیں۔ وہاں ساحل کے یہ اعداد و شمار اس کا لازمی جزو ہوتے ہیں۔ یہی وجہ ہے کہ پنجاب یونیورسٹی کی طاہرہ جمین نے اپنی ریسرچ میں لکھا کہ بچوں کے جنسی استحصال کے حوالے سے ساحل کے علاوہ کسی اور ادارے کے پاس متعلقہ اعداد و شمار موجود نہیں ہیں۔ ساحل ہر سال چار میگزین شائع کرتا ہے جن میں سے ایک میگزین خاص طور پر بچوں کے لئے ہوتا ہے۔ چائلڈ فرینڈلی ایوارڈ نیوز پیپر کی تقریب 2017 میں منعقد کی گئی۔ اس تقریب میں 132 افراد نے شرکت کی۔ جس میں سول سوسائٹی، سرکاری اہل کار اور آئی این جی اور میڈیا سے تعلق رکھنے والے افراد نے شرکت کی۔ اس تقریب میں اعجاز قریشی صاحب نیشنل کمشنر فار چلڈرن نے بطور مہمان خصوصی شرکت کی۔

سی ایف این ایورڈ ونرز: قومی اخبار..... روزنامہ نوائے وقت علاقائی اخبار..... روزنامہ کاوش لوکل اخبار..... ڈیلی سٹی 24

ساحل لائبریری میں 2771 کتابیں اور 418 ویڈیوز ہیں۔ اس سال ساحل سے 26 والیٹیرز رجسٹرڈ ہوئے ساحل سے رجسٹرڈ والیٹیرز کی تعداد 1185 ہے۔ سال 2016 کا بہترین رضا کار کا ایورڈ سندھ سے مسٹر ایاس بگھت کو دیا گیا۔ انھوں نے ساحل کو بطور والیٹیر مئی 2007 میں رجسٹرڈ ہوئے۔ انہوں نے آگاہی سیشن کے ذریعے 719 طلباء اور 21 اساتذہ، 3 گورنمنٹ اور ایک پرائیوٹ پرائمری سکول کو تربیت فراہم کی۔ ساحل نے اس سال 12 طلباء کو انٹرشپ کے مواقع فراہم کئے۔ 12 یونیورسٹی سے 73 طالب علموں کو ریسرچ فراہم کی۔ 55 قومی اخبارات نے ساحل سے متعلقہ خبریں، آرٹیکل اور تصویریں شائع کیں۔ ساحل کے نمائندگان کو بطور مہمان بی بی سی، نیوٹی وی، جیو ٹی وی، روز ٹی وی، کپیٹل ٹی وی، پاک نیوز، اور ڈان ٹی وی نے شرکت کے لئے بلایا۔ وائس آف امریکہ، پاور 99 اور ریڈیو شمال نے ساحل کے نمائندوں کے انٹرویو چلائے۔ ساحل کے تربیت کاروں نے ریڈیو کے پروگرام چھو لو آسمان میں شرکت کی ساحل کی وائس سائٹ پر 25816 پوریز نے وزٹ کیا اور کل ویوریز کی تعداد 55870 تھی۔



**WOMEN RIGHTS
To
AWARENESS & PROTECTION
(WRAP)**

**Funded By:
CANADIAN FUND FOR LOCAL INITIATIVES**

WOMEN RIGHTS TO AWARENESS & PROTECTION

Women's Right to Awareness and Protection (WRAP) project was implemented in 5 villages of Union Council Balochabad of district Jacobabad, Sindh. The project was funded by Canadian Fund for Local Initiatives (CFLI). The purpose of the project was to raise awareness in communities to address child protection issues, to establish Child Protection Networks, and give access to free legal aid service for children and women victims of violence.

The project was implemented with the support of Community Development Foundation (CDF) and Social Welfare department, Jacobabad. MOUs were signed for collaborative implementation of the project.

Baseline/ End line survey of knowledge, attitude and practices:

Baseline and end line surveys were conducted to assess knowledge, attitude and practices on child rights and protection in 5 villages of Shamboo Brohi, Atta Muhammad Sarki, Raja Abdul Qadir Khoso, Umeed Ali Brohi and Ayub Kehar of Union Council Balochabad, Jacobabad district, Sindh.

The primary tool used for the data collection was a structured questionnaire. A total of 391 respondents (Men:207 and Women:184) answered the questionnaire in one to one interviews.



Baseline Survey

Capacity building of communities on child protection:

The capacity of the community in 5 villages was built through posters on child rights, child protection, child abuse and its effects, gender based violence and parenting skills through posters.

Training was delivered in local languages, Barohi and Sindhi.

A total of 506 community members including 251 female and 255 male participated in these sessions. CDF provided support for the arrangements of these trainings.



Child Protection Communities

A challenge faced:

During community training in village Umeed Ali Brohi in UC Balochabad, Sahil trainers were informed by male community members that they were not to discuss child sexual abuse and early child marriages with the participants. CDF Executive Director was there to facilitate community training. He was also very disappointed by this comment. However, Sahil trainers stated that they would be able to gauge the situation and mould the training contents accordingly. During the training session, the participants themselves shared local incidences of child sexual abuse and early marriages. The feedback at the end of the session was very positive. The Child Protection Network was established, and members showed willingness to attend other training if offered by Sahil.

Child Protection Networks (CPN):

After each community training session, the need and objectives for establishing a Child Protection Network were discussed with the participants. Sahil shared the criteria of membership, such as, the selected members are respected within the community, will be willing to spare time for the meetings, and have a commitment to child protection.

WOMEN RIGHTS TO AWARENESS & PROTECTION



Child Protection Network

The inclusion of a teacher, a parent, a religious teacher, Lady Health Worker, a vocational teacher, an activist, any UC administration member and a child was also recommended as a member of Child Protection Network. In each of the 5 villages separate male and female CPNs were established. These 10 networks, 5 male and 5 female, work in coordination as one CPN per village.

A total of 69 members including 34 female and 35 male were nominated as CPN members. They were provided with a register for recording meeting minutes, and case registration forms to record child rights violation cases. To provide a complete orientation on CPN activities and Sahil services, separate meetings with CPN members of 5 villages were held. A total of 10 meetings were held in 5 villages, one each separately with male and female CPN members. Documentation of meeting proceedings and case registration was also explained to them. CPN members were also facilitated to select their representatives to coordinate with Union Council(UC) administration.

Team Building Training

The selected representatives of CPN for UC were given training on Team Building. The workshop was attended by 8 UC - CPN members representing their villages and three volunteers from CDF.

CPN representatives for the Union Council have the additional responsibility to take child violence cases/needs to Tehsil and District level to avail services.

Participant's response from training evaluation forms

Participants shared usefulness of training on child protection and establishment of CPN:

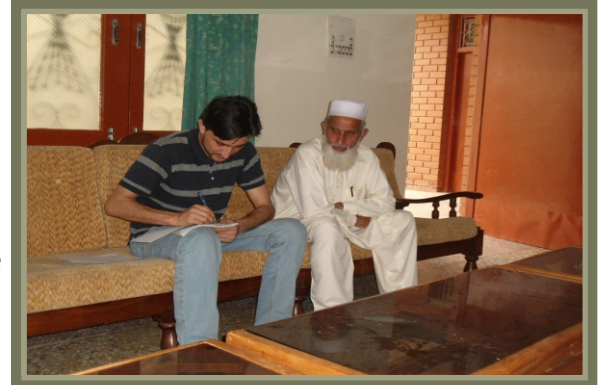
- Sahil training has greatly benefited the community
- All child protection posters can be used for dissemination of information
- We can help to reduce domestic violence
- Safety messages can be given in the homes through Meri Hifazat book
- Children can be well protected with the help of parents and teachers
- Participant felt confident that they can directly take this message to children
- CPN is 100% beneficial

WOMEN RIGHTS TO AWARENESS & PROTECTION

Results of baseline /end line survey:

A significant (88%) positive increase in the responses was recorded for the survey question “how are children abused” in the end line survey as compared to the base line survey. An incredible positive increase in responses for “abusive language, humiliating, and neglect and sexual abuse” recorded in the end line survey.

Another significant (80%) of positive increase in the responses were recorded in the end line survey for the question “what are the effects of abuse on children”. For the question “does sexual abuse occur in Pakistan”, the end line data shows a total of a 91% increase in the responses for “A lot” and 35% increase in the responses for “very little”.

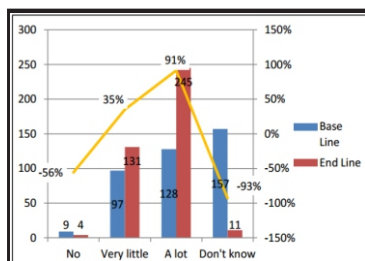


End line survey

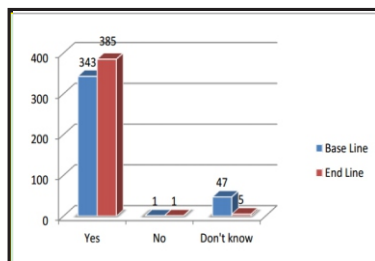
INFORMATION	BASE LINE	END LINE	CATEGORIES	BASE LINE	END LINE
Abusive Language	42	212	Anger	26	189
Humiliating	7	92	Fear	101	205
Neglect	8	62	Confusion	21	62
Hitting	201	316	Lack of attention	3	316
Sexual Abuse	1	91	Use of drugs	0	91
Don't Know	120	3	Don't Know	119	3
Scold	18	6	Get ill	17	6
Other	25	11	Other	104	11
Total Response	422	793	Total	391	793

How a child is abused

Effects of abuse on children



Sexual abuse in Pakistan



Children should learn protection

INFORMATION	BASE LINE	END LINE
Go to the police	56	267
Go to the Sahil helpline	0	87
Go to an NGO	1	24
Go to a government department	23	9
Don't Know	125	27
Contact notable persons	118	15
Other	68	15
Media	0	3
Total	391	447

What can be done if a child is sexually abused

WOMEN RIGHTS TO AWARENESS & PROTECTION

Puppet show with children

Sahil conducted puppet shows through multimedia in schools of 10 villages for children on self protection. A total of 1,611 children, 1,029 boys and 582 girls participated. Out of school children were also invited through community members. The schools were in the 10 villages of Shamboo Barohi, Umeedali Birohi, Atta Muhammad Sarki, Raja Abdul Qadir Khaoso, Ayoub Kehar, Jalal Pur, Abdul Rasool Khoso, New Zangi, Old Zangi and Raza Muhammad Birohi.



Puppet Show

Impact:

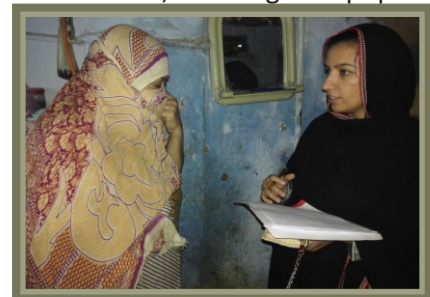
School teachers claimed that after the puppet shows there was a 10 % increase in the attendance of children. This was shared with CDF Executive Director, along with Monitoring Officer Education Department, who visited 3 primary schools, one in each village of Umeed Ali Birohi, Raja Abdul Qadir and Raja Abdul Qadir Khaoso.

It was also observed that children were not only reading Meri Hifazat book, but also recalled all of the protection messages in the puppet show.

Cable Campaign for awareness on child protection

An awareness campaign on child protection through cable network was conducted for one month in Jacobabad district. Sahil animations on child protection were shown in 48 spots on 2 movie channels, covering 70% population, approximately 200,000 people.

As a follow up of the cable campaign, forms were filled by 200 viewers from 25 muhallas including Ghari Sapayo, Babo Muhalla, Station Road, Jat Muhalla, Ghulab Maachi, Shah Ghazi Muhallah, Brohi Muhallah, Purani Mall Puri, Lashari Muhallah, Pir Hajin Shah, Ghari Sabahi, Rifal Naqa, Phool Bagh, ADC Colony, Dastageer Colony, Civil Hospital, Muhajir Colony, Bolan, Jeal Shah Colony, Bismillah Bagh, Sahafi Colony, Channa Muhalla, Sobi Colony, Purani Mall Parhi and Main Bus Stand.



Cable Survey

The follow up report shows that 85% of the viewers remembered and appreciated the child protection messages. Another 62% shared the messages with 700 children.

FIR poster campaign

Sahil FIR poster (in Urdu) highlights the importance of evidence that should be collected and also the procedures at the police station of child abuse cases. Sahil team visited 8 Police Stations of Taluka Thull, District Jacobabad for Sahil program orientation, display of FIR poster and the referral procedure. A total of 30 police officers participated in the discussion.

Sahil team also conducted visits to one Basic Health Unit, a MCH, and a dispensary of UC Balochabad.

An orientation of Sahil program and referral mechanism was given to 13 participants (3 female and 10 male).

WOMEN RIGHTS TO AWARENESS & PROTECTION



FIR Poster

Orientation of police officers on child protection

The police officers from all police stations of Jacobabad district were invited for an orientation workshop. A total of 22 Writer Head Constables (WHCs) participated in the session.



Police Training

Orientation of lawyers on child protection

Lawyers from the Jacobabad Bar Association were given invitation to attend orientation session. A total of 30 lawyers participated including 1 female and 29 male lawyers.

After the orientation session lawyers were requested to form a group of committed persons who could be contacted for legal support if needed. A total of 7 lawyers provided their names and contacts for future correspondence as Sahil referral lawyers.



Lawyers Training

Introduction of a referral system on child protection

Local district administration and stakeholders responsible for child welfare should be linked for an effective and sustainable child protection system.

Sahil conducted a workshop for the establishment of a referral mechanism in Jacobabad with stakeholders and service providers. In the workshop, district government departments, local administration, NGOs and UC- CPN members were invited. A total of 38 participants attended the event (16 from NGOs, 10 CPN members, 5 from government departments, 2 members of district bar association, 5 from media). Sahil prepared a list with contact detail. CPN members have this contact list, and whenever they identify any issue they can approach the relevant service provider.



District Workshop

WOMEN RIGHTS TO AWARENESS & PROTECTION

خواتین کا حقوق آگہی اور بچوں کی حفاظت

حکومت کینڈا کے تعاون سے دیئے گئے پرو جیکٹ WRAP کو صوبہ سندھ کے ضلع جیکب آباد کے 5 گاؤں میں چلایا گیا۔ بچوں کے تحفظ کے حوالے سے آگاہی دینا اور خواتین اور بچوں کو قانونی مدد فراہم کرنے کو یقینی بنانے کے لئے نیٹ ورکس بنانا اس پرو جیکٹ کا اہم مقصد تھا۔ اس پرو جیکٹ کو چلانے میں کمیونٹی ڈولپمنٹ فاؤنڈیشن نے تعاون کیا۔ شمشو بروہی، عطا محمد شرکی، راجہ عبدالقادر کھوسو، امید علی بروہی اور ایوب قہار میں بچوں کے تحفظ کے حوالے سے معلومات حاصل کرنے کے لئے ابتدائی معلوماتی سروے کروایا گیا۔ اس حوالے سے ایک سوالنامہ 391 لوگوں سے فل کروایا گیا۔ اس سروے کے نتائج میں یہ ثابت ہوا کہ عام لوگوں میں بچوں کے تحفظ کے حوالے سے نہ تو کوئی معلومات ہیں اور نہ ہی قانون کے مطابق 18 سال تک کے ہر فرد کو بچہ ماننے کا تصور موجود تھا۔

ترہیت لینے کے بعد نتائج میں انکشاف ہوا کہ لوگوں کی ایک بڑی تعداد تقریباً 91 لوگوں نے جنسی تشدد کو واقعی تشدد کی ایک اہم قسم تسلیم کیا جبکہ Baseline سروے میں صرف ایک فرد نے اسے تشدد مانا تھا۔ اسی طرح Baseline سروے میں صرف 26 لوگوں نے اعتراف کیا تھا کہ واقعی غصے کے اثرات ہوتے ہیں جبکہ Endline سروے رپورٹ میں 189 لوگوں نے اس بات کو تسلیم کیا۔ ضلع جیکب آباد کے 5 گاؤں میں بچوں کے تحفظ کے حوالے سے ان کی مقامی زبان میں ترہیت فراہم کی گئی۔ اس ترہیت میں کل 506 افراد نے شرکت کی۔ لوگ ترہیت حاصل کرنے کے بعد بے حد خوش اور مطمئن نظر آئے اور اس مسئلے کو واقعی ایک اہم مسئلہ تسلیم کیا۔

ترہیت کے اختتام پر گاؤں کی سطح پر بچوں کے تحفظ کو یقینی بنانے کے لئے نیٹ ورکس بنائے گئے ان کے ممبران میں اساتذہ، والدین مذہبی رہنما، LHW، ہنر سکھانے والا استاد، یونین کونسل کا ممبر اور ایک بچہ شامل تھے۔ ان لوگوں کو ساحل کی مکمل آگاہی دی گئی اور ساحل کی ٹیم نے 5 گاؤں میں مرد اور خواتین کے گروپس سے کل 10 مینٹل کیس۔ اس میں انہوں نے اپنے تجربے، بات، کارکردگیاں اور گاؤں کے حالات بتائے۔ ان CPN ممبران کے لئے ٹیم بلڈنگ کی ترہیت کا اہتمام بھی کیا گیا جس میں CPN ممبران اور CDF کے 3 رضا کاروں نے شرکت کی۔

ساحل ٹیم نے ان 10 گاؤں میں 1611 بچوں کو ساحل کا Pupa Show بھی دیکھا یا جن میں 1029 لڑکے اور 582 لڑکیاں شامل تھیں۔ ان پرگرامز کے کچھ حصے کے بعد ایجوکیشن ڈیپارٹمنٹ کے ایگزیکٹو ڈائریکٹرز نے 3 پرائمری سکولوں کا دورہ کیا تو نتائج سامنے آئے کہ سکولوں کی حاضری میں 10% اضافہ ہوا جو کہ ایک بہت بڑی کامیابی تھی۔ اس کے ساتھ ساتھ یہ بھی دیکھا گیا کہ بچوں نے ناصرف میری حفاظت کی کہانیاں سنائی بلکہ بہت سے بچوں نے یہ کہانیاں زبانی یاد کر رکھی تھی۔ لوگوں میں بچوں کے تحفظ کے حوالے سے لوگوں میں شعور بیدار کرنے کے لئے ضلع جیکب آباد میں ایک مہینے کے لئے ایک مہم چلائی گئی جس میں یہاں کے 2 چینل پر ساحل کی Animations چلائی گئی جس کے ذریعے تقریباً 200,000 لوگوں تک یہ پیغام پہنچا۔

اس کے نتائج کا جائزہ لینے کے لئے تقریباً 25 مہلوں سے 200 جائزہ فارمل فل کروائے گئے۔ لہذا جس میں یہ پتہ چلا کہ تقریباً 85% لوگوں کو یہ پیغام زبانی یاد تھا اور تقریباً 62% لوگوں نے 700 بچوں کو یہ پیغام پہنچایا۔ علاوہ ازیں ضلع جیکب آباد میں پولیس کی ٹریننگ کا اہتمام بھی کیا گیا جس میں کل 8 پولیس سٹیشنز کے 30 پولیس آفیسرز شامل ہوئے۔

اس کے علاوہ یونین کونسل بلوچ آباد میں موجود ایک BHU اور ڈپنٹری کاؤنٹر کے 13 افراد کو ساحل کے پروگرام کے بارے میں معلومات دی گئی۔ ہندید 22 پولیس آفیسرز اور 30 وکلاء حضرات جس میں ایک خاتون وکیل بھی شامل تھی ان کو ساحل کے پروگرام کی ابتدائی معلومات اور بچوں کے تحفظ کے حوالے سے معلومات دی گئی ان میں سے 7 وکلاء نے ساحل کے ساتھ بچوں کے تحفظ کے لئے ریفرل وکیل کے طور پر کام کرنے کی پیش کش کی۔

ساحل نے ڈسٹرکٹ ایڈمنسٹریشن کی میٹنگ بھی منعقد کی جس میں مقامی ایڈمنسٹریشن سے تعلق رکھنے والے لوگ، NGO کے لوگ اور CPN کے 5 افراد کو شامل کرتے ہوئے کل 38 لوگ شامل ہوئے۔ ان تمام شرکاء کو ایک لسٹ فراہم کی گئی تاکہ بوقت ضرورت وہ ایک دوسرے سے رابطہ کر سکیں۔

Sahil-TEAM 2017





**Sahil Staff
Capacity Building**

STAFF CAPACITY BUILDING

International Training

- Global Management Accountants Conference by Institute of Cost Management Accountants of Pakistan, Dubai
- Sustainable Development Goals - challenges and opportunities for Asia by Human Resource Development Network, Kula Lumpur, Malaysia

International Conferences

- 1st South Asia Regional Conference on Child Rights by PAHCHAAN
- International Women's Day by Human Rights Commission of Pakistan and International Commission of Jurists(ICJ)

Sahil Head Office

Training workshops

- Community Based Protection (level I) by United Nations High Commissioner for Refugees
- Community Based Protection (level II) by United Nations High Commissioner for Refugees
- Cognitive Behavioral Therapy by NUST.
- Focusing as Therapeutic tool conducted by NUST
- Media workshop by Child Rights Movement, Islamabad
- Advocacy workshop by Child Rights Movement, Islamabad
- Child Rights Education Program workshop by Democratic Commission for Human Development, Islamabad
- Child Rights Education Program by Democratic Commission for Human Development, Lahore
- Child Rights Education Program by Democratic Commission for Human Development, Karachi
- Men Engage by Shirakat
- Helpline networking by Rutgers
- Tax Exemption for NPOs/NGOs by Pakistan Centre for Philanthropy, Islamabad

STAFF CAPACITY BUILDING

Seminars

- Closing the Gender Gap in Pakistan's Electoral Rolls, by National Commission on the Status of Women, Islamabad
- Civil Society Consultation on Violence against Women and Girls by Canadian High Commission, Islamabad
- Remembering and celebrating Nigar Ahmed achievements by Aurat Foundation
- Child Sexual Abuse by Benazir Bhutto Hospital, Rawalpindi
- Mood Disorder by Benazir Bhutto hospital Rawalpindi
- National education development sustainable and global citizenship by Ministry of Education, Islamabad
- Early child hood development in early education by Allama Iqbal Open University
- E- women by Human Development Foundation
- Strategic planning development of health program by VSO
- Challenges to transgender legislation in Pakistan by Blue Veins
- International Day of Girl child by National Commission for Human Rights
- Consultation on rights of transgender by Blue Veins
- National policy on secure and inclusive Pakistan - countering violent extremism by Pakistan Institute for Parliamentary Services
- Policy dialogue on Child Domestic Labor by Open Society Foundation Policy
- Condemned children: Pakistan un lawful execution of juvenile offenders by Justice Project Pakistan
- Strengthening of District Bar Association and setting up facilitation kiosks in courts by SACHET
- Rights protection, legislative support and capacity building of transgender by UNDP
- Early marriages by Child Rights Movement, Islamabad
- Right to education by National Commission on the Status of Women
- State of Pakistan's Children Report by SPARC
- Launching ceremony of project Ujala at Marriot Hotel
- Movie screening program by Right to Play
- Situation of violence against transgender
- Role of civil society enhancing employability by Voluntary Services Organization
- Children Day by Child Rights Movement, Islamabad
- Develop Action Plan For MEA-P on Recommendation Of State Of World's Fathers Report 2015
- Education For Sustainable Development And Global Citizen Ship

STAFF CAPACITY BUILDING

Meetings

- Psychosocial counselors by International Catholic Migration Commission
- Civil Society Consultation on Violence against Women and Girls by Canadian High Commission, Islamabad
- Networking for services by CREAN international and International Catholic Migration Commission
- Discussion on child marriage By CRM, Islamabad
- ICT child protection and juvenile justice system Bill by Human Rights Commission of Pakistan
- Child protection mechanism in Pakistan by National Commission on Human Rights
- Community mapping by UNHCR
- 6 ROVs (Refuge Outreach Volunteers) selection meetings by UNHCR (4 meetings)
- RHA (Refuge Humanitarian Alliance) Network Meeting by ICMC

Sahil Regional Offices

LAHORE, PUNJAB

Training workshops

- Human Right Defenders Problem in Pakistan by Democratic Commission on Human Development
- Legislative and Curriculum Reform to End PHP by IdaraTaleem-o- Agahi
- Positive Disciplining in Teacher Training Curricula by IdaraTaleem-o- Agahi
- Prioritization of Concluding Observation by CRM Lahore
- N.G.O and Government working together a common goal by F.C College University

Seminars

- Child Safety Cell Inauguration ceremony at Sheikhpura
- Consultation on Child rights by Federal Ombudsman

STAFF CAPACITY BUILDING

Meetings

- Sahil program orientation to German Ambassador
- Advocate General Punjab on child abduction cases in Lahore

15 meetings with stakeholders

SUKKUR, SINDH

Training Workshops

- First Aid by Red Crescent, Sukkur
- Security Strategy Making for Human Rights Defenders by Democratic Commission on Human Development, Karachi

Seminars

- Health project by World Vision
- International children day by District Support Group
- Community Management Program by USAID
- Women's day by Rural Development Organization
- World Children's day by District Support Group
- International Day for Education by District Support Group
- International Human Rights Day by DIG Sukkur
- Independence Day by District Support Group

63 meetings with stakeholders

JAFFARABAD, BALOCHISTAN

Seminars

- Hand Washing Awareness by District Education Department
- Project Opening ceremony by Community Development Foundation

STAFF CAPACITY BUILDING

Seminars

- Voter Education and CNIC Registration” by Free and Fair Election Network-FAFEN,
- Inauguration ceremony of the Project by SGAFP-USAID
- Literacy day by Social Welfare & Literacy Department
- Teacher's Day by Balochistan Rural Support Program and Education Department
- Closing Ceremony of SAMAAJ Pakistan
- Consultative Workshop on Sustainable Development Goals-SDGs by Community Development Foundation

34 meetings with stakeholders



**UNHCR
Community Based Protection (CBP)
Training group photo**



**Refugees Humanitarian Alliance
Meeting 2017**



**Sahil Fund Raising
Winter Bazaar
2017**

Sahil Winter Bazaar 2017

Venue

Shalimar Cricket Ground

Arrangements sponsored by

Hashoo Group

Cricket Match

JAZZ and Telenor Teams



✧ Children Corner:

Games sponsored by Lubna

- Crafts made by children
- Self defense
- Shooting
- Costumes



Sahil Winter Bazaar 2017

Games arranged by Sahil

- Potato race
- Ball in the basket
- Throw the ring
- Musical chair
- Mehndi
- Face painting
- Sahil animations



✧ Vendor Stalls:

- Takori
- Flair Travels
- Yellow berry
- Oxford university Press
- Handicrafts
- Foundation for drug abdicates
- Hunza Organics
- Signs shop online
- Cosmetics/ Jewelry
- Bags Cushions
- Tumair Farms
- clay works
- Dry Fruit



Sahil Winter Bazaar 2017

✧ Food Stalls:

- Vegetables, Saag, Maakai Roti,
- Char Grill
- Khush Ziaqa
- Chips
- Tea, coffee, drinks
- Roasters
- Khoraak
- Burning Brownies
- Halwa Cheese Waffles
- Sandwiches, Cookies, juices, cakes,
- Go Organics
- Fresh Juices
- Chaat



✧ Raffle Draw:

Ms. Juggun Kazim (Sahil Ambassador For Child Protection) announced the Raffle Prizes.

- Ticket to Dubai
- Ticket to Karachi
- Satrang Painting
- Tanzara Painting
- Washing machine
- Comforter sets
- Loft - Dinner for two
- Khoraak – take away
- Mani cure/pedi cure
- Sahil protection luddo
- Mist Fans





Financial Audit

SAHIL
FINANCIAL STATEMENTS
FOR THE PERIOD ENDED JUNE 30, 2017

GRANT THORNTON ANJUM RAHMAN

Chartered Accountants

A member firm of



Grant Thornton

An instinct for growth™

FINANCIAL Audit

SAHIL
BALANCE SHEET
AS AT JUNE 30, 2017

	Note	2017 Rupees	2016 Rupees
NON-CURRENT ASSETS			
Property and equipment	4	7,793,470	8,772,550
CURRENT ASSETS			
Grant receivable	5	-	391,990
Short term advances	6	-	47,630
Short term deposits and prepayments	7	413,580	491,364
Short term investments - held to maturity	8	-	13,301,836
Cash and bank balances	9	13,545,913	3,577,502
		13,959,493	17,810,322
TOTAL ASSETS		21,752,963	26,582,872
FUNDS AND LIABILITIES			
FUNDS			
Unrestricted funds		7,509,588	7,527,894
Restricted funds	10	13,972,842	18,446,912
TOTAL FUNDS		21,482,430	25,974,806
CURRENT LIABILITIES			
Accrued and other liabilities	11	270,533	608,066
TOTAL FUNDS AND LIABILITIES		21,752,963	26,582,872
CONTINGENCIES AND COMMITMENTS	12		

The annexed notes 1 to 18 form an integral part of these financial statements.


EXECUTIVE DIRECTOR


DIRECTOR

FINANCIAL Audit

**SAHIL
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED JUNE 30, 2017**

	Note	2017			2016
		Unrestricted fund	Restricted fund	Total	Total
		Rupees			
INCOME	13	2,242,196	36,639,737	38,881,933	54,820,242
EXPENDITURE					
Programme cost	14	1,129,223	36,639,737	37,768,960	70,776,952
Depreciation	4	1,131,279	-	1,131,279	1,339,008
		2,260,502	36,639,737	38,900,239	72,115,960
DEFICIT		(18,306)	-	(18,306)	(17,295,718)

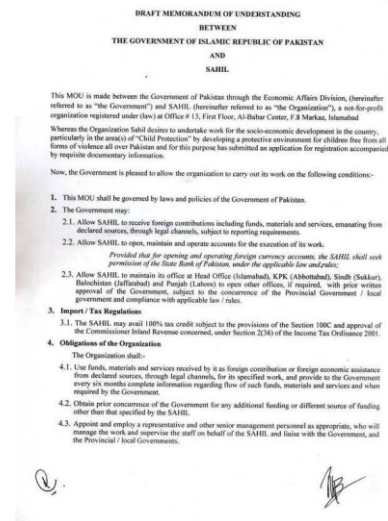
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MANIZEH BANO
 EXECUTIVE DIRECTOR


 DIRECTOR

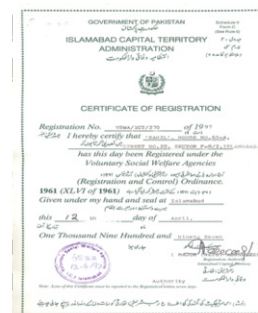
REGISTRATION

MOU signed between Sahil & Government of Pakistan



Social Welfare

Sahil is registered under Voluntary Social Agencies Ordinance 1961 registration No. is (VSWA/ICT/270)



PADOR

Registration No. PK-2009-GSX-0502067295



Certification

NPO Certification Award by Pakistan Center for Philanthropy 2013 - 2016



GOVERNING BOARD

Board of Directors

Chairman

Mr. Khawar Ansari

Directors

Ms. Abida Aziz

Dr. Farah Qadir

Ms. Maliha Hussain

Ms. Naveeda Khawaja

Ms. Vardah Malik

Ms. Nasreen Rashid

Ms. Iftikhar Nizami

Advisory Panels

Program Strategy Panel

Ms. Abida Aziz, Dr. Farah Qadir,
Ms. Naveeda Khawaja, Dr. Manizeh Bano,
Ms. Rizwana Akhtar

Financial Advisory Panel

Ms. Roshaneh Zafar, Ms. Vardah Malik,
Mr. Umer Kiani

Legal Advisory Panel

Mr. Mehmood Azam, Mr. Safeer Hussain,
Sahil legal consultants

Resource strategy for sustainability

Mr. Fayyaz Baqir, Ms. Shehribano

Management Team

Dr. Manizeh Bano

Executive Director

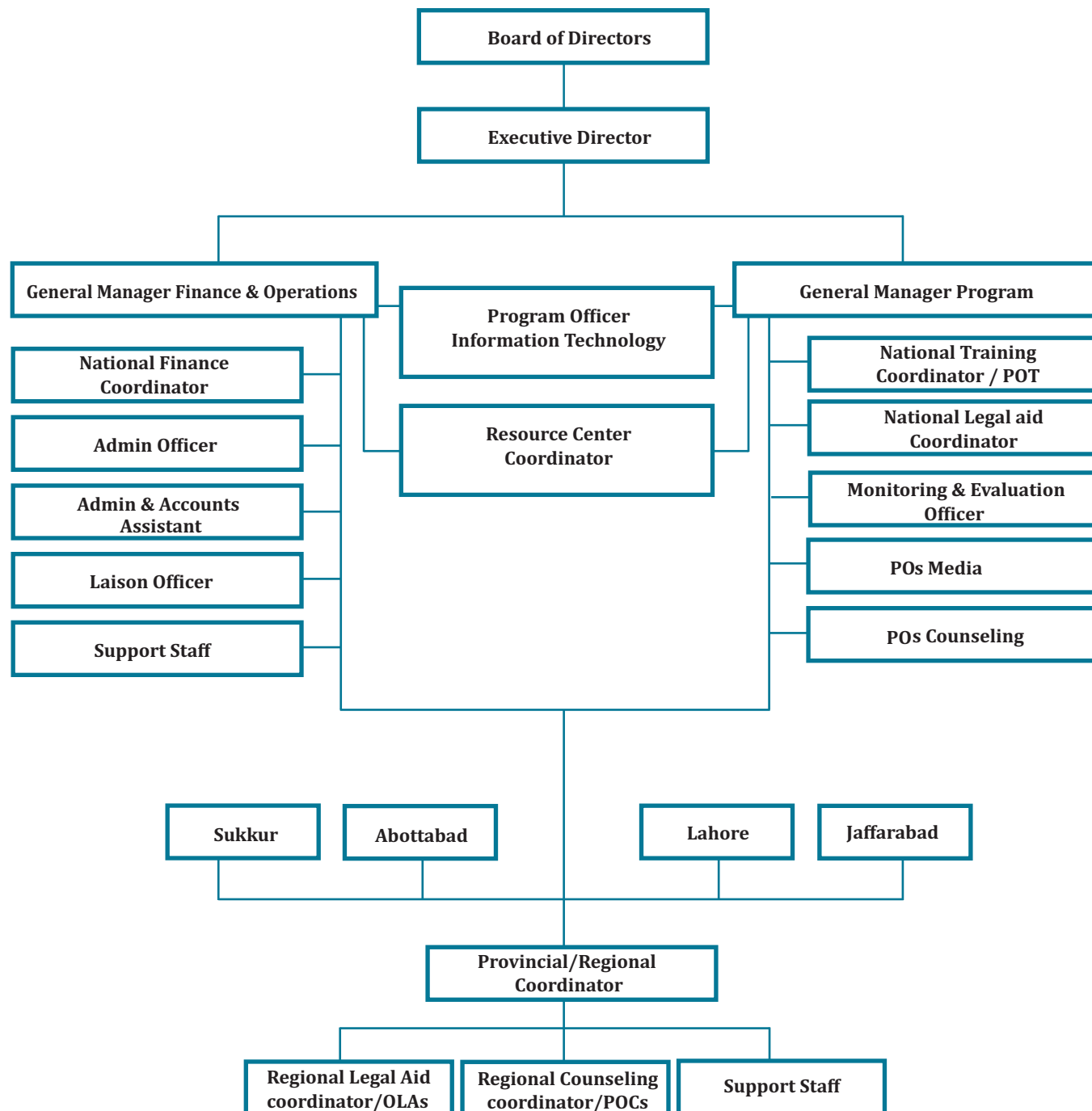
Mr. Umar Kiani

National Manager Operation

Ms. Rizwana Akhtar

National Program Manager

ORGANOGRAM



Legend:
 POC: Program Officer Counseling
 OLA: Officer Legal Aid
 POT: Program Officer Training

Head Office Islamabad

Office No.13, First Floor, Al-Babar center,
F-8 Markaz, Islamabad
Ph: 92-51 2260636, 2856950
Fax: 92-51 2254678, E-mail: info@sahil.org

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Near Government Girls College,
PASCO Mill Dera Allahyar Jaffarabad
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E-mail: uc_jfd@sahil.org

Regional Office Lahore

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Johar Town
Lahore
Ph: 042-35470578
Email: uc_lhr@sahil.org

Regional Office Sukkur

House No. B-62, Street # 2,
Sindhi Muslim Housing Society,
Airport Road, Sukkur
Ph: 071-5633615
Email: uc_suk@sahil.org

Toll Free Help Line: 0800-13518
Website: www.sahil.org

Sahil



against child sexual abuse

Har Bacha Mehfooz

Head office Islamabad
No 13, 1st Floor, Al-Babar Center, F-8 markaz, Islamabad, Pakistan
Ph: 92-51-2260636, 2856950 Fax: 92-51-2254678
Email: info@sahil.org
Toll Free Line: 0800-13518
[http:// www.sahil.org](http://www.sahil.org)